

Bloomington Parks & Recreation

# Summer Fun!

SPORTS - ART - GOLF - SWIMMING  
ICE - ZOO - COOKING & MORE!



 CITY OF *Bloomington* ILLINOIS  
PARKS & RECREATION

(309) 434-2260 • BLOOMINGTONPARKS.ORG

**SAVE THE DATE**

**HOLIDAY  
POOL PASSES  
ON SALE MAY 1**



**SATURDAY  
MAY 13TH**

**11:00 AM - 1:00 PM**

**FREE  
FAMILY DAY**

**AT TIPTON PARK NORTH**

**REGISTER FOR SUMMER PROGRAMS, CLASSES AND EVENTS AT [BLOOMINGTONPARKS.ORG](http://BLOOMINGTONPARKS.ORG)**

**BLOOMINGTON  
RESIDENT REGISTRATION BEGINS AT 5:00 AM  
WEDNESDAY, APRIL 12**

**NON - RESIDENT  
REGISTRATION BEGINS AT 5:00 AM  
WEDNESDAY, APRIL 19**



**JOIN OUR  
TEAM  
FOR SUMMER FUN!**

**BLOOMINGTON'S  
PARKS &  
RECREATION  
IS HIRING!**

For more details and to apply  
**[BLOOMINGTONIL.GOV/JOBS](http://BLOOMINGTONIL.GOV/JOBS)**  
E/O/E

**QUESTIONS?  
CALL OUR  
MAIN OFFICE AT  
(309) 434-2260**



# QUICK PAGE REFERENCE



**FACILITY RENTALS**  
**04**



**COMMUNITY EVENTS**  
**07**



**AQUATICS**  
**14**



**PADDLE BOATS & MINI GOLF**  
**22**



**SPORTS/FITNESS**  
**24**



**SPECIAL INTEREST**  
**33**

- GENERAL INFORMATION ....02
- SUMMER DAY CAMP .....13
- SUMMER CONCERTS ..... 8-9
- ZUMBA® .....27
- TENNIS .....28
- T-BALL .....29
- SPECIAL INTEREST.....33
- ART CLASSES .....37
- OLDER ADULTS .....41
- GOLF .....48
- PARK SERVICES .....66
- REGISTRATION POLICY .....70



**MILLER PARK ZOO**  
**51**



**BLOOMINGTON ICE CENTER**  
**57**

# General Information

**Mission Statement:** Our mission is to enrich the quality of life for our community through parks, recreation and cultural arts.

**Vision:** Our vision is to provide for now and future generations a sense of community, preserved green space, diverse programs, excellent customer service and life changing experiences.

**We Love Parents But:** With your child's best interest in mind, parents are asked not to be in the classroom during programs. Our instructors always welcome the opportunity to discuss a participant's progress with parents at any time. Thank you for your cooperation.

**Behavior Policy:** Participants are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to help make the Recreation Department safe and enjoyable for all participants. Participants shall: 1) show respect to all participants and staff; 2) refrain from using foul language; 3) refrain from causing bodily harm to another participant or staff; and 4) show respect for equipment, supplies and facilities. If participants are not able to exhibit appropriate behavior, or are distracting the teaching, they may be asked to leave the program.

**Toilet Training Policy:** Children enrolled in a Bloomington Parks & Recreation Department program for ages 3 and older must be toilet trained unless it is a parent/toddler class. Recreation Department programs stress the importance of children practicing their independence and we do not aid children in the bathroom. Our instructors are not responsible for diaper changing or toilet training. The Recreation Department reserves the right to deny participation by a child age 3 or older if they are not toilet trained.

**Americans with Disabilities Act:** We comply with the Americans with Disabilities Act (ADA) which prohibits discrimination on the basis of disability. We will make reasonable accommodations for individuals with disabilities who meet essential eligibility requirements for the desired program. Individuals with disabilities are encouraged to contact us at (309) 434-2260 regarding special accommodations needed for enjoyment of programs. Those who use telecommunications for the deaf (TTY) may reach the Recreation Department by calling our TTY number (309) 829-5115.

**Sincere Appreciation:** A great big "thank you" goes to the District 87, Unit 5 and Central Catholic High Schools for the use of school facilities. The extra time and energy from secretaries, custodians, teachers, and principals is greatly appreciated.

## WEATHER SAFETY GUIDELINES FOR OUTDOOR RECREATION PROGRAMS

### Heat:

Outdoor programs and events may be cancelled if temperatures reach 100 degrees and/or a heat index of 104 degrees. SOAR will follow the Special Olympics guidelines of 95 degrees and/or a heat index of 102 or higher.

### Make-Up Policy:

When applicable, efforts will be made to make up any cancelled programs and/or games with no guarantee(s).

### Weather Related Communication:

- 1) Program Cancellations will be determined no earlier than 1 hour prior to the start of a program. If weather worsens less than 1 hour prior, cancellations can still be made with every effort to contact participants.
- 2) Special Event Cancellations will be determined no later than 3 hours prior to start. If weather worsens less than 3 hours prior, cancellations can still be made with every effort to contact participants.
- 3) Contractual programs, outside rentals, school sports, or groups using City recreation facilities are responsible for cancelling their own programs and notifying their participants.
- 4) Cancellations/Delays can be made on-site at the programs or events.

Will be posted in the following ways:

**Social Media - Facebook ([facebook.com/cityblmBPARD](https://www.facebook.com/cityblmBPARD))**

**Weather Hotline - 309-434-2386**

## Staff

Eric Veal.....Director  
Mose Rickey ..... Asst. Director  
Katie Taylor..... Business Manager  
Robert Moews..... Supt. of Parks  
Jason Wingate .....Supt. of Golf Operation  
Matt Kurtz.....Golf Clubhouse Mgr.  
Mike Aslinger.....Golf Clubhouse Mgr.  
Jay Pratte.....Miller Park Zoo Director  
Pearl Yusuf ..... Miller Park Zoo General Curator  
Thom Rakestraw ..... Marketing Manager  
Michael Hernbrott..... Bloomington Ice Center Mgr  
Lindsay Danner ..... Bloomington Ice Center  
..... Assistant Manager/ Skating Director  
Brian Ludy ..... Bloomington Ice Center  
..... Assistant Manager/ Hockey Director  
Holly Polley .....SOAR Program Mgr.  
Maggie Rutenbeck .....SOAR Program Mgr.  
Neal McKenry...Athletics & Older Adult Program Mgr.  
Jill Eichholz ..... Teen/Youth Program Mgr.  
Nicole Culbertson .....  
..... Aquatics/Sports/Older Adults Program Mgr.  
Doug Lancaster ..... Interim Office Manager

## Bloomington City Council

Mboka Mwilambwe - Mayor  
Grant Walch - 1st Ward  
Donna Boelen - 2nd Ward  
Sheila Montney - 3rd Ward  
Julie Emig - 4th Ward  
Nick Becker - 5th Ward  
De Urban - 6th Ward  
Mary "Mollie" Ward - 7th Ward  
Jeff Crabill - 8th Ward  
Tom Crumpler - 9th Ward  
Tim Gleason - City Manager  
Billy Tyus - Deputy City Manager

### Photos...

The Parks & Recreation staff takes photos and video of participants enrolled in our programs, classes, at events, or on park property. These photos or videos may be used in our brochures, advertising, or other publications. If you do not wish to be in a video or have your photo taken, please tell our photographers.



## Important Phone Numbers

**City of Bloomington  
Parks & Recreation Main Office**  
109 E. Olive St. (309) 434-2260  
Fax # (309) 434-2483

**Parks & Recreation HOTLINE**  
(309) 434-2FUN (2386)

**Forrest Park Maintenance Building**  
1813 Springfield Rd. - (309) 434-2280

**Highland Park Golf Course**  
1613 S. Main St. - (309) 434-2200

**Lincoln Leisure Center**  
1206 S. Lee St. - (309) 434-2819

**Miller Park Pavilion**  
1122 S. Morris Ave. - (309) 434-2255

**Miller Park Zoo**  
1020 S. Morris Ave. - (309) 434-2250

**Bloomington Ice Center**  
201 S. Roosevelt Ave. - (309) 434-2737

**Prairie Vista Golf Course**  
502 W. Hamilton Rd. - (309) 434-2217

**The Den at Fox Creek Golf Course**  
3002 Fox Creek Rd. - (309) 434-2300

**TTY (309) 829-5115**  
Monday - Friday, 8:00 AM - 5:00 PM

## Holiday Closings

Parks & Recreation Main Offices and the Miller Park Adult Center will be closed:  
Friday, April 7 • Monday, May 29  
Tuesday, July 4 • Monday, September 4

# FACILITY RENTALS

## Bloomington Parks & Recreation Facility Rentals

You may request a facility rental online at [BloomingtonParks.org](http://BloomingtonParks.org) or call our main office at (309) 434-2260 for more information.



### Miller Park Pavilion

This historic landmark was restored in 1977 and is a premier Bloomington/Normal rental facility for weddings, receptions and more. The Miller Park Pavilion has three floors, rambling porches, chandelier lighting and an unique design. Rental options include: Main Level - hardwood floor with floor-to-ceiling windows overlooking Miller Park Lake, 1/2 of Main Level - partitions divide the main level into two smaller areas, Upper Level - a carpeted meeting room, and the East Porch - an outside area protected from the elements by an overhead balcony. Miller Park Pavilion Rental Rates and Policy & Procedures are available online or by contacting the Administrative Office at (309) 434-2260. Alcohol will not be considered from April 1st to October 31st. For information on availability or if you wish to see the facility, call (309) 434-2260.



### Hike Haven

Hike Haven is the perfect rustic spot for birthday parties, family gatherings and more. Located on Lake Drive in Forrest Park, the former Girl Scout Cabin will welcome you to a nature like setting. Several doors and windows open to allow a nice breeze through the facility and out onto the covered back porch. Hike Haven is fully accessible. For information on availability call (309) 434-2260.

### Lincoln Leisure Center

Once an elementary school, this two-story building consists of a gymnasium and nine classrooms. Recreation programs are offered on a daily basis. Rental opportunities are available to the public after recreation programs have been scheduled. There are 2 classrooms on the 2nd floor and the gym available for rental. Prices are double if the building is closed due to no other programs being held. For information on availability or if you wish to see the facility, call (309) 434-2260.



### Tipton Park Shelters

There are two large shelters in Tipton Park which may be reserved. The shelter off Stone Mountain Blvd. and the shelter off GE Rd. Run/Walks can be at either shelter. Call (309) 434-2260 for more information.



### White Oak Community Room

This facility located in White Oak Park includes a small meeting room that is available for rent. For information on availability call (309) 434-2260.



### Miller Park Adult Center

Facility will be available starting May 1st for rentals but reservation requests can begin April 1st. Located in the lower level of Miller Park Pavilion is the Miller Park Adult Center. This indoor facility is the perfect location for birthday parties, family gathering, showers, meetings, and much more. Facility contains a full kitchen, common area with TV, open floor plan, restrooms, and lake front views. Call 309-434-2260 for more information.

To learn more about renting space at these facilities go online to **BloomingtonParks.org** or call the number listed.



**BCPA, Grossinger Motors Arena  
and Creativity Center**  
**(309) 434-2782**

From civic events to wedding receptions the BCPA continues to be utilized as a popular community venue for fundraising, meetings, and social functions. The Arena and the Creativity Center also have space for your club or organization to meet. For more information please call the Rental Manager at (309) 434-2782.



**The Den Palmer Room**  
**(309) 434-2300**

Enjoy the beautiful banquet room overlooking The Den Golf Course for your meeting or family get together. The renter is responsible for room arrangement and clean-up afterwards. Rental time includes set-up and take down. Banquet/Meeting Room: Seating 168. Open year-round.

**Bloomington Ice Center**  
**(309) 434-2737**

Bloomington Ice Center features a 200' x 85' sheet of ice and a party room for birthdays or small meetings. The ice may be rented for groups or practices at times it's not being used for Bloomington Ice programs. Birthday parties or small meetings may be scheduled in the meeting room. Call (309) 434-2737 for more information.



**Pool Rentals**

Pools are a great place to have a birthday party, group outing, or for any other special occasion. Rental times are a minimum of two hours and the fee includes admission for up to 100 guests while we supply the lifeguards. Starting May 1st, you can request a pool facility rental online or contact us at (309) 434-2260 to check availability for your private rental.



**Miller Park Zoo**  
**(309) 434-2250**

Rent Out the Zoo! Treat your employees or other special group to a one of a kind after hours experience at the Zoo. Various packages are available, and can be customized to meet your needs. Miller Park Zoo offers two Birthday Party options (*suitable for all ages*). Visit us at [www.millerparkzoo.org](http://www.millerparkzoo.org) or contact us at (309) 434-2250 for additional information.

# COMMUNITY EVENTS

## MAY

**Family Day - May 13**  
11:00 AM - 1:00 PM

Tipton Park, North End

2201 Stone Mountain Blvd, Bloomington

This free event will get the whole family out and about for the summer! Join us for an active day at the park filled with games, crafts, activities, inflatable fun, and much more.

Local businesses and organizations will join us in providing information and activities to keep the family active throughout the summer. There will be games and activities for all ages. Come see what the Bloomington Parks & Recreation has to offer you and your family!



**Lunchtime Concerts start May 31**

Wednesday's in June from 11:30 AM - 1:00 PM in  
Wither's Park Downtown Bloomington  
(corner of East and Washington Street)

## JUNE

**Franklin Park Concerts start June 15**

Free concerts at Franklin Park located at  
302 E. Chestnut St., Bloomington

## JULY

Miller Park

**Classic Car Cruise Celebration**

Tuesday, July 4 • 1:00 PM - 5:00 PM

*(see page 11 for information about the day)*

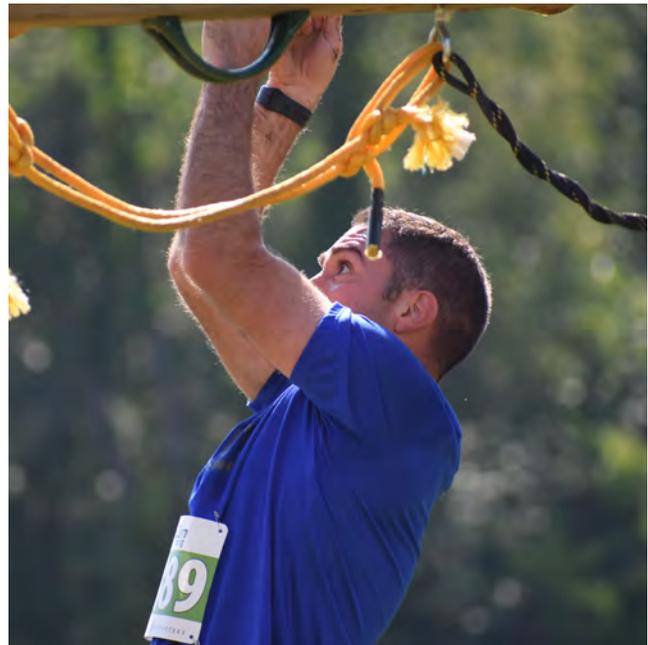
**Miller Park Fourth of July Fireworks**

Tuesday, July 4

9:15 PM *(approximately)*

*(see page 11 for information about the day)*

## AUGUST



**Hill of A Race**

Saturday, August 26

Family friendly obstacle run

Registration opens May 26

# Free Lunchtime Concerts

The Lunchtime Concerts feature quality musical entertainment during the noon hour.  
Wednesday's in June from 11:30 AM - 1:00 PM in Wither's Park Downtown Bloomington  
(corner of East and Washington Street)



May 31

**The Tiki Twins**

*(Acoustic /Electric Songs you know)*

June 7

**TyJon Charlie**

*(Acoustic Rock)*

June 14

**Jim & Tommy**

*(Acoustic Rock)*

June 21

**Illinois Rail**

*(Bluegrass/Acoustic Folk)*

June 28

**Brian Choban Jazz Quintet**

*(Easy Jazz)*

## INSIDE OUT FREE ARTS FESTIVAL

A free and amazing afternoon of art-centered activities for all ages. Art and nature activities, community organization informational booths and activities, henna design, bubble fun, music and more.

Find the schedule for all activities at: <http://www.insideoutcoop.org>.

Sponsored by Bloomington Parks & Recreation.

Sunday, Aug. 20 from 12:00 PM - 3:00 PM  
Miller Park Pavilion • FREE

# Free Franklin Park Concerts

Free concerts at Franklin Park located at 302 E. Chestnut St., Bloomington

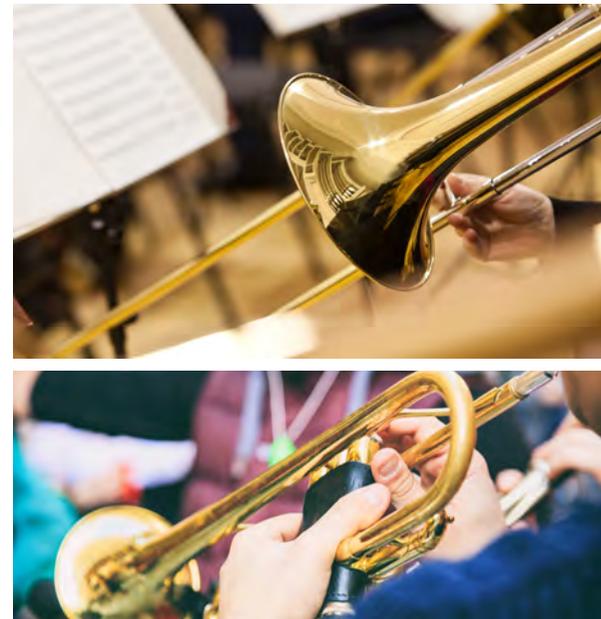
Join conductor Michael Wallace and the Community Concert Band as they perform a wide variety of music including marches, overtures, show tunes, dance music, novelty and traditional selections.

Visit the park early to grab your favorite spot. Bring a lawn chair or blanket for seating.

Thursdays, June 15, 22 & 29

Thursdays, July 13, 20 & 27

7:00 PM - Concerts (free)



## Community Concert Band

Musicians (*high school age and older*) interested in becoming a member of the Community Concert Band are invited to join in rehearsals with Conductor Michael Wallace and band members.

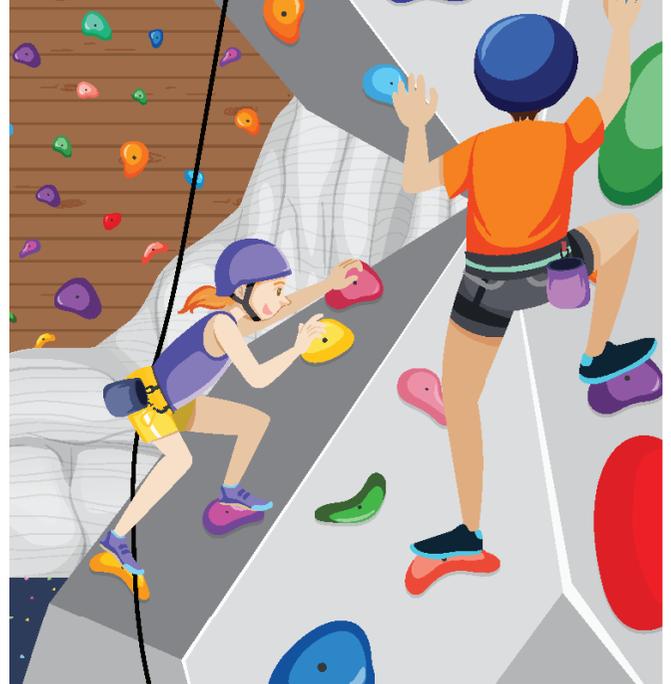
Visit them at their website at:  
[www.bn-communityband.org](http://www.bn-communityband.org)



### Paint with Me – Flamingo

Adults will assist their child to create a picture on an 11X14 canvas together. Follow along with step by step instructions by artists from Inside Out Accessible Art. We will provide all the supplies and take care of clean-up. Participants should wear a smock or old clothes since we will be using acrylic paints. Snacks and drinks will be served. Instructor: Inside Out Accessible Art

Ages: 4 - 12  
 Sunday, Aug. 27  
 1:30 PM - 3:30 PM  
 \$35/ pair  
 \$20 2nd child discount  
 Miller Park Pavilion



### Introduction To Rock Climbing

This 90-minute introductory class is for new climbers looking to get into bouldering! You'll learn basic techniques, grip types, grades, etiquette and how to climb safely! Register on your own, with a partner, or with your kids! Class fee includes climbing for the day, rental shoes & chalk, and one week of membership to practice your new-found skills! Recommended for ages 8 to adult!

Ages: 8 - Adults  
 Sunday, June 25 - 1:00 PM  
 Sunday, July 16 - 1:00 PM  
 Sunday, Aug. 27 - 1:00 PM  
 \$38  
 The Proving Ground- 1503 E. College Ave. Normal



## Artist Showcase

This event welcomes all artists! Participants will display up to two of their original art pieces. Take time to socialize and network with other artists and patrons. There will be no art sales. IOAA will provide covered tables for art display and chairs. Other display/easels will need to be provided by the artist. Certificates will be provided to each artist. All participants must fill out a registration form (online or at IOAA). Registration may be done in person at IOAA, 200 West Monroe Street in Bloomington (the Monroe Center) or by mail (IOAA, 200 W. Monroe, Box 7, Bloomington, IL 61701) or online: [www.insideoutartcoop.org](http://www.insideoutartcoop.org) by Monday, May 8. Fee is \$2 (\$2.50 if done online)

For: Artists of all ages

**Sat., May 20 • 9:00 AM - 11:00 AM**

IOAA: 200 W. Monroe • Fee: \$2 (\$2.50 if done online)

# 4th of July in Miller Park!



## 4TH OF JULY CITY OF BLOOMINGTON MILLER PARK **CLASSIC CAR CRUISE CELEBRATION!**

*In collaboration with Mid State Cruisers*



From 1:00 PM - 5:00 PM  
in Miller Park

Top 3 cars will be awarded trophies.  
First 100 entries will receive a  
commemorative dash plaque.  
Live music and food!



**MILLER PARK PADDLE BOATS OPEN FROM 9:00 AM – NOON  
MINI GOLF AND THE SPRAYGROUND OPEN AT 10:00 AM**

## **MILLER PARK EVENING FIREWORKS**

Bring your blanket, radio and family for the annual Sky Concert in Miller Park.

Fireworks begin at approximately 9:15 PM  
and will be set to music on WJBC AM 1230.

The Sky Concert is sponsored by Bloomington Parks & Recreation,  
State Farm Insurance and WJBC.



## REGISTER EARLY - THESE PROGRAMS FILL UP FAST!



### Graze Craze!

Learn to make a savory platter and a sweet platter that are to look as good as they taste! Then be challenged to create your own to take home with the ingredients provided.

For ages 11 - 15  
Mondays, July 10 - 24 • 5:30 PM - 7:00 PM  
Lincoln Leisure Center  
\$59



### Viral Food Trends

Let's make some of the recipes that have gone viral thanks to Tik Tok. First week instructors will choose recipes, bring ideas to vote on for the last 2 weeks. Come hungry and ready to try out what has been made.

For ages 11 - 15  
Thursdays, July 13 - 27  
5:30 PM - 7:00 PM  
Lincoln Leisure Center  
\$59

### Load It Up!

Let's make loaded versions of some favorite snacks! We will make loaded buffalo chicken fries, loaded pulled pork nachos and loaded ice cream sundaes.

For ages 11 - 15  
Mondays, June 12 - 26 • 4:30 PM - 5:45 PM  
Lincoln Leisure Center  
\$49

### Teens Upcycle

Come learn all sorts of hacks for updating your wardrobe. We will learn ice tie dye, make your own beach bag out of a recycled t-shirt, how to make faux leather keychains and earrings, and much more!

For ages 11 - 15  
Wednesdays, June 14 - 28 • 5:45 PM - 7:15 PM  
Lincoln Leisure Center  
\$59



### Safe Sitter Class

This class is a babysitting preparation program designed for boys and girls ages 11-13. Safe Sitter is a positive experience for each participant. Topics include babysitting as a business, success on the job, childcare essentials, safety for the sitter, injury management, preventing problem behavior and care of choking infant and child. Lunch will be provided. Class is taught by certified Safe Sitter Instructors.

For ages 11 - 14  
Saturday, May 20 - Lincoln Leisure Center  
Saturday, June 24  
Community Activity Center 1110 Douglas, Normal  
Saturday, July 29 - Lincoln Leisure Center  
Saturday, Sept. 16  
Community Activity Center 1110 Douglas, Normal  
9:30 AM - 4:00 PM  
\$55

TEEN SPECIAL INTEREST

# Summer Day Camp

Children will participate in a variety of activities including arts & crafts, games, fishing, cooking & more. Participants must be able to function in an outdoor camp setting and be able to respect social distance. Benefits of attending camp include building self-esteem, increasing creativity, socialization with peers, and exploring new recreation experiences.

## What to wear:

Children will be participating in various activities that involve using paints, sand, food, water, and other materials. Please dress your child accordingly. Shoes must be always worn. We recommend gym shoes or sandals with heel straps as various activities include a lot of running and walking which make sandals difficult to wear

## Drop off/Pick up:

Campers may be dropped off between 7:00 AM & 9:00 AM. Regular Day Camp activities will take place from 9:00 AM - 3:30 PM. Children will need to be picked up between 3:30 PM & 5:45 PM. The extended hours allow flexibility for working parents. During the drop off/pick up times, campers will be able to participate in various games and crafts. A small snack will be provided in the afternoon.

## *This is an ALL outdoor camp.*

Campers will need to bring their own beach towel (they will sit on these throughout the day), sunscreen (in a ziplock), sack lunch & water bottle daily. A water jug will be available for refills. Please send a swimsuit each day. Campers will get to swim at least once a week.

Please make sure ALL items are clearly labeled with child first and last name.

For ages 6 - 11  
Child must be specified age when camp begins.  
Age verification may be requested.

Monday - Friday  
7:00 AM - 9:00 AM - drop off  
3:30 PM - 5:45 PM - pick-up  
9:00 AM - 3:30 PM - Regular Camp Activity Times  
Location: Holiday Park

## SESSIONS:

June 5 - 9  
June 12 - 16  
June 19 - 23  
June 26 - 30  
NO CAMP July 3 - 7  
July 10 - 14  
July 17 - 21  
July 24 - 28  
July 31 - Aug. 4  
\$119 / session / child



# AQUATICS



## Holiday Pool

Season: May 27 - September 4 • Located in Holiday Park at 800 S. McGregor St. • 309-434-2253

### Public Swim Hours

#### Daily Season Pass Holder Swim

11:00 AM - 12:00 PM

#### Sunday, Monday, Wednesday, Friday, Saturday

12:00 PM - 6:30 PM

#### Tuesday & Thursday

12:00 PM - 4:30 PM

#### August 16th - September 1st

##### School Hours

(closed Monday – Thursday)

4:00 PM - 7:00 PM

##### Holidays

(Memorial Day, 4th of July, Labor Day)

12:00 PM - 5:00 PM

### Pool Daily Admission Fees

2 & Under - No Charge • General Admission - \$5

Single visit fee does not permit guests to leave and re-enter.

### Early Morning Lap Swimming

Take part in this excellent opportunity for adults, 18 years of age and older, to swim lengths for exercise and fun.

Fee: \$5 (or Season Pass)

Location: Holiday Pool

#### Day..... Date..... Time

M/W ..... June 5 - August 2..... 6:00 AM - 7:30 AM

Sat. .... June 10 - August 5..... 7:00 AM - 8:30 AM

## Summer Pool Pass

Our Season Pool Pass allows you admittance on deck 1-hour before the general public every day, FREE admission to Lap Swim, and invited to an Evening Swim Event. It's a fun and affordable way to relax and enjoy your summer with family and friends. Remember that the more times you visit Holiday, the more you save!

Passes can be purchased online, at the Hub Office, or at Holiday Pool. Take advantage of the Pre-Season Special by purchasing your swim passes prior to the season opening.

**Passes go on sale online and at the Hub Office beginning May 1st.**

Holiday Pool will be open for Pool Pass Sales:

- Monday, May 22nd – Thursday, May 25th from 3:00 PM – 6:00 PM
- Friday, May 26th from 2:00 PM – 5:00 PM

All patrons 3 years of age and older will be issued a photo ID card for entry to Holiday Pool. Patrons will pay for the pass, get their pictures taken, and then pick up their passes at the pool as soon as it is available. Please retain your receipt as proof of the purchase. Any pass purchased online will still be required to take a photo.

**There is a \$5 discount for Pool Passes when purchased before May 26th by 5:00 PM.** Regular rates go into effect on May 27th. Replacement passes can be printed at a cost of \$15 per lost pass.

A complete list of pool rules is available and is posted at the facility and online.

Pre-Season Special.....\$26 ..... May 1st - May 26th  
Season Pool Pass.....\$31 ..... May 27th - Sept. 4th

# Aquatics Special Events



## Family Float Night

Every Friday; 5:00 PM - 6:30 PM

On these Fridays, everyone can bring in one raft, inner tube, noodle, or other floatation device to the pool for a chance to relax in the pool. One floatation device per person. Pool Management has the authority to refuse use of any floatation device they deem unsafe. Weak swimmers need to remain within arm's reach of a guardian.

## Sensory Swim

This time is designed for our young members and families seeking a sensory-friendly aquatic experience. This time will give those the opportunity to enjoy a special swim session in a safe, judgment free environment. Water features, slides, and music will not be available during this time.

*Admission will be a maximum of 50 patrons and half-off admission (\$2.50 per person).*

**Day.... Date..... Time**  
 Sun. ... June 4, 18, July 2, 16, 30, Aug. 13 ... 9:30 - 11:00 AM  
 Wed. ... June 14, 28, July 12, 26, Aug. 9 ..... 6:30 - 8:00 PM



## Bring a Friend to Swim Day

Saturdays; June 10, July 8, August 12

If you have a Season Pool Pass you can bring a friend for FREE. Each Season Pool Pass Member may bring in one friend. Any additional friends must pay general admission.

## Beach Bag Scavenger Hunt

Sundays; June 18, July 16, August 20

What's in your beach bag? Throughout the day pool staff will name something off that you might find in your beach bag, such as sunscreen or goggles. If you have the item in your bag, you'll receive a fun prize.



## Happy Birthday America

Tuesday, July 4; 12:00 PM - 4:00 PM

Come out to the pool to help celebrate The Fourth of July! Games, prizes, and fun are the order of the day. Stop by Holiday Pool before you make your way to Miller Park for the fireworks. We will have games and activities from 12:00 PM - 4:00 PM.

## Back to School Bash

Sunday, August 13

Slide over to Holiday Pool to enjoy fun activities we have planned for you! As our pool staff get ready to head back to school, they would like to celebrate with our patrons. Bring 2 items off the Back-to-School Supply List and get half off your admission (\$2.50 per person). All supplies will go towards District 87 elementary students. (*Supply List: colored pencils, safety scissors, ruler, crayons, #2 pencils, glue sticks, colored markers, highlighters, pack of erasers, notebook paper, two-pocket folders, zipper pencil pouch, and spiral notebooks*)

## Members Appreciation

As our 2023 pool season comes to an end, we would like to thank our Loyal Season Pass Holders with an evening swim. Before the hustle and bustle of the Fall Season, come out to the pool to take a load off. Everyone can bring in one raft, inner tube, noodle, or other floatation device to the pool for a chance to relax in the pool. Admission: Season Pool Pass Holders Only.

**Day..... Date..... Time**  
 Wednesdays..... August 16 - 30 ..... 4:00 PM - 7:00 PM

## Dollar Day

Saturday, September 2

Come out to the pool one last time to wish the summer months farewell! The last Saturday of the season, September 2nd, everyone can get into the pool for \$1.

# Swim Lessons at Holiday Pool



## Important Information on Swim Lessons

Progressive system where students move at their own pace through a series of levels. There is no experience needed for Level 1. Prerequisite for each class is successful demonstration of the skills taught at the preceding level. **Students are assigned to a level based on swim testing on the first day of class, or during testing day on Friday, June 2 and Friday, July 7 from 5:30 - 6:30pm at Holiday Pool.** Skill cards given out as students complete a session. Remember some swimmers need more than one session before passing to the next skill level.

## Class Cancellations

Cancellations only occur for severe weather. Classes will be cancelled approximately 15 minutes before the start of each class. **Every effort will be made to make up any cancelled lessons, but no guarantees can be made.** Parents should check their email for any announcements for a make-up class schedule due to a cancelled class.

## Group Swim Lessons

Parent & Child Classes	Pre-School Classes	Youth Classes	Adult Classes
Ages 6 months to 4 years. This program builds swimming readiness by emphasizing fun in the water. Children must be accompanied by an adult. One child per adult. <b>Fee: \$52</b>	Ages 3 to 4 years. These classes specifically address the developmental needs of a preschooler. Child must be 3 for the first day of class. <b>AM Fee: \$39</b> <b>PM Fee: \$52</b>	Ages 5 to 14 years. There is no experience needed for Level 1. Child must be 5 for the first day of class <b>AM Fee: \$39</b> <b>PM Fee: \$52</b>	Ages 15 and over. It is never too late to learn how to swim. Instructors for this class will work with you at your own individual level. We want you to set the goals and we will work with you to achieve them. <b>Fee: \$52</b>

*Morning Group Swim Lessons meet three times a week (Mon., Wed., and Fri.) for two weeks for a total of 6 lessons.  
 Evening Group Swim Lessons meet twice a week (Tues. and Thurs.) for four weeks for a total of 8 lessons.*

## Private Swim Lessons

Benefits of private swim lessons, in addition to 1:1 instruction, include conquering previous fear, adapted goals, and more practice time with direct instruction and feedback. Instructors use our swim program progressions at an individualized pace.  
 Evening and Weekend Private Swim Lessons: Ages 4 - 14 years  
**Fee: \$64**

*Evening Private Swim Lessons meet once a week (Tues. OR Thurs.) for a total of 4 lessons.  
 Weekend Saturday Morning Private Swim Lesson meet once a week (Sat.) for a total of 4 lessons.*

# Swim Lessons at Holiday Pool

Morning Group Swim Lessons – Fee \$39

## Pre-School Lessons (Ages 3 - 4)

Session	Day	Date	Time
One	M/W/F	June 5 - 16	9:35 AM - 10:05 AM
One	M/W/F	June 5 - 16	10:10 AM - 10:40 AM
Two	M/W/F	June 19 - 30	9:35 AM - 10:05 AM
Two	M/W/F	June 19 - 30	10:10 AM - 10:40 AM
Three	M/W/F	July 10 - 21	9:35 AM - 10:05 AM
Three	M/W/F	July 10 - 21	10:10 AM - 10:40 AM
Four	M/W/F	July 24 - Aug. 4	9:35 AM - 10:05 AM
Four	M/W/F	July 24 - Aug. 4	10:10 AM - 10:40 AM

## Youth Lessons (Ages 5-14)

Session	Day	Date	Time
One	M/W/F	June 5 - 16	9:00 AM - 9:30 AM
One	M/W/F	June 5 - 16	9:35 AM - 10:05 AM
One	M/W/F	June 5 - 16	10:10 AM - 10:40 AM
Two	M/W/F	June 19 - 30	9:00 AM - 9:30 AM
Two	M/W/F	June 19 - 30	9:35 AM - 10:05 AM
Two	M/W/F	June 19 - 30	10:10 AM - 10:40 AM
Three	M/W/F	July 10 - 21	9:00 AM - 9:30 AM
Three	M/W/F	July 10 - 21	9:35 AM - 10:05 AM
Three	M/W/F	July 10 - 21	10:10 AM - 10:40 AM
Four	M/W/F	July 24 - Aug. 4	9:00 AM - 9:30 AM
Four	M/W/F	July 24 - Aug. 4	9:35 AM - 10:05 AM
Four	M/W/F	July 24 - Aug. 4	10:10 AM - 10:40 AM



# Swim Lessons at Holiday Pool



## Evening Group Swim Lessons – Fee \$52

### Parent & Child Lessons (Ages 6 months - 4)

Session	Day	Date	Time
One	Tu/Th	June 6 - 29	5:00 PM - 5:30 PM
Two	Tu/Th	July 11 - Aug. 3	5:00 PM - 5:30 PM

### Pre-School Lessons (Ages 3 - 4)

Session	Day	Date	Time
One	Tu/Th	June 6 - 29	5:00 PM - 5:30 PM
One	Tu/Th	June 6 - 29	5:40 PM - 6:10 PM
Two	Tu/Th	July 11 - Aug. 3	5:00 PM - 5:30 PM
Two	Tu/Th	July 11 - Aug. 3	5:40 PM - 6:10 PM

### Youth Lessons (Ages 5 - 14)

Session	Day	Date	Time
One	Tu/Th	June 6 - 29	5:40 PM - 6:10 PM
One	Tu/Th	June 6 - 29	6:20 PM - 6:50 PM
Two	Tu/Th	July 11 - Aug. 3	5:40 PM - 6:10 PM
Two	Tu/Th	July 11 - Aug. 3	6:20 PM - 6:50 PM

### Adult Lessons (Ages 15+)

Session	Day	Date	Time
One	Tu/Th	June 6 - 29	7:00 PM - 7:30 PM
Two	Tu/Th	July 11 - Aug. 3	7:00 PM - 7:30 PM



## Private Swim Lessons – Fee \$64

### Weekday EVENING Private Swim Lessons

Ages 4-14 years

Session	Day	Date	Time
One	Tu	June 6 - 27	5:00 PM - 5:30 PM
One	Tu	June 6 - 27	7:00 PM - 7:30 PM
One	Th	June 8 - 29	5:00 PM - 5:30 PM
One	Th	June 8 - 29	7:00 PM - 7:30 PM
Two	Tu	July 11 - Aug. 1	5:00 PM - 5:30 PM
Two	Tu	July 11 - Aug. 1	7:00 PM - 7:30 PM
Two	Th	July 13 - Aug. 3	5:00 PM - 5:30 PM
Two	Th	July 13 - Aug. 3	7:00 PM - 7:30 PM

# Swim Lessons at Holiday Pool

## Weekend MORNING

### Private Swim Lessons - Fee \$64

Ages 4 - 14 years

Session	Day	Date	Time
One	Sa	June 3 - 24	9:00 AM - 9:30 AM
One	Sa	June 3 - 24	9:30 AM - 10:00 AM
One	Sa	June 3 - 24	10:00 AM - 10:30 AM
One	Sa	June 3 - 24	10:30 AM - 11:00 AM

Session	Day	Date	Time
Two	Sa	July 8 - 29	9:00 AM - 9:30 AM
Two	Sa	July 8 - 29	9:30 AM - 10:00 AM
Two	Sa	July 8 - 29	10:00 AM - 10:30 AM
Two	Sa	July 8 - 29	10:30 AM - 11:00 AM



## WORD SEARCH PUZZLE

MINI GAME  
FOR KIDS



V	G	O	A	T	R	H
S	H	E	E	P	S	O
C	A	T	C	O	W	R
D	M	O	U	S	E	S
O	T	P	I	G	U	E
G	R	A	B	B	I	T
D	O	N	K	E	Y	O



 **CITY OF**  
*Bloomington*  
**ILLINOIS**  
**PARKS & RECREATION**

For information on Classes,  
programs and events go to  
**BloomingtonParks.org**  
or phone (309) 434-2260

# American Red Cross Training

## LIFEGUARDING

This comprehensive lifeguard training program includes all aspects of the professional lifeguard. Through videos, group discussion and hands-on practice, you will learn patron rescue and surveillance skills, First Aid, and CPR/AED. Successful completion of this course will result in Red Cross certification. Class materials are included in the fee. Please bring snacks & water.

### Prerequisites:

- Must be able to swim 300-yards front crawl and breaststroke.
- Must be able to swim 20-yards, surface dive 10-feet to retrieve a brick and return to the starting position while holding brick.
- Tread water for 2 minutes, using only the legs.

**Ages:** 15 years & older  
**Fee:** \$250



**WE ARE CURRENTLY HIRING LIFEGUARDS, APPLY NOW AT [BLOOMINGTONPARKS.ORG](http://BLOOMINGTONPARKS.ORG)**

**Pool.....Day..... Date..... Time**  
Holiday..... M – F ..... May 22 - 26 ..... 4:00 PM - 9:00 PM

## JUNIOR LIFEGUARDING

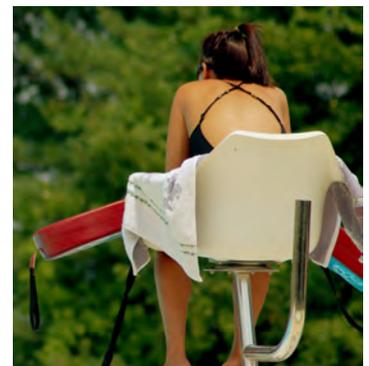
Junior Lifeguarding is an exciting program to take your swimming skills to life saving knowledge. This class continues to enhance your learn to swim knowledge while introducing you to lifesaving skills, such as in-water rescues, use of rescue equipment, and First Aid, CPR, & AED training. Each participant will have the option of shadowing a lifeguard. This program does not guarantee a job as a lifeguard in the future but is a great way to work towards your goal.

Participants must be able to demonstrate the following skills before entering the program:

- Swim front crawl for 25-yards continuously while breathing to the front or side
- Swim breaststroke for 25-yards using a pull, breathe, kick and glide sequence
- Complete the Water Competency Sequence
  - o Step into water from the side and totally submerge
  - o Maintain position for one minute by treading water or floating (or a combination of the two)
  - o Rotate one full turn and orient to the exit
  - o Level off and swim on the front or back 25-yards
  - o Exit pool without using a ladder or steps

**Location:** Holiday Pool  
**Ages:** 11 - 14 years old  
**Fee:** \$72

**Day..... Date..... Time**  
Tu, Th, & F..... June 6 - 30 .....9:30 AM - 11:00 AM



# Pool Rentals



The pool is a great place to have a birthday party, group outing, or any other special occasion for you and your friends and family. We will supply the lifeguards for your celebration while you bring your own food and non-alcoholic beverages or use the provided outdoor grill.

Holiday Pool is available for private rentals. Rental times are a minimum of two hours, and the fee includes admission for up to 100 guests. All guests attending the rental (swimmers and non-swimmers) are included in the head count. When renting the tot pool, the main pool must be rented as well. Rental time will include set-up and tear-down.

#### **Morning Rentals are available:**

Sunday: 5:00 AM - 11:00 AM  
Tues. and Fri.: 5:00 AM - 9:00 AM  
Saturday: 5:00 AM - 7:00 AM

#### **Evening Rentals are available:**

Sun., Mon., Wed., Fri., and Sat.: 6:30 PM - 10:00 PM  
Tues. and Thurs.: 7:30 PM - 10:00 PM

#### **Pool Rental Rates:**

Morning Rentals: \$100 an hour for the main pool; \$25 an hour for the tot pool  
Monday – Thursday: \$125 an hour for the main pool; \$25 an hour for the tot pool  
Friday – Sunday: \$150 an hour for the main pool; \$25 an hour for the tot pool

#### **How to make a reservation:**

Starting May 1st, you can request a pool facility rental online or contact us at 309-434-2260 to check availability. Renter must sign the Private Rental Contract at the time of request and provide payment at the time of the reservation. Requests must be made at least 5 business days prior to your request date to ensure proper staff coverage.

#### **Holiday Pool Party Patio Rentals - *NEW***

The newest addition to Holiday Pool is a rentable Party Patio in

the back area off the pool deck. This area is perfect for birthday celebrations, family gatherings, or just to spend the day at the pool in our own area. The Party Patio can be rented any day of the week during open swim hours. This patio features an umbrella shade structure, tables, and even an outdoor charcoal grill. *When using outdoor grill, renters will need to bring their own grill supplies including charcoal as well as clean up grill and grill area after rental.*

Rental times are a minimum of two hours and a maximum of four hours, time will include set-up and tear-down. The rental fee will also include admission into the facility (admission number includes adults and children and swimmers and non-swimmers).

#### **Rentals are available:**

Sun., Mon., Wed., Fri., and Saturday: 11:00 AM - 6:30 PM  
Tuesday and Thursday: 11:00 AM - 4:30 PM  
Holidays (5/29, 7/4, 9/4): 11:00 AM - 5:00 PM

#### **Patio Rental Rates:**

##### **Groups of 10 - 15 people:**

Monday - Thursday: \$65 an hour  
Friday - Sunday: \$80 an hour

##### **Groups of 16 - 30 people:**

Monday - Thursday: \$85 an hour  
Friday - Sunday: \$100 an hour

#### **How to make a reservation:**

Starting May 1st, you can request a reservation for the Holiday Pool Party Patio Rental online or contact us at 309-434-2260 to check availability. Renter must sign the Patio Rental Contract at the time of request. Payment will be made at the time of the reservation. Requests must be made at least 5 business days prior to your request date to ensure proper staff coverage.

#### **Day Camp/Group Pool Visits**

Group visits are perfect to celebrate any occasion during open swim hours. Celebrations include but not limited to family get togethers, birthday celebrations, group of friends, as well as Day Camp groups. Discounted group rates are available for groups of 15 or more paid guests wishing to visit Holiday Pool.

Group Visits can happen during any day of the week during open swim hours from 12:00 PM - 6:30 PM (or 12:00 PM - 4:30 PM on Tuesday and Thursday). Day Camp groups are only able to request weekdays from 1:00 PM - 3:00 PM

#### **How to make a reservation:**

Starting May 1st, you can request a reservation for a group outing online or contact us at (309) 434-2260 to check availability for your visit. Renter must fill out and sign the Group Visit Contract online. Payment will need to be provided on the day of your pool visit. Requests must be made at least 5 business days prior to your request date to ensure proper staff coverage.

# Miller Park Miniature Golf

Mini-Golf will be open on May 21st for the season and be open Friday - Sunday from Noon - 7:00 PM through mid-September, weather permitting.

This 18-hole lighted golf course is challenging for youth and relaxing for adults is open weather permitting. Miniature golf direct line is (309) 434-2651.



## Miller Park Paddleboats

Season: May 20 - September 4 • 1020 S. Morris Ave. (Miller Park)

The Miller Park Paddle Boats are located inside Miller Park. Paddle boats are a great way for some family weekend summer fun! Take part in this excellent opportunity for family time, spending the day in the park, group outings or any special occasion for exercise and fun. Boats are rented per half hour. Those under 12 years must be accompanied by an adult and all riders will be required to wear a lifejacket.

### Hours of Operation

Friday: 4:00PM - 7:00PM • Saturday & Sunday: 12:00PM - 5:00PM

Holidays (Memorial Day and Labor Day): 10:00AM - 5:00PM

Holidays (4th of July): 9:00AM - 12:00PM

\*Last paddle boat goes out 30-minutes prior to the closing time.

Daily Admission Fees: 2 & Under: No Charge • General Admission: \$2

*\*FACILITY ONLY ACCEPTS CASH.*



## SPECIAL EVENTS

### Father's Day Special • Sunday, June 18

Celebrate Day's special day with a boat ride at the park. Paddle boat rental is half off when you ride with your dad.

### Happy Birthday America • Tuesday, July 4; 9:00AM - 12:00PM

Come out to the boats to help celebrate The Fourth of July! Start off your festivities at Miller Park with a boat ride. Paddle boats are only open in the morning before we start putting fireworks together. Rental will be half off.

### Back to School Bash • Sunday, August 13

Ride over to Miller Park Paddle Boats to enjoy fun activities we have planned for you! As our staff get ready to head back to school, they would like to celebrate with our patrons. Bring 1 item off the Back-to-School Supply List and get FREE admission. All supplies will go towards District 87 elementary students. (*Supply List: colored pencils, safety scissors, ruler, crayons, #2 pencils, glue sticks, colored markers, highlighters, pack of erasers, notebook paper, two-pocket folders, zipper pencil pouch, and spiral notebooks*)

### Dollar Day • Saturday, September 2

Come out to the park one last time to wish the summer months farewell!  
The last Saturday of the season, September 2nd, everyone can ride for \$1.

### Group Outings - **NEW!**

Group visits are the perfect way to celebrate any occasion. Discounted group rates are available for groups of 15 or more wishing to visit Miller Park Paddle Boats.

Group Outings can happen during any day of the week. Outings must be scheduled for a two-hour minimum.

• Monday - Thursday: 9:00 AM - 6:00 PM • Friday: 9:00 AM - 4:00 PM • Saturday & Sunday: 9:00 AM - 12:00 PM

### How to Make a Reservation:

Starting May 1st, you can request a reservation for a group outing online or contact us at 309-434-2260 to check availability for your visit. Renters must fill out and sign the Group Outing Contract online.

Payment will need to be provided on the day of group outing.

Requests must be made at least 5 business days prior to your request date to ensure proper staff coverage.

# MILLER PARK SUMMMER PASS

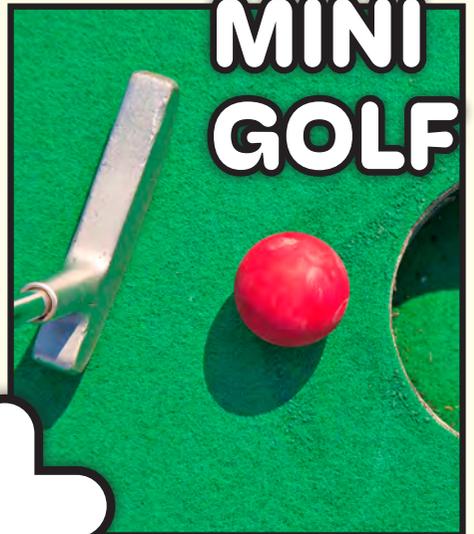
Passes available at at Miller Park Zoo in Miller Park!

Phone (309) 434-2260 for details!

## PADDLE BOATS



## MINI GOLF



**AND**  
ADMISSION TO



## MILLER PARK ZOO

EST. 1891

# \$10 EACH

CITY OF  
*Bloomington* ILLINOIS  
PARKS & RECREATION

## BIG SUMMER SAVINGS!

- 1 1/2 hour Paddle Boat Rental at Miller Park Lake
- 1 Game of 18 Rounds of Mini Golf at Miller Park
- 1 Admission to Miller Park Zoo

Expires Monday September 4, 2023. No Other discounts allowed.  
Does not apply for special events at golf. No Refunds.

# SPORTS/ FITNESS



## Youth Soccer

Program is the perfect introduction to soccer for young, budding players. Players will be taught the fundamentals in this program which offers instruction in dribbling, passing, shooting, kicking, and having fun while improving coordination skills, social interaction, teamwork, and self-esteem.

Games will be played at Rollingbrook Park Soccer Field.

### Dates:

**Session 1:** June 5 – 29

Game Day on Friday, June 30

**Session 2:** July 10 – August 3

Game Day on Friday, August 4

**Fee:** \$48

**Location:** Rollingbrook Park, Soccer Field

**Ages ..... Day ..... Time**

4..... M/W.....9:00 AM - 9:50 AM

5-6..... M/W.....10:00 AM - 10:50 AM

4..... M/W.....5:00 PM - 5:50 PM

5-6..... M/W.....6:00 PM - 6:50 PM

7-8..... M/W.....7:00 PM - 7:50 PM

**Location:** Rollingbrook Park, Soccer Field

**Ages ..... Day ..... Time**

5-6..... Tu/Th.....9:00 AM - 9:50 AM

4..... Tu/Th.....10:00 AM - 10:50 AM

4..... Tu/Th.....5:00 PM - 5:50 PM

5-6..... Tu/Th.....6:00 PM - 6:50 PM

7-8..... Tu/Th.....7:00 PM - 7:50 PM

### Parents Please Note:

- This is a recreational instruction program (not a league)
- Each class will focus on learning primary skills in a fun environment
- Players should bring shin guards and a water bottle to each class
- Each class will receive a program t-shirt
- Session 2 will build on the skills learnt from Session 1 as well as review of the fundamentals
- Each session features four weeks of class in addition to a game on Friday evening finishing off the session
- Game Days are held on Friday evenings anywhere between 3:00 PM and 8:00 PM
- Game days will be an opportunity to take what's learned and apply it in a "game-like" situation
- Every effort will be made to make up any cancelled practices and/or games, but no guarantees can be made

## FUNdamental Sand Volleyball

Players of all skill levels will enhance their volleyball knowledge and skills with this small group session! Utilizing drills & games, players will develop essential volleyball skills such as passing, setting & serving.

**Location:** Clearwater Park, Sand Volleyball Courts

**Fee:** \$28

**Day..... Ages.....Date.....Time**

M..... 6 - 7 .....June 5 - 26.....5:30 PM - 6:00 PM

M..... 8 - 9 .....June 5 - 26.....6:15 PM - 6:45 PM

M..... 10 - 12 .....June 5 - 26.....7:00 PM - 7:30 PM

M..... 6 - 7 .....July 10 - 31.....5:30 PM - 6:00 PM

M..... 8 - 9 .....July 10 - 31.....6:15 PM - 6:45 PM

M..... 10 - 12 .....July 10 - 31.....7:00 PM - 7:30 PM

## FUNDamental Basketball

Players will enhance their basketball knowledge and skills! Utilizing fun drills and games, players will develop important basketball skills such as passing, dribbling, shooting, and defense.

**Location:** Clearwater Park, Basketball Courts  
**Fee:** \$28

Day	Ages	Date	Time
Tu	3	June 6 - 27	9:30 AM - 10:00 AM
Tu	4 - 5	June 6 - 27	10:15 AM - 10:45 AM
Tu	6 - 8	June 6 - 27	11:00 AM - 11:30 AM
Tu	3	June 6 - 27	5:30 PM - 6:00 PM
Tu	4 - 5	June 6 - 27	6:15 PM - 6:45 PM
Tu	6 - 8	June 6 - 27	7:00 PM - 7:30 PM
Tu	3	July 11 - Aug. 1	9:30 AM - 10:00 AM
Tu	4 - 5	July 11 - Aug. 1	10:15 AM - 10:45 AM
Tu	6 - 8	July 11 - Aug. 1	11:00 AM - 11:30 AM
Tu	3	July 11 - Aug. 1	5:30 PM - 6:00 PM
Tu	4 - 5	July 11 - Aug. 1	6:15 PM - 6:45 PM
Tu	6 - 8	July 11 - Aug. 1	7:00 PM - 7:30 PM
Tu	3	Sept. 12 - Oct. 3	4:30 PM - 5:00 PM
Tu	4 - 5	Sept. 12 - Oct. 3	5:10 PM - 5:40 PM
Tu	6 - 8	Sept. 12 - Oct. 3	5:50 PM - 6:20 PM



## FUNDamental Soccer

Players will be introduced to the rudimentary skills in an activities and games class setting. Players will get a chance to learn skills such as kicking, passing, defense, and shooting, necessary for participants in this high endurance sport.

**Location:** Suburban East Park, Soccer Field  
**Fee:** \$28

Day	Ages	Date	Time
W	3	June 7 - 28	9:30 AM - 10:00 AM
W	4 - 5	June 7 - 28	10:15 AM - 10:45 AM
W	6 - 8	June 7 - 28	11:00 AM - 11:30 AM
W	3	June 7 - 28	5:30 PM - 6:00 PM
W	4 - 5	June 7 - 28	6:15 PM - 6:45 PM
W	6 - 8	June 7 - 28	7:00 PM - 7:30 PM
W	3	July 12 - Aug. 2	9:30 AM - 10:00 AM
W	4 - 5	July 12 - Aug. 2	10:15 AM - 10:45 AM
W	6 - 8	July 12 - Aug. 2	11:00 AM - 11:30 AM
W	3	July 12 - Aug. 2	5:30 AM - 6:00 PM
W	4 - 5	July 12 - Aug. 2	6:15 AM - 6:45 PM
W	6 - 8	July 12 - Aug. 2	7:00 AM - 7:30 PM

## FUNDamental T-Ball

Players learn the foundation skills of the sport that will help prepare them for baseball. The emphasis is on fun, basic instruction, and equal participation. Players will get a chance to learn hitting, catching, fielding and much more. Players should bring their own glove to classes.

**Location:** Suburban East Park, Ballfield  
**Fee:** \$28

Day	Ages	Date	Time
Th	3	June 8 - 29	9:30 AM - 10:00 AM
Th	4 - 5	June 8 - 29	10:15 AM - 10:45 AM
Th	6 - 8	June 8 - 29	11:00 AM - 11:30 AM
Th	3	June 8 - 29	5:30 PM - 6:00 PM
Th	4 - 5	June 8 - 29	6:15 PM - 6:45 PM
Th	6 - 8	June 8 - 29	7:00 PM - 7:30 PM
Th	3	July 13 - Aug. 3	9:30 AM - 10:00 AM
Th	4 - 5	July 13 - Aug. 3	10:15 AM - 10:45 AM
Th	6 - 8	July 13 - Aug. 3	11:00 AM - 11:30 AM
Th	3	July 13 - Aug. 3	5:30 PM - 6:00 PM
Th	4 - 5	July 13 - Aug. 3	6:15 PM - 6:45 PM
Th	6 - 8	July 13 - Aug. 3	7:00 PM - 7:30 PM
Th	3	Sept. 14 - Oct. 5	4:30 PM - 5:00 PM
Th	4 - 5	Sept. 14 - Oct. 5	5:10 PM - 5:40 PM
Th	6 - 8	Sept. 14 - Oct. 5	5:50 PM - 6:20 PM



## FUNDamental Softball - NEW

Players will get to learn the important skills of the sport that will help prepare them for softball. Young players will learn the essentials of the game, like catching, throwing, batting, base running, and much more in a fun and supportive environment. Players should bring their own glove to classes.

**Location:** Tipton Park, West Ballfield  
**Fee:** \$28

Day	Age	Date	Time
W	6	June 7 - 28	5:30 PM - 6:00 PM
W	7 - 8	June 7 - 28	6:15 PM - 6:45 PM
W	9 - 10	June 7 - 28	7:00 PM - 7:30 PM



## FUNDamental Football

Players will get to be introduced to the basic skills of football in a fun learning environment. Throwing, passing, and catching are just a few of the skills players will learn in fun drills and activities.

**Location:** Tipton Park, Soccer Field

**Fee:** \$28

Day.....	Ages .....	Date .....	Time .....
W.....	6 .....	July 12 – Aug. 2 .....	5:30 PM - 6:00 PM
W.....	7 – 8 .....	July 12 – Aug. 2 .....	6:15 PM - 6:45 PM
W.....	9 – 10 .....	July 12 – Aug. 2 .....	7:00 PM - 7:30 PM

## FUNDamental Hockey

Players will be introduced to basic hockey and skating skills utilizing fun games. Players will learn basic skating, shooting, passing, and SCORING! \*Players will need to bring a hoodie, sweatpants and hockey or winter gloves if they do not have hockey specific gear. Skates, helmets, and sticks will be available to borrow for the practice.

**Location:** Bloomington Ice Center

**Fee:** \$45

Ages .....	Day .....	Dates.....	Time .....
3-5 .....	Sat.....	7/15 – 7/29 .....	12:40 PM - 1:20 PM
6-10 .....	Sat.....	7/15 – 7/29 .....	12:40 PM - 1:20 PM



## Run Club

Runners of all levels will have the opportunity to train and build their endurance. We will supply workouts, games, and technique training to help you enjoy running while working towards a goal.

**Ages:** 7 – 12

**Location:** Tipton Park, North Shelter

**Fee:** \$48

Day.....	Date.....	Time .....
M.....	June 5 – July 31 (no class 7/3) .....	5:30 PM - 6:30 PM
M.....	June 5 – July 31 (no class 7/3) .....	6:45 PM - 7:45 PM

**Fee:** \$30

Day.....	Date.....	Time .....
M.....	September 11 – October 9 .....	5:30 PM - 6:30 PM

## Mini Super Stars

Preschoolers and their parents will get sporty playing a variety of sports and fun activities. This class is designed for parent and child interaction with an emphasis on physical activity and teamwork. This program inspires players to develop sportsmanship in a positive fun environment along with the development of fine and gross motor skills.

**Ages:** 2 – 4 w/Parent

**Location:** Pepper Ridge Elementary

**Fee:** \$30

Day.....	Date .....	Time .....
M.....	June 5 – 26 .....	10:00 AM - 10:40 AM
M.....	June 5 – 26 .....	4:30 PM - 5:10 PM
M.....	July 10 – 31 .....	10:00 AM - 10:40 AM
M.....	July 10 – 31 .....	4:30 PM - 5:10 PM



## Super Star Athletes

Let's get outside and play some sports. Each day we will focus on the fundamentals of a different sport and give players an opportunity to play each sport in a non-competitive game.

**Ages:** 5 - 9

**Location:** Pepper Ridge Elementary

**Fee:** \$30

Day.....	Date.....	Time .....
M.....	June 5 – 26 .....	10:50 AM - 11:30 AM
M.....	June 5 – 26 .....	5:20 PM - 6:00 PM
M.....	July 10 – 31 .....	10:50 AM - 11:30 AM
M.....	July 10 – 31 .....	5:20 PM - 6:00 PM

## Youth Soccer Clinic

Athletes will develop essential soccer skills such as dribbling, passing, shooting and defense on a more individual level. The class will progress into small games and players will have the opportunity to scrimmage on the last day of class.

**Location:** Rollingbrook Park, Soccer Field

**Fee:** \$35

Day.....	Ages.....	Date.....	Time .....
W.....	4 - 6.....	Sept. 13 – Oct. 11 .....	5:00 PM - 5:45 PM
W.....	7 - 10.....	Sept. 13 – Oct. 11 .....	6:00 PM - 6:45 PM

## HappyFeet Soccer – Ages 2-5

HappyFeet is a ‘kid friendly’ curriculum to ensure kids are having an absolute blast while developing essential physical skills. Using soccer activities, HappyFeet is a perfect starting point for developing skills as it is non-competitive and uses fun techniques to train advanced motor skills, dynamic dribbling, shooting skills and fitness. Instructor: HappyFeet Staff

### Tuesday

**Dates:** June 6 – July 18 (off July 4)

**Location:** White Oak Park Soccer Field

**Age.....Time..... Fee**

2-3 .....5:30 PM - 6:00 PM ..... \$45

3-4 .....6:05 PM - 6:35 PM ..... \$45

4-5 .....6:40 PM - 7:10 PM ..... \$45

### Thursday

**Dates:** June 8 – July 13

**Location:** Bittner Park Ballfield

**Age.....Time..... Fee**

2-3 .....5:30 PM - 6:00 PM ..... \$45

3-4 .....6:05 PM - 6:35 PM ..... \$45

4-5 .....6:40 PM - 7:10 PM ..... \$45

### Tuesday

**Dates:** September 5 – October 10

**Location:** O’Neil Park Softball Field

**Age.....Time..... Fee**

2-3 .....5:30 PM - 6:00 PM ..... \$45

3-4 .....6:05 PM - 6:35 PM ..... \$45

4-5 .....6:40 PM - 7:10 PM ..... \$45

## Challenger International Soccer Camp

This camp provides young players with the rare opportunity to receive high-level soccer coaching from a team of international experts! The “Challenger” way focuses on challenging each player to improve with maximum participation, maximum touches on the ball, and maximum fun. Participants will receive a Challenger soccer ball and t-shirt. **No registration will be taken through the Parks & Recreation office. Must register online at [challengersports.com](http://challengersports.com).**

### JUNE SESSION

June 19 - 23 (M-F) White Oak Park Soccer Field

Tiny Tykes (4-5 years) • 8:00 AM - 9:00 AM • Fee: \$113

Half Day (6-10 years) • 9:00 AM - 12:00 PM • Fee: \$160

Half Day (11-16 years) • 1:00 PM - 4:00 PM • Fee: \$160

### JULY/AUGUST SESSION

July 31 – August 4 (M-F) • White Oak Park Soccer Field

Tiny Tykes (4-5 years) • 8:00 AM - 9:00 AM • Fee: \$113

Half Day (6-10 years) • 9:00 AM - 12:00 PM • Fee: \$160

Half Day (11-16 years) • 1:00 PM - 4:00 PM • Fee: \$160

## Zumba®

Perfect for everybody and every body! This 60-minute class is a total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility. YOU get boosted energy and a serious dose of awesome each time you leave class. Zumba® takes the “work” out of workout by mixing low and high intensity moves for an interval-style, calorie burning dance fitness party. Ages 18+. Instructor: Lucy M. Croft, Licensed Zumba® Fitness Instructor

Miller Park Pavilion, Main level

**Day..... Dates ..... Time..... Fee**

Fri..... June 2 – July 21 ..... 8:00 AM - 9:00 AM ..... \$55

(No Class on 6/16 or 6/23) Reg. Deadline by May 31

Fri..... Aug. 4 – Sept. 15 ..... 8:00 AM – 9:00 AM..... \$55

(No Class on 8/11) Reg. Deadline by July 31



## Aqua Zumba®

Aqua Zumba® blends the Zumba® philosophy with water resistance, for one pool party you shouldn’t miss! There is less impact on your joints during class so you can really let loose. Water creates natural resistance, which means every step is more challenging and helps tone your muscles. Water shoes are ok to wear if needed. Individual day passes will not be offered. Session must be registered for in full. Ages 18+. Instructor: Lucy Croft, Licensed Zumba Specialties Instructor

Holiday Pool

**Day..... Dates ..... Time ..... Fee**

Mon..... June 5 – July 31 ..... 8:00 AM - 9:00 AM ..... \$75

No Class on 6/19 - Make up class on 8/7 (if necessary)

Wed ..... June 7 – August 2 ..... 8:00 AM - 9:00 AM ..... \$75

No Class on 6/21 - Make up class on 8/9 (if necessary)

Sign up for BOTH classes and receive a \$15 discount.

# Summer Tennis Lessons - McGraw Park

All ages and skill levels can expect a challenging but enjoyable tennis experience this summer! With group lessons ranging from introductory youth to experienced adult, this summer session program will help you build new skills, enhance existing abilities, and hopefully develop a passion for the game that you can enjoy playing throughout life. All classes will meet at McGraw Park and are instructed under the leadership of PTR Certified Head Instructor, Mary Z. Walker. See below for age breakdown and class details.

## Tot Tennis (Age 5)

A FUN introduction to the game is the priority! We'll use engaging activities, drills, and games to help teach and develop the basic of the basics.

## Pee Wee (Ages 6-7)

Emphasis on hand-eye coordination, racquet skills, footwork, lines, and shots.

## Youth Beginner (Ages 8-9)

Focus will be on the fundamentals of grip, strokes, serve, and volleys.

## Youth Intermediate (Ages 8-9)

Prior tennis experience required. A continuation of the beginner's class with advancing techniques introduced.

## Junior Beginner (Ages 10-12)

Class includes skills, drills, games, strokes, serves, and challenging play.

## Junior Intermediate (Ages 10-12)

Ability to rally, serve and experience in game play needed. Should be able to participate in game-based play.

## Teen (Ages 13-15)

Ability to serve and rally preferred. Class will focus on fine tuning shots and skills to help develop an all-around game. Participant should be able to participate in game-based play with their peers.

## Adult Beginner (Ages 16+)

Emphasis is on introducing the serve, footwork, volleys, and ground strokes.

## Adult Intermediate (Ages 16+)

Prior tennis experience required. Players should expect consistency of ground strokes, serves, and volleys with more advanced techniques and strategies to incorporate into singles and doubles play.



USTA recommended racquet sizes based on age/skill level:

Tots - 5 year old - 23"

Pee Wee - 6-7 Year Old - 23-25"

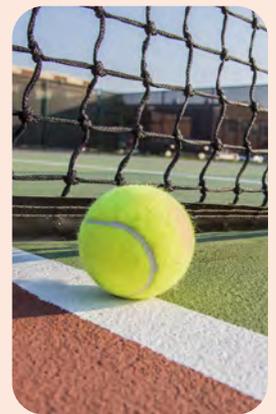
Youth - 8-9 Year Old - 25-26"

Youth 10-12 Year Old - 26-28"

Teen Adult - 28"

## SUMMER 2023 SCHEDULE

Class (Age)	Day	Dates	Time	Fee
Tot (5)	M/W	June 19 - July 24 (no class 7/3)	8:30 AM - 9:00 AM	\$55
	T/Th	June 20 - July 25 (no class 7/4)	5:00 PM - 5:30 PM	\$55
Pee Wee (6-7)	M/W	June 19 - July 24 (no class 7/3)	9:10 AM - 9:55 AM	\$60
	M/W	June 19 - July 24 (no class 7/3)	5:00 PM - 5:45 PM	\$60
	T/Th	June 20 - July 25 (no class 7/4)	8:30 AM - 9:15 AM	\$60
	T/Th	June 20 - July 25 (no class 7/4)	5:40 PM - 6:25 PM	\$60
Youth Beginner (8-9)	M/W	June 19 - July 24 (no class 7/3)	10:05 AM - 11:05 AM	\$60
	M/W	June 19 - July 24 (no class 7/3)	5:55 PM - 6:55 PM	\$60
	T/Th	June 20 - July 25 (no class 7/4)	9:25 AM - 10:25 AM	\$60
Youth Intermediate (8-9)	M/W	June 19 - July 24 (no class 7/3)	10:05 AM - 11:05 AM	\$60
	M/W	June 19 - July 24 (no class 7/3)	5:55 PM - 6:55 PM	\$60
	T/Th	June 20 - July 25 (no class 7/4)	9:25 AM - 10:25 AM	\$60
	T/Th	June 20 - July 25 (no class 7/4)	6:35 PM - 7:35 PM	\$60
Junior Beginner (10-12)	M/W	June 19 - July 24 (no class 7/3)	11:15 AM - 12:15 PM	\$60
	T/Th	June 20 - July 25 (no class 7/4)	6:35 PM - 7:35 PM	\$60
Junior Intermediate (10-12)	M/W	June 19 - July 24 (no class 7/3)	11:15 AM - 12:15 PM	\$60
	M/W	June 19 - July 24 (no class 7/3)	7:05 PM - 8:05 PM	\$60
	T/Th	June 20 - July 25 (no class 7/4)	10:35 AM - 11:35 AM	\$60
Teen (13-15)	M/W	June 19 - July 24 (no class 7/3)	7:05 PM - 8:05 PM	\$60
	T/Th	June 20 - July 25 (no class 7/4)	10:35 AM - 11:35 AM	\$60
Adult Beginner (16+)	T/Th	June 20 - July 25 (no class 7/4)	7:45 PM - 9:00 PM	\$70
Adult Intermediate (16+)	T/Th	June 20 - July 25 (no class 7/4)	7:45 PM - 9:00 PM	\$70



All City of Bloomington tennis courts are open for public play free-of-charge on a first-come, first-serve basis, outside of Bloomington Parks & Recreation or school lessons, events, or tournaments, which all have priority over open play. Courts are located at Bloomington High School (8 lighted), McGraw Park (4 lighted, 2 unlighted), Stevenson Park (3 lighted), and Rollingbrook Park (3 unlighted). We request no private lessons on public courts.

# T-Ball at McGraw Park

T-Ball is the perfect introduction to baseball and softball for young, budding ballplayers. Our instructional program helps children ages 4 through 6 develop the primary skills of hitting, running, fielding and throwing in a fun and active environment. Players begin to learn the basic rules of the game while also building self-esteem and learning sportsmanship and teamwork. Game day will be an opportunity to take what's learned and apply it in a "game-like" situation. Please bring a water bottle and glove to each class.

Choose from a Mon/Wed evening option or go for the Tue/Thu class. Sessions include group instruction and a t-shirt. Sign up for one or both sessions. Session 2 "Returning Player" classes are geared towards a continuation of session 1 skills. Those registering for these will be expected to have participated in Session 1 T-Ball classes or have previous experience or attendance in other t-ball programs.

**Session 1 Dates: June 5 - June 29**

**Session 2 Dates: July 10 - August 8**

\*Both sessions feature four weeks of classes, culminating in a game on the final night of the session.

**Fee:** \$40/session (includes t-shirt)



## 2023 T-Ball at McGraw Schedule

### Session 1

Class .....	Dates.....	Time.....	Class (Age).....	Cost
Mon/Wed - McGraw North Field.....	6/5 - 6/28.....	5:00 PM - 5:50 PM .....	4 yrs. ....	\$40
Mon/Wed - McGraw South Field.....	6/5 - 6/28.....	5:00 PM - 5:50 PM .....	4 yrs. ....	\$40
Mon/Wed - McGraw North Field.....	6/5 - 6/28.....	6:00 PM - 6:50 PM .....	5 - 6 yrs. ....	\$40
Mon/Wed - McGraw South Field.....	6/5 - 6/28.....	6:00 PM - 6:50 PM .....	5 - 6 yrs. ....	\$40
Mon/Wed - McGraw North Field.....	6/5 - 6/28.....	7:00 PM - 7:50 PM .....	5 - 6 yrs. ....	\$40
Mon/Wed - McGraw South Field.....	6/5 - 6/28.....	7:00 PM - 7:50 PM .....	5 - 6 yrs. ....	\$40
Tue/Thur - McGraw North Field .....	6/6 - 6/29.....	5:00 PM - 5:50 PM .....	5 - 6 yrs. ....	\$40
Tue/Thur - McGraw South Field .....	6/6 - 6/29.....	5:00 PM - 5:50 PM .....	5 - 6 yrs. ....	\$40
Tue/Thur - McGraw North Field .....	6/6 - 6/29.....	6:00 PM - 6:50 PM .....	4 yrs. ....	\$40
Tue/Thur - McGraw South Field .....	6/6 - 6/29.....	6:00 PM - 6:50 PM .....	4 yrs. ....	\$40
Tue/Thur - McGraw North Field .....	6/6 - 6/29.....	7:00 PM - 7:50 PM .....	5 - 6 yrs. ....	\$40
Tue/Thur - McGraw South Field .....	6/6 - 6/29.....	7:00 PM - 7:50 PM .....	5 - 6 yrs. ....	\$40

### Session 2

Class .....	Dates.....	Time.....	Class (Age).....	Cost
Mon/Wed - McGraw North Field.....	7/10 - 8/7.....	5:00 PM - 5:50 PM .....	4 yrs. (returning) .....	\$40
Mon/Wed - McGraw South Field.....	7/10 - 8/7.....	5:00 PM - 5:50 PM .....	4 yrs. ....	\$40
Mon/Wed - McGraw North Field.....	7/10 - 8/7.....	6:00 PM - 6:50 PM .....	5 - 6 yrs. (returning).....	\$40
Mon/Wed - McGraw South Field.....	7/10 - 8/7.....	6:00 PM - 6:50 PM .....	5 - 6 yrs. ....	\$40
Mon/Wed - McGraw North Field.....	7/10 - 8/7.....	7:00 PM - 7:50 PM .....	5 - 6 yrs. (returning).....	\$40
Mon/Wed - McGraw South Field.....	7/10 - 8/7.....	7:00 PM - 7:50 PM .....	5 - 6 yrs. ....	\$40
Tue/Thur - McGraw North Field .....	7/11 - 8/8.....	5:00 PM - 5:50 PM .....	5 - 6 yrs. (returning).....	\$40
Tue/Thur - McGraw South Field .....	7/11 - 8/8.....	5:00 PM - 5:50 PM .....	5 - 6 yrs. ....	\$40
Tue/Thur - McGraw North Field .....	7/11 - 8/8.....	6:00 PM - 6:50 PM .....	5 - 6 yrs. (returning).....	\$40
Tue/Thur - McGraw South Field .....	7/11 - 8/8.....	6:00 PM - 6:50 PM .....	4 yrs. (returning) .....	\$40
Tue/Thur - McGraw North Field .....	7/11 - 8/8.....	7:00 PM - 7:50 PM .....	5 - 6 yrs. ....	\$40
Tue/Thur - McGraw South Field .....	7/11 - 8/8.....	7:00 PM - 7:50 PM .....	4 yrs. ....	\$40

\*No class August 2 & August 3\*

# Carle

## Health & Fitness Center

Carle Health & Fitness Center is Bloomington-Normal's premier wellness destination. Their state-of-the-art facility offers a wide range of services and programs, including group fitness classes, personal training, health coaching, and more. Their team of experienced health professionals works closely with clients to help them achieve their goals, whether it's improving their overall fitness or managing a specific health condition.

\*All programs listed below will be led and instructed by Carle Health & Fitness Center professionals.

### Kickstart - Youth Fitness

Summer is finally here, let's play outside! Exercise-based games and activities geared towards 8-12-year-olds of all athletic abilities. Designed for kids to reach their recommended daily exercise minutes. Entry-level program focused on non-competitive gross motor play.

**Location:** McGraw Park – Fields on far east side (moved to TPC/track at Carle Health & Fitness Center during inclement weather)

#### Mon/Wed (Session 1)

June 5 - June 28 (4 weeks) • 10:00 AM - 11:00 AM • Fee: \$75

#### Tue/Thurs (Session 2)

June 6 - June 29 (4 weeks) • 10:00 AM - 11:00 AM • Fee: \$75

#### Mon/Wed (Session 3)

July 3 - July 26 (4 weeks) • 10:00 AM - 11:00 AM • Fee: \$75

\*All equipment provided by Carle Health & Fitness Center. Children bring their own water bottle and wear weather appropriate clothing and closed-toed shoes.

**Registration closes 1 week prior to the start of each session.**

### Stroller Strides (Mom & Baby)

Join other moms for a full-body workout led by a certified fitness instructor all while your child is in their stroller. Designed for moms with young children looking to increase physical activity in a social, welcoming environment.

**Location:** McGraw Park – Fields on far east side (moved to track at Carle Health & Fitness Center during inclement weather)

#### Tue/Thurs (Session 1)

June 6 – July 13 (6 weeks) • 8:00 AM - 9:00 AM • Fee: \$90

#### Tue/Thurs (Session 2)

July 18 – August 24 (6 weeks) • 8:00 AM - 9:00 AM • Fee: \$90

Please bring your own stroller, water bottle, closed-toed shoes, and weather appropriate workout attire. **Registration closes 1 week prior to the start of each session.**

## International

### Yoga Day Celebration

Come stretch your body and relax your mind to celebrate International Yoga Day with the team at Carle Health & Fitness Center. Open to advanced yogis and beginners alike. The yoga practice will be led by a certified instructor and begins promptly at 10am.

**Location:** Carle Health & Fitness Center's lawn (1111 Trinity Lane, Bloomington)

Wednesday, June 21st from 10:00 AM - 11:00 AM. • Fee: \$15

\*Water, coffee, and snacks will be provided. Yoga mats are first come first served so please bring your own if you have one.

### Tai Chi

Practicing self-care has never been easier. Tai Chi is a timeless ancient tradition of gentle physical exercise and stretching. This self-paced exercise routine involves a series of movements performed in a slow, focused manner accompanied by deep breathing. Each posture flows into the next without pause, ensuring that your body is in constant motion. Tai Chi helps to improve balance and lengthens and strengthens muscles. Learn the fundamentals of this ancient Chinese tradition with this weekly session.

**Location:** Carle Health & Fitness Center Mind/Body Studio (1111 Trinity Lane, Bloomington)

#### Tues (Session 1)

June 6 – June 27 (4 weeks) • 4:30 PM - 5:30 PM • Fee: \$65

#### Tues (Session 2)

July 11 – August 1 (4 weeks) • 4:30 PM - 5:30 PM • Fee: \$65

#### Tues (Session 3)

August 8 – August 29 (4 weeks) • 4:30 PM - 5:30 PM • Fee: \$65



#### TRAINING AND PERFORMANCE CENTER

With a mission to help athletes reach their full potential, the Training and Performance Center (TPC) offers a wide range of services, including strength and conditioning, speed and agility training, injury rehabilitation, and more. Their experienced, credentialed coaches and trainers use cutting-edge training methods and technology to help clients achieve their goals, whether it's improving athletic performance or reaching optimal health. TPC is dedicated to providing a supportive and inclusive environment where individuals can reach their full potential.

\*All programs listed below will be led and instructed by certified trainers and coaches from the Training and Performance Center.

## Friday Finisher

Friday finisher at Tipton! Head into the weekend with a one hour, coach-led outdoor workout full of sun, sweat and fun!

**Location:** Tipton Park South Parking Lot

### Fridays (Session 1)

June 2 – June 30 (5 weeks) • 6:30 AM • Fee: \$75

### Fridays (Session 2)

July 7 – July 28 (4 weeks) • 6:30 AM • Fee: \$60

### Fridays (Session 3)

August 4 – August 25 (4 weeks) • 6:30 AM • Fee: \$60

Ages 15+. Wear workout attire, gym shoes and bring a water bottle.

## Summer Speed School

Summer Speed School is in session. This is a great time of the year to work on the essentials of speed improvement. This 60-minute, coach-led session will work on skills, drills, form, technique, and mechanics to improve your athlete's speed.

**Location:** Training and Performance Center, TPC 1111 Trinity Lane, Bloomington, IL

Mon – Fri (Session 1) • June 19-23 • 11:00 AM • Fee: \$49

Mon – Fri (Session 2) • July 10-14 • 11:00 AM • Fee: \$49

Mon – Fri (Session 3) • July 17-21 • 11:00 AM • Fee: \$49

Mon – Fri (Session 4) • July 24-28 • 11:00 AM • Fee: \$49

Open to all athletes between the ages of 11-18. Speed is a skill that takes continuous development. Athletes can take multiple sessions for additional benefit.



## Olympic Weightlifting Clinic

Learn the Olympic lifts like the clean and jerk, snatch and all the auxiliary exercises from these movements to improve your power, speed, and explosiveness. Great for anyone interested in improving the exercises for crossfit, high school or college athletics or winning a gold medal in the Olympics!

**Location:** Training and Performance Center, TPC 1111 Trinity Lane, Bloomington, IL

Tue/Thu/Fri (Session 1) • June 20-23 • 12:00-1:00 PM • Fee: \$60

Tue/Thu/Fri (Session 2) • June 27-30 • 12:00-1:00 PM • Fee: \$60

Tue/Thu/Fri (Session 3) • July 11-14 • 12:00-1:00 PM • Fee: \$60

Tue/Thu/Fri (Session 4) • July 18-21 • 12:00-1:00 PM • Fee: \$60

Tue/Thu/Fri (Session 5) • July 25-28 • 12:00-1:00 PM • Fee: \$60

Open to ages 15+. Olympic movement is a skill that takes continuous development. Athletes can take multiple sessions for additional benefit.



## Adult Co-Ed Summer Soccer League

In collaboration with Midwest Sports Inc, this 11 v. 11 co-ed league will begin play in early June. Matches will be played on weeknight evenings throughout the summer.

*If you want to play but do not have a team, email nmckenry@cityblm.org to be added to the league's Free Agent list.*

Check out <https://www.bloomingtonparks.org/programs/adult> for more Adult Co-Ed Summer Soccer League information and details and to get signed up.

## Adult Co-Ed Volleyball Leagues

Get your team together for a fun volleyball experience! Opportunities are available for teams to enter in a Recreation, Intermediate, or Competitive League. Each league is self-officiated as teams are required to make their own calls. Start times could be scheduled anywhere between 6:00 PM - 9:00 PM. Team fee is due upon registration. The signed team roster is due on site at the first match. Teams must register online. Registration deadline is September 10.

If you do not have a team but would like to play, you can email nmckenry@cityblm.org and be added to the Free Agent list. More league specific information and rules can be found at [www.bloomingtonparks.org](http://www.bloomingtonparks.org).

Season is tentatively scheduled to run late September through mid-December. Team fee is \$159.

League	Night	Dates	Location	Team Fee
Competitive	Tues.	9/26 – 12/12	Pepper Ridge	\$150
Recreational	Thurs.	9/28 – 12/14	Pepper Ridge	\$150
Intermediate*	Thurs.**	9/28 – 12/14	Pepper Ridge	\$150

\*Intermediate League will require at least six teams to register. If there are less than six teams, each team will move to either the Competitive or Recreational League.

\*\*Schedule could feature some flexibility and allow for games to instead be played on Tuesday nights.

# Community Sports Organizations

The Bloomington Park & Recreation Department supports a number of community organizations dedicated to leisure time activities for local residents. To be part of this listing email Parks@CityBlm.org

## BASEBALL/SOFTBALL

**B-N Baseball Assoc.** - Youth Baseball for ages 7 - 19..... bnba.net  
**B-N Girls Softball** - Youth Softball for ages 7 - 19..... bngsa.org  
**McLean County PONY League** - Youth Baseball for ages 5 - 18 ..... mcponybaseball.com  
**Play9Sports** - High School age..... Play9Sports.com

## CRICKET

**Central Illinois Cricket Association** - Youth & Adult..... cicainfo.com

## DISC GOLF

**BN Disc Golf Club** - All ages ..... bndisc.com

## FISHING

**McLean County Sportmens Association** - All ages..... Find them on Facebook

## YOUTH FOOTBALL (FLAG & TACKLE) AND CHEER

**Bloomington Cardinals**..... bloomingtoncardinals.com  
**Bloomington Knockers**..... bloomingtonknockers.com  
**B-N Fighting Irish**..... bnfightingirish.com  
**Bloomington Wolves** ..... Find them on Facebook  
**Twin City Tigers**..... twincitytigersfootball.com  
**B-N Cougars**..... bncougarsfootball.com

## HOCKEY

**Bloomington Youth Hockey** - Travel Youth Hockey..... bloomingtonyouthhockey.com  
**Central Illinois Girls Hockey Association** - Girls Youth Hockey..... cigirlshockey.com  
**Central Illinois Sled Hockey Association** ..... cisledhockey.org

## LACROSSE

**B-N Warriors** - Ages 9-18 ..... bnwarriors.com

## PICKLEBALL

**Bloomington-Normal Pickleball**..... Find them on Facebook

## RUGBY

**Bloomington Crash** - Men's Rugby Club..... Find them on Facebook

## RUNNING

**Lake Run Club** - All ages..... lakerunclub.org

## SOCCER

**FC Central Illinois Soccer** - Youth Soccer ..... fccentralillinois.com  
**Inter South Soccer League** - U5-U8..... chicagointersouth.com  
**Prairie City Soccer League** - Youth Soccer for ages 5-15..... pcslsoccer.org  
**Midwest Sports Inc.** - Adult Soccer..... midwestsports@hotmail.com

## SWIMMING

**Central Illinois Masters Swim Team, Inc.** - Ages 18+..... cimst.org

## TENNIS

**B-N Tennis Association** - Youth & Adult Tennis..... Matt Runyan at Evergreen Racquet Club  
**Bloomington Tennis & Turf**..... blonotennisturf.com  
**Table Tennis** - ISU Wellness Table Tennis Club - Open to ages 18+ in the community..... (309) 838-7657

# SPECIAL INTEREST

Event



## Clay Pottery for Youth – May

Have you ever worked on the potter's wheel? Come out and use it to create bowls, vases, or other decorative pieces of wheel thrown pottery. All works will be fired in our kiln and returned for painting or glazing. Instructor: Bonnie Bernardi  
For ages: 7 - 12  
Mondays, May 1 - 15  
6:00 PM - 7:15 PM  
\$55

## Gift for Mom

Children of all ages will enjoy making their Mom a special gift and card. This will be a one of a kind gift for Mom!  
For ages: 4 - 11  
Monday, May 8  
5:15 PM - 6:30 PM  
\$19

## Gift for Dad

Children of all ages will enjoy making their Dad a special gift and card. This will be a one of a kind gift for Dad!  
For ages: 4 - 11  
Monday, June 12  
6:00 PM - 7:15 PM  
\$19

## Slime Camp

So many types of slime! We will make glitter slime, edible slime, fluffy slime & ocean slime just to name a few! Dress to get messy.  
For ages: 6 - 12  
Monday- Thursday: June 5 - 8  
9:15 AM - 10:30 AM or  
10:45 AM - 12:00 PM  
\$59



## Bakers Boot Camp

Learn the basics of baking your own cookies, cupcakes and more. Class will focus on following recipes, proper measuring, basic decorating techniques, and safety. Participants need to have hair tied back and wear closed toe shoes.  
For ages: 6 - 11  
Monday- Thursday: June 5 - 8: 1:15 PM - 2:30 PM or  
July 31 - Aug. 3: 11:45 AM - 1:00 PM  
\$59

## Restaurant Week

We will plan our restaurant theme, menu, and learn to prepare a meal with 3 recipes. On the last day each participant will be able to make a to-go meal to share with a family member at home. Participants need to have hair tied back and wear closed toe shoes.  
For ages: 6 - 11  
Mon. - Thurs. June 5 - 8: 3:00 PM - 5:00 PM or  
July 31 - Aug. 3: 9:00 AM - 11:00 AM  
\$79

The programs on this page will be held at Lincoln Leisure Center.



## Summer & Ocean Crafts

Summer is here! Children and their favorite adult will enjoy by making some bright fun summer and ocean theme crafts to put on display at home. We will use a variety of materials and may get messy.

For ages 3 - 5 with an adult

Mondays, June 12 - 26 • 9:15 AM - 10:00 AM

Lincoln Leisure Center

\$29



## Let's Make Brunch

Make a magnificent mid-morning meal that is sure to fuel the rest of your day. We will try sheet pan pancakes, egg sandwiches and more. Make sure to have hair tied back and wear closed toed shoes.

For ages: 7 - 12

Mondays, June 12 - 26

10:30 AM - 12:00 PM

Miller Park Pavilion - Adult Center

\$59

## Ice Cream Crafts

Summer is here! We will make some delicious looking ice cream crafts and enjoy a cool treat each day! We will use a variety of materials and may get messy.

For ages: 5 - 10

Mondays, June 12 - 26

1:30 PM - 2:30 PM

Lincoln Leisure Center

\$39

## Kitchen Concoctions

Mix, measure and stir your way to a delicious treat. Recipes will include things you can re-create at home to impress your friends and family. Following directions and kitchen safety will be emphasized. Participants need to wear close toed shoes and have hair tied back.

For ages: 6 - 11

Mondays June 12 - 26 or Mondays July 10 - 24

3:00 PM - 4:15 PM

Lincoln Leisure Center

\$49

## A Flair for the Dramatic

Students will learn basic stage directions and the names and descriptions of all the parts of a theatre and tools used in a play. They will learn basic acting techniques including diction, physical character interpretation, and intention. They will put all these learned techniques to action by writing and performing a play as a group.

For ages: 7 - 12

Tuesday/Thursdays: June 13 - June 29

1:30 PM - 2:45 PM

Lincoln Leisure Center

\$69

## Making Grand(s) Memories

Grandparents and grandchildren will enjoy a special time together and create lasting memories. Each week we will make a craft and snack and hear a story, play a game or sing some songs.

For ages: 3 - 5

Tuesdays, June 13 - 27

3:00 PM - 4:00 PM

Miller Park Pavilion - Adult Center

\$39

## Games Galore

Let's play games. We will and play indoor game, outdoor games and different versions of games you may have played!

For ages: 6 - 12

Tuesdays, June 13 - 27

4:15 PM - 5:15 PM

Miller Park Pavilion - Adult Center

\$39



## Cool Concoctions

Kids will have tons of squishing, sculpting, and painting fun with the concoctions they create! We will make puffy paint, playdough, fruity watercolors, and more.

For ages: 6 - 11

Wednesdays, June 14-28

Lincoln Leisure Center

10:00 AM - 11:00 AM

\$39

## Space Science & Crafts

Learn about constellations, planets, rockets, astronauts, moon craters, shooting stars and more. This class is sure to be out of this world!

For ages: 6 - 11

Wednesdays, June 14 - 28

11:15 AM - 12:15 PM

Lincoln Leisure Center

\$39



## Dino Days

Calling all dinosaur fans! Let's investigate these pre-historic creatures and see what we can learn. We will do a variety of crafts activities and more.

For ages 4 - 8  
 Wednesdays: July 12 - 26  
 10:00 AM - 11:00 AM  
 \$39



## Will it Taco?

Will it taco? Let's be creative and see what different kinds of tacos we can create!

For ages: 6 - 12  
 Wednesdays July 12 - 26  
 11:15 AM - 12:15 PM  
 Lincoln Leisure Center  
 \$39

## Snack Around the World

Children will create and sample a snack each week, and learn about the region the recipe is from. Recipes will be creative and fun, and your child will learn to follow basic directions and simple food preparation.

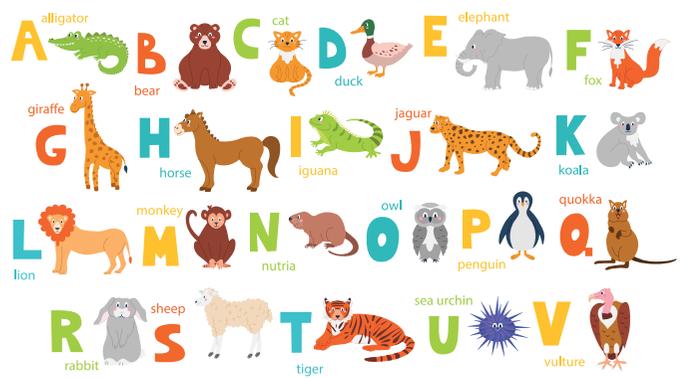
For ages: 5 - 10  
 Wednesdays July 12 - 26  
 1:30 PM - 2:45 PM  
 \$49



## Folded Wraps

Let's try our hand at this fun way to make dinner. There are endless combinations and a few ways to cook them! We will make breakfast wraps the first week. Come with ideas of what YOU want to do the other weeks.

For ages: 8 - 15  
 Wednesday July 12 - 26  
 5:00 PM - 6:15 PM  
 \$49



## Animal Alphabet

Children will have fun practicing the alphabet. All activities will focus on the letters and animals for the week and will involve a variety of activities.

For ages: 4 - 7  
 Thursdays July 13 - 27  
 3:00 PM - 4:00 PM  
 \$39



## Messology

Ignite wonder, creativity, and curiosity at our creation stations. Kids should be ready to roll up their sleeves and get messy with bubbles, splatter painting and a whole lot more!

For ages: 6 - 11  
 Thursdays July 13 - 27  
 4:15 PM - 5:15 PM  
 \$39



## Tiny Melodies

Tiny Melodies provides children and their caregivers the opportunity to explore and appreciate music in a fun and exciting way! Through singing, dancing and playing instruments, participants will learn basic musical and developmental concepts all while having fun and socializing with peers and caregivers. The classes are designed for children ages 0 - 4. Caregivers are not only encouraged to attend, but to participate in the music making process. One adult per child, no un-registered siblings please. Instructor: Developing Melodies

For ages: 0 - 4  
 Tuesdays, June 6 - July 18 (no class on 7/4)  
 9:00 - 9:45 AM or 4:15 PM - 5:00 PM  
 \$60 • \$55 for 2nd child from same family

The programs on this page will be held at Lincoln Leisure Center.

# ART CLASSES

## Summer Art – Session 1

Classes are held at Lincoln Leisure Center

### Messy Fingers -June

Little fingers will get messy creating colorful masterpieces and exploring their creativity. Adults will assist their little ones in the art making process. Dress to get messy.

For ages: 3 - 5 with adult  
Tuesdays, May 30 - June 20  
9:00 AM - 9:45 AM  
\$35

### Spectacular Crafts

This is the ultimate craft class! Students will make at least one project each week using every material imaginable! Projects will differ for each age group and may include jewelry, painting, small sculptures, decorative wall hangings, weaving or small gifts.

For ages: 5 - 10  
Tuesdays, May 30 - June 20  
10:00 AM - 11:00 AM  
\$45



### Creativity Boot Camp

Don't know where to start on your art journey? This class will explore different materials and techniques to expand your creativity. We will experiment with lots of materials while completing small creative challenges.

For ages: 6 - 9 - 11:15 AM - 12:15 PM  
Tuesdays, May 30 - June 20  
For ages: 10 - 15 - 2:45 PM - 3:45 PM  
Wednesdays, May 31 - June 21  
\$45

### Sketching Basics

Get started on your drawing adventure! We will learn the about lots of different drawing tools and how to use them. At the end of the class, you will have a sketchbook and the skills to continue exploring the fun of drawing.

For ages: 10 - 15  
Tuesdays, May 30 - June 20  
1:30 PM - 2:30 PM  
\$45



### Watercolor Painting

Learn how to use watercolor to make realistic and abstract paintings. We will start with lots of experimenting and at the end of 4 sessions you will have 2 finished paintings.

For ages: 10 - 15  
Tuesdays, May 30 - June 20  
2:45 PM - 3:45 PM  
\$45

### Canvas Painting

Follow along and make a wall ready painting each class! the class will vote on the weekly themes.

For ages: 10 - 15  
Tuesdays, May 30 - June 20  
4:00 PM - 5:00 PM  
\$45

### Story & Craft Time

We will read a book and then make a fun craft each week in this class for little artist's and their adult.

For ages: 3 - 5 with adult  
Wednesdays, May 31 - June 21  
9:00 AM - 9:45 AM  
\$35

## Painting & Drawing

Do you like to draw and paint? This is the class for you! each week we will create an artwork while getting better at both drawing and painting. We will have fun making animals, landscapes and some fun abstract artworks.

For ages: 6 - 9

Wednesdays, May 31 – June 21

10:00 AM – 11:00 AM

\$45

## Glitter, Glow & Shine

If you love exploring new art materials, this is your class! We will experiment with black light paint, glitter glue, and liquid watercolors. Dress to get messy!

For ages: 6 - 9

Wednesdays, May 31 - June 21

11:15 AM - 12:15 PM

\$45



## Sketchbook Making

Learn to make your own custom sketchbook. We will investigate the history of bookmaking and look at examples of artist books, Students will make different types of books each week and we build our skills.

For ages: 10 - 15

Wednesdays, May 31 - June 21

1:30 PM – 2:30 PM

\$45

## Fiber Arts

Learn the basics of wool felting, weaving, making pom poms and more. Basic sewing skills will be taught.

For ages: 10 - 15

Wednesdays, May 31- June 21

4:00 PM – 5:00 PM

\$45

## Mini Clay Masters - June

Little people bring your adults and help them make some fun and useful ceramic projects. you will make a bowl with your knee, a wall hanging and some fun creatures. Have fun together as you learn about this fun material!

For ages: 3 - 5 with adult

Thursdays, June 1 - 22

9:00 AM – 9:45 AM

\$35

## Neon Art - June

The brighter the better in this fun class! We will use neon colors, blacklights, glow in the dark paints and more to create one of a kind works of art. Children will work with a variety of mediums.

For ages: 6 - 9

Thursdays, June 1 - 22

10:00 AM – 11:00 AM

\$45

## Clay Techniques - June

Let's get our hands dirty! Learn how to make so many different objects in clay. The class will cater to the interests of the participants while focusing on proper building techniques.

Each student will make several items. Participants will take home ALL projects the final week of class.

For ages: 6-9

Thursdays, June 1 - 25

11:15 AM – 12:15 PM

\$50

## Clay Sculptures - June

This ceramic class will focus on using sculpture methods to create artistic objects for display. Students will decide what they want to make the first week. Options may include a bust, animals, decorative wall hangings or anything else the student can dream up!

For ages: 10 - 15

Thursdays, June 1 - 25

1:30 PM – 2:30 PM

\$50

## Clay: Cups & Bowls - June

Functional objects are the focus of this ceramic clay session! we will make a cup and a bowl using hand building methods. Items will be glazed with food safe glaze and can be used after class.

For ages: 10 - 15

Thursdays, June 1 - 25

2:45 PM – 3:45 PM

\$50

## Clay Your Way - June

We have the clay and the knowledge, you bring the ideas! Maybe you have seen something really cool online you want to do... this is your chance! if you don't know what you want to do we will show your LOTS of ideas to spark your creativity.

For ages: 10 - 15

Thursdays, June 1 - 25

4:00 PM – 5:00 PM

\$50



# Summer Art – Session 2

Classes are held at Lincoln Leisure Center

## Messy Fingers

Little fingers will get messy creating colorful masterpieces and exploring their creativity. Adults will assist their little ones in the art making process. Dress to get messy.

For ages: 3 - 5 with adult  
Tuesdays, July 11 - August 1  
9:00 AM - 9:45 AM  
\$35



## Paper Mache Creations

In this class we'll be exploring some of the most basic materials and techniques used to create different types of paper mâché projects. You will be amazed at what you can create with just a few simple materials. Each student will get to decide what they would like to make!

For ages: 6 - 9  
Tuesdays, July 11 - August 1  
10:00 AM - 11:00 AM  
\$45

## Printmaking

Learn how to be a printer! Use printmaking to make multiple copies of your artwork to share with friends and family. We will use gelid plates, Styrofoam and stamps!

For ages: 6 - 9  
Tuesdays, July 11 - August 1  
11:15 AM - 12:15 PM  
\$45



## Hand Sewn Monsters

Make your own monster! Basic sewing and other techniques will be taught and participants will be allowed to be as creative as they can to make their own monster.

For ages: 10 - 15  
Tuesdays, July 11 - August 1  
1:30 PM - 2:30 PM  
\$45

## Needle Felting

Needle felting is the process of creating sculptures from wool fibers. Participants will learn basics techniques to create projects using both needle and wet felting techniques.

For ages: 10 - 15  
Tuesdays, July 11 - August 1  
2:45 PM - 3:45 PM  
\$45

## Let's Paint

Watercolor, tempera, acrylic, oh my! we will experiment with lots of different painting mediums and create some fantastic artworks.

For ages: 10 - 15  
Tuesdays, July 11 - August 1  
4:00 PM - 5:00 PM  
\$45

## Mini Clay Masters - July

Little people bring your adults and help them make some fun and useful ceramic projects. you will make a bowl with your knee, a wall hanging and some fun creatures. Have fun together as you learn about this fun material!

Ages: 3 - 5 with adult  
Wednesdays, July 12 - August 2  
9:00 AM - 9:45 AM  
\$35

## Neon Art - July

If you love exploring new art materials, this is your class! We will experiment with black light paint, glitter glue, and liquid watercolors. Dress to get messy!

For ages: 6 - 9  
Wednesdays, July 12 - August 2  
10:00 AM - 11:00 AM  
\$45



## Clay Techniques - July

Let's get our hands dirty! Learn how to make so many different objects in clay. The class will cater to the interests of the participants while focusing on proper building techniques. Each student will make several items. Participants will take home ALL projects the final week of class.

For ages: 6 - 9  
Wednesdays, July 12 - August 2  
11:15 AM - 12:15 PM  
\$50

## Clay Sculptures - July

This ceramic class will focus on using sculpture methods to create artistic objects for display. Students will decide what they want to make the first week. Options may include a bust, animals, decorative wall hangings or anything else the student can dream up!

For ages: 10 - 15

Wednesdays, July 12 - August 2

1:30 PM - 2:30 PM

\$50

## Clay Cups & Bowls - July

Functional objects are the focus of this ceramic clay session! we will make a cup and a bowl using hand building methods. Items will be glazed with food safe glaze and can be used after class.

For ages: 10 - 15

Wednesdays, July 12 - August 2

2:45 PM - 3:45 PM

\$50

## Clay Your Way - July

We have the clay and the knowledge, you bring the ideas! Maybe you have seen something really cool online you want to do... this is your chance! if you don't know what you want to do we will show your LOTS of ideas to spark your creativity.

For ages: 10 - 15

Wednesdays, July 12 - August 2

4:00 PM - 5:00 PM

\$50

## Story & Craft Time - July

We will read a book and then make a fun craft each week in this class for little artist and their adult.

For ages: 3 - 5 with adult

Thursdays, July 13 - August 3

9:00 AM - 9:45 AM

\$35



## Paint Fun

Sticks, rollers, sponges, string and maybe a few recycled items will all be used to make paintings in fun and non-traditional ways. Each week we will use a different "brush" and see what kind of marks it will make. You will have a mini gallery of abstract artwork at the end of this class. Dress for a mess!

For ages: 6 - 9

Thursdays, July 13 - August 3

10:00 AM - 11:00 AM

\$45

## Photo Fun

Learn the basics of making a good picture. Bring your own device (phone, iPad, digital camera) and we will complete weekly challenges and experiments. At the end of class, you will have lots of digital images to share with family and friends.

For ages: 6 - 9

Thursdays, July 13 - Aug. 3

11:15 AM - 12:15 PM

\$45



## Paper Mache Creations

In this class we'll be exploring some of the most basic materials and techniques used to create different types of paper mache projects. You will be amazed at what you can create with just a few simple materials. Each student will get to decide what they would like to make!

For ages: 10 - 15

Thursdays, July 13 - August 3

1:30 PM - 2:30 PM

\$45

## Realistic Drawing

Do you want to sharpen your drawing skills? Review the basics of classic pencil drawing including sketching, shadows, line weight and fine details while using still life models and photographs.

For ages: 10 - 15

Thursdays, July 13 - August 3

2:45 PM - 3:45 PM

\$45



## Photo Fun (Ages 10-15)

Learn the basics of making a good picture. Bring your own device (phone, iPad, digital camera) and we will complete weekly challenges and experiments. At the end of class, you will have lots of digital images to share with family and friends.

For ages: 10 - 15

Thursdays, July 13 - August 3

4:00 PM - 5:00 PM

\$45

# OLDER ADULTS (55+)



## Miller Park Adult Center

The purpose of the Miller Park Adult Center is to serve the needs and interests of mature adults in McLean County. Located in Miller Park in the lower level of Miller Park Pavilion, the Center is an accessible facility featuring billiards, game tables, library, areas for socializing, T.V., computer area, and cards. Donuts (Wednesdays and Fridays) and Hot Coffee are also available.

We welcome and encourage all older adults to participate in the many programs and services mentioned online and in our brochure. Drop by the Center to meet with new and old friends and enjoy the pleasant surroundings! The Miller Park Adult Center offers a wide variety of activities and recreational opportunities. While everything at the Miller Park Adult Center is free there are some programming that will require preregistration and a fee. Be sure to stop in and check what is going on for the week. You can also view our monthly activity calendar online now.

The Miller Park Adult Center provides senior services, information, and opportunities for the older adult. For more information or to get involved call the Center at (309) 434-2255 during open hours or call our main office Monday through Friday at (309) 434-2260.

### Miller Park Adult Center – Hours of Operation

For Adults 55 & Over (must be able to function independently)  
Miller Park Pavilion, Lower Level

Monday: Closed

Tuesday: 9:00 AM – 12:00 PM

Wednesday - Friday: 9:00 AM – 2:30 PM

Please note the Miller Park Adult Center will be closed on recognized City of Bloomington Holidays.

The Center could also close due to weather, close early due to low attendance, or for unseen events.

Miller Park Adult Center will be closed on the following days:  
Monday, May 29, Tuesday, July 4, and Monday, September 4

### Happenings at the Miller Park Adult Center

Learn a new game or meet a new friendly face. Come spend some time working on puzzle(s), picking up a book, or joining a game in process. Learn something new or teach someone else how to play. Socialization and working minds are very important skills to constantly keep you going. Check out these things you can do while visiting the Miller Park Adult Center.

### Tech Assistance

Staff at the Adult Center will be available daily during open hours to answer questions and assist with your cell phone, laptop, tablet, Kindle, or any other electronic device. Bring it along with, hook it up to our internet and ask anything you need answered. We will do our best to assist or advise you of some options.

### Lending Library

Books are available for check out. Current and classics are available in our Lending Library which changes every other month and are provided by the Bloomington Public Library. Feel free to also browse our own book selection of donated books to check out.



# Things going on at the Miller Park Adult Center

## Blood Pressure & Blood Oxygen Screening

Stay in good health and get your blood pressure or blood oxygen checked for free. No appointment required. Just ask the Adult Center staff to assist you. A blood pressure cuff and oximeter are kept at the Center.



## Billiards

The pool tables have had a facelift! Bring your cue sticks and a friend to play a friendly game of pool.

## Shuffleboard

Come out and enjoy the weather! Dust off the pucks and brush off the courts – you are ready to play! You don't have to know how to play – we will teach you. Bring a friend, get some coffee, and have some fun in the mornings.



## Digital Couponing

With everything going digital, come out to the center to receive assistance on how to download coupons online. The Center Supervisor will be able to assist you with the secrets of digital couponing.

Tuesdays & Thursdays: 10:00 AM



## Strong for Life Exercise

Start your day off on the right foot. Come out to the park and get your exercise in for the day. We will do some low impact stretches and gentle movements to keep your body moving. You will move at your own comfortable pace. This is to keep the body moving and limber.

Tuesdays & Fridays: 9:15 AM – 10:00 AM

## Card Groups at the Center

Everyone is welcome! Weekly games give older adults an opportunity to meet new friends, socialize, and brush up on skills.

Five Crown – Every Friday

Dominoes – Every Tuesday

Hand & Foot – Every Wednesday and Friday

Bridge, Bunco, and Euchre welcome any day

Bring a new game group to the Center!



## Coffee Chat

Come on out to the center to enjoy some hot coffee, socialization, and great friendships. Discuss the topics of the day or whatever is on your mind.

Thursdays: 9:00 AM



## Grocery Day

Now introducing Grocery Day! We can all be under tough times, but we are here to support you. Come out to the Adult Center to pick up perishable items that you need that are provided by Midwest Food Bank. No registration needed.

Occurs on either the 2nd or 3rd Thursday of Each Month.

**Day..... Date..... Time**

Th ..... May 11..... 9:15 AM

Th ..... June 15 ..... 9:15 AM

Th ..... July 20 ..... 9:15 AM

Th ..... August 17 ..... 9:15 AM

## Grocery Bingo

**NOW ON A NEW DAY!**

Everyone loves to play grocery bingo. Play your cards to try and win fresh produce, canned goods, or other prizes.

Have some fun, make some friends and everyone goes home a winner. Some Bingos are sponsored by Evergreen Senior Community. **Participants must register online to save their seat.**

**Day.... Date..... Time ..... Fee**

Th ..... May 18 ..... 1:00 PM - 2:00 PM ..... \$4

Th ..... June 15 ..... 1:00 PM - 2:00 PM ..... \$4

Th ..... July 20 ..... 1:00 PM - 2:00 PM ..... \$4

Th ..... August 17 ..... 1:00 PM - 2:00 PM ..... \$4

# Things going on at the Miller Park Adult Center



## Feeling Puzzled?

Come out and put together some puzzles or work on existing ones with Center Supervisor. Puzzles are relaxing to work on and good for maintaining cognitive sharpness to keep it working on various skills.

Thursdays: 12:30 PM

## Movie Matinees

Come out the Pavilion and let's relax with an excellent movie selection. We will be watching movies that range from the classics to new releases. Enjoy some popcorn and beverages. You do not need to go to the theater alone or travel late at night. See the monthly calendar for titles of movies.

1st & 3rd Friday of Each Month: 11:45 AM

## Want to Start your own Group?

Come out any day and play any kind of cards or even start a new group! To become involved with any group or to start something new, speak with the Center Supervisor or contact the Adult Center at (309) 434-2255.

## Special Interest Programs

### Outdoor BINGO

There's nothing more perfect than being outdoors and playing BINGO. We will get outdoors this summer to enjoy the weather while playing our favorite game. Snacks will be provided.

**Fee:** \$15

Day...	Date.....	Time .....	Location
M.....	May 22 ...	10:00 AM - 12:00 PM	Holiday Park
Th.....	June 1 .....	10:00 AM - 12:00 PM	Tipton Park, South
Tu.....	July 18 ....	10:00 AM - 12:00 PM	White Oak Park
W.....	Aug. 9 .....	10:00 AM - 12:00 PM	Forrest Park
F.....	Sept. 1.....	10:00 AM - 12:00 PM	Rollingbrook Park

### Lunchtime Tunes

Come out to the park and enjoy music provided by the Jim & Tommy. We will enjoy some yummy food before the concert. Bring a lawn chair for the concert.

**Location:** Withers Park

Day.....	Date .....	Time .....	Fee
W.....	June 14th.....	11:00 AM - 1:00 PM	.....\$9

### Fun Time, Summertime

Now that summer is here it's time to get out and about. We will celebrate our friendships and good health, starting off our morning on the right foot. We will enjoy breakfast, walking some of the trail, and catch up with good stories. Come out and celebrate the Frist Day of Summer!

**Location:** McGraw Park

Day.....	Date .....	Time .....	Fee
W.....	June 21st .....	8:00 AM - 10:00 AM	.....\$15



### Outdoor Cooking

Make your own lunch over the open fire. Learn how to make an easy healthy meal. Even if you don't use the grill, spend the day with us and learn something new and fun.

**Fee:** \$9

Day...	Date.....	Time .....	Location
Tu.....	June 27 ....	10:30 AM - Noon	Miller Park Adult Center
Tu.....	July 25 .....	10:30 AM - Noon	Miller Park Adult Center
Tu.....	Aug. 29.....	10:30 AM - Noon	Miller Park Adult Center

### Games People Play

Let's celebrate National Park & Recreation month with friends as we play some different games, try to win some prizes, and enjoy a cookout on the patio! Extra activities will keep your brains working overtime today!

**Location:** Miller Park Adult Center

Day.....	Date .....	Time .....	Fee
F.....	July 14th.....	2:00 PM - 4:00 PM	.....\$15

# Older Adult Special Interest Programs Ages 55+



## "We All Scream for Ice Cream!"

Let's finish our National Ice Cream Month celebration! Today is a fun day of games and activities, all centered around the infamous love of ice cream. Snacks and Ice Cream provided!

**Location:** Miller Park Adult Center

**Day.....Date.....Time.....Fee**  
 M.....July 31st..... 12:00 PM - 2:00 PM.....\$15

## The Heat is On!

Come out to the park where it is cool inside. Enjoy a 'cool' lunch and participate in some fun activities. Test your ability to keep your 'cool' while under pressure of the competition of various games.

**Location:** Miller Park Adult Center

**Day.....Date.....Time.....Fee**  
 M.....August 14th..... 1:00 PM - 3:00 PM.....\$15



## Birds and Bingo

Come out early to try to find various birds in their habitat. Then play a couple rounds of BINGO. Enjoy some brunch while we play BINGO and watch for birds.

**Location:** Ewing Park II

**Day..... Date.....Time.....Fee**  
 F..... September 15th.....9:00 AM - 11:00 AM.....\$15



## Making Grand(s) Memories

Grandparents and grandchildren will enjoy a special time together and create lasting memories. Each week we will make a craft and snack and hear a story, play a game or sing some songs.

**Location:** Miller Park Adult Center  
 Ages: 3 - 5 w/Grandparent

**Day.....Date.....Time.....Fee**  
 Tu.....June 13 - 27.....3-4.....\$39  
 \*register grandchild only



## Miller Park Zoo Active Senior Tours

Take your morning stroll at the Zoo! We'll visit a different area of the Zoo each month & learn about the animals who live there. You'll be guided by a knowledgeable staff member who will give you amazing information...and maybe even a peek behind the scenes! No reservations are required. Your tour guide will meet you at the Zoo entrance. Tours will begin promptly at 8:30 AM.

Second Wednesday of the month at Miller Park Zoo from 8:30 AM - 9:30 AM. Fee: \$5 per person, Ages 60+

# Older Adult Trips Ages 55+

**\*All trips leave from and return to Lincoln Leisure Center – 1206 S. Lee St. at the time listed. The return time to Lincoln Leisure Center is approximate. We will do our best to return by the listed time. \*All attendees must be able to function independently.**  
**\*Refunds will not be given on cancellations made less than five days before the scheduled trip unless the spot can be filled.**  
**\*For trips which require advanced reservations for the purchase of tickets, refunds will not be given to cancellations made after the specific trip's registration deadline unless the spot can be filled.**

## Progressive Parks

We are going to have a 'progressive lunch' while visiting various parks that you may not visit on a regular basis or even knew we had in town. Come along while Neal navigates us through town and Nicole serves up the dishes. It's National Senior Health and Fitness Day, we will have a grand time discovering new parks with good food. Dress according to the weather and wear comfortable shoes.

**Day.....Date .....Time .....Fee**  
**W.....May 31st ..... 10:00 AM - 4:00 PM.....\$15**



## Let's Hit the Road – Breakfast Edition

Take a little road trip and enjoy a nice breakfast with the company of others out of town. Destination will be a surprise. Expect to have a good time as our trip may also include a stop or two along the way. **Program fee does not include the meal or gratuity.**

**Fee:** \$15 per trip  
**Maximum:** 24

August 2 ..... 8:15 AM – 12:00 PM  
 September 6 ..... 8:15 AM – 12:00 PM

## Let's Hit the Road – Lunch Edition

Enjoy a social lunch one Wednesday a month with others a restaurant out of town. Even though the destination (up to one hour away) is a surprise, there will be good company, delicious food, and fun! There is usually a little walking around and shopping or sightseeing involved along the way as well. **Program fee does not include the meal or gratuity.**

**Fee:** \$15 per trip  
**Maximum:** 24

June 21 ..... 10:15 AM - 4:00 PM  
 July 19 ..... 10:15 AM - 4:00 PM  
 August 16 ..... 10:15 AM - 4:00 PM



## Summer Supper Club

Join us for an evening of good food and fun as we take advantage of the extended summer daylight hours and get out of town for a tasty supper! Each evening will feature roughly an hour bus ride to our restaurant destination. While where we will be dining will remain a surprise, each Summer Supper Club evening will feature its own restaurant theme (see below). **Program fee does not include the meal or gratuity.**

**Fee:** \$15 per trip  
**Maximum:** 24

July 6 ..... Italian Night  
 Depart: 4:15 PM - Estimated Return: 7:45 PM  
 Aug. 10 ..... Seafood Night  
 Depart: 4:00 PM - Estimated Return: 7:45 PM  
 Sept. 7 ..... Steakhouse Night  
 Depart: 3:45 PM - Estimated Return: 7:45 PM



## Fresh Air Friday

Get out of town and enjoy some quality fresh air and great scenery, all while experiencing the calmness and tranquility of our natural environment. Wear comfortable shoes and dress accordingly as we will be walking around outside. We'll enjoy a picnic with a provided lunch and snacks.

**Fee:** \$18 per trip  
**Maximum:** 24

June 30 ..... 9:30 AM – 3:00 PM  
 Japan House Gardens (Urbana)  
 September 22 ..... 9:30 AM – 3:00 PM  
 Lake of the Woods (Mahomet)

# Older Adult Trips Ages 55+

\*All trips leave from and return to Lincoln Leisure Center – 1206 S. Lee St. at the time listed. The return time to Lincoln Leisure Center is approximate. We will do our best to return by the listed time. \*All attendees must be able to function independently.

\*Refunds will not be given on cancellations made less than five days before the scheduled trip unless the spot can be filled.

\*For trips which require advanced reservations for the purchase of tickets, refunds will not be given to cancellations made after the specific trip's registration deadline unless the spot can be filled.



## Starved Rock Lodge Nashville Connection

Lunch and a show! Country music at its finest! Enjoy the performance of a duo straight from the country capital of the world. They are sure to provide a high energy show filled with classic country roots. Hear many hits from some of the best country legends. Expect an afternoon of good, old-fashioned, Nashville fun! And as always, the renowned Starved Rock Lodge hot lunch buffet is included.

Location: Starved Rock Lodge – Utica, IL

Wednesday, September 20

Depart: 10:00 AM - Return: 4:15 PM

**Fee:** \$79

**Maximum:** 24

## Where's the Scoop?

July is National Ice Cream Month, so give in to that wonderful craving in a major way! Hop on board the bus as we drive all over, checking out various locally owned (for the most part) ice cream shops throughout Central Illinois. You will need your own money for ice cream and any other purchases/meals. *Please note, the route will be different from the 2022 trip.*

Thurs., July 27.....10:30 AM – 5:00 PM

**Fee:** \$15

**Maximum:** 24

## Starved Rock Lodge Motown Review

Lunch and a show! Enjoy the distinct and soulful rhythm and blues sounds that will surely get those toes tapping! Familiar songs from Al Green, Marvin Gaye, Wilson Pickett, The Temptations, and Stevie Wonder are just some of the old school classics you'll see performed. And as always, the renowned Starved Rock Lodge hot lunch buffet is included.

Location: Starved Rock Lodge – Utica, IL

Tuesday, June 27

Depart: 10:00 AM - Return: 4:15 PM

**Fee:** \$69

**Maximum:** 24



## Beef House Dinner Theater Escape to Margaritaville

We're going to a Margaritaville matinee! Kick off your flip flops and set your clock to island time in this tropical paradise where love and laughter are the keys to "growing older but not growing up". This heartwarming musical features many of your most-loved original Jimmy Buffett classics. Includes buffet lunch, salad, rolls, non-alcoholic beverage, and dessert.

Location: Beef House Restaurant & Dinner Theater – Covington, IN

Wednesday, July 12

Depart: 10:15 AM - Return: 5:00 PM

**Fee:** \$79

**Maximum:** 24

# Older Adult Trips Ages 55+

**\*All trips leave from and return to Lincoln Leisure Center – 1206 S. Lee St. at the time listed. The return time to Lincoln Leisure Center is approximate. We will do our best to return by the listed time. \*All attendees must be able to function independently.**

**\*Refunds will not be given on cancellations made less than five days before the scheduled trip unless the spot can be filled.**

**\*For trips which require advanced reservations for the purchase of tickets, refunds will not be given to cancellations made after the specific trip's registration deadline unless the spot can be filled.**

## Little Theater on the Square Church Basement Ladies 2: A Second Helping

We are looking forward to once again taking a trip to Sullivan and experiencing a wonderful show at The Little Theater on the Square. The Church Basement Ladies are back! This Second Helping production will once again feature the Church Basement Ladies' heartwarming humor and down to earth charm. We will also enjoy lunch in Sullivan prior to the show (*cost of lunch is not included*).

Location: Little Theater on the Square – Sullivan, IL

Thursday, August 17

Depart: 10:30 AM - Return: 6:00 PM

**Fee: \$57**

**Maximum: 24**



## A Spring Day at Hornbaker Gardens

Come along as we visit Hornbaker Gardens. Located in a beautiful country setting, we will leave you to tour the garden center, botanical gardens, and the arboretum. Attracting everyone from the casual visitor to the plant enthusiast, their vast collection of hostas, daylilies, grasses, trees and shrubs, and many other annuals and perennials, brings visitors in from near and far. Our trip will include a stop for lunch on the way.

Location: Hornbaker Gardens – Princeton, IL

Wednesday, May 24

Depart: 10:00 AM - Return: 4:30 PM

**Fee: \$15 (does not include lunch or any nursery purchases)**

**Maximum: 24**

## Amish Country

We're heading to Arthur to experience some Amish living. We will tour various Amish businesses and homes in and around Arthur throughout the day. The highlight of the trip is sure to be lunch, where we will have the privilege of enjoying a traditional Amish meal inside an Amish home.

Location: Arthur, IL

Wednesday, June 7

Depart: 8:30 AM - Return: 4:45 PM

**Fee: \$50**

**Maximum: 24**



## Go Go Bingo

Hop on board for Go Go Bingo! It's Bingo on the go! Join us as we play Bingo while riding around Bloomington-Normal. We'll have drivers, callers, prizes, and multiple destinations to stop at as we enjoy the day together. All we need you to do is buckle up, hope those lucky numbers get called, and have fun! Please dress according to the weather and wear comfortable shoes. We will be stopping for a quick lunch between games.

Wednesday, August 30

Depart: 10:00 AM - Return: 3:00 PM

**Fee: \$18 (does not include lunch)**

**Maximum: 24**

## Thrifty Trip

Back by popular demand! This one is all about thrift shops as we travel around Central Illinois, visiting several stores along the way. We will enjoy each other's company and hopefully find some can't beat deals! All this shopping could wear one out, so we'll make sure to make a stop for lunch along the way! Please note that the trip route may differ from the previous Thrifty Trip. **Program fee does not include any meals or gratuity.**

Location: Multiple locations throughout Central Illinois

Friday, September 15 ..... 9:30 AM – 4:30 PM

**Fee: \$15**

**Maximum: 18**

# GOLF COURSES

## PRAIRIE VISTA GOLF COURSE

502 W. Hamilton Rd.  
Bloomington, IL 61701  
(309) 434-2217

**bloomingtongolf.org**  
**4 Star Rating by Golf Digest in its  
2021 "Great Places to Play!"**

Prairie Vista Golf Course, is a Packard-designed course and one of the most challenging and unique in the Midwest. Two-level greens and fairways, lakes and rolling hills, offer golfers the opportunity to play an ambitious game on a great course. PVG has a full-service pro-shop open year round. For reservations or information, call (309) 434-2217.

### The 12th Annual Longest Day of Golf

Bloomington's City golf courses are hosting the annual "Longest Day of Golf," Friday, June 23th. This special event is a chance to treat someone (*or yourself*) to the ultimate day on the links.

The Longest Day of Golf is offered at a special rate of \$89 which includes greens fees and cart for all three courses, food and refreshment between rounds and a special commemorative gift for those who finish. Call 309-434-2300 for more information.



### Kids Play Free Program

Every day of the week after 2:00 PM at all three courses, kids (*ages 17 & under*) play free with a paying adult. Take advantage of this great opportunity to spend quality time together while introducing your child to the game at no cost to the child. No family relationship necessary. One child per adult.



the *Den*   
at FOX CREEK

3002 Fox Creek Rd  
Bloomington, IL 61705  
(309) 434-2300

[bloomingtongolf.org](http://bloomingtongolf.org)

4 1/2 Star Rating by Golf Digest in its  
2021 "Great Places to Play!"

Home of IHSA Large School Finals



One of only three Arnold Palmer-Signature courses in the state, this is a must on your list of courses to play! The Den at Fox Creek is an 18-hole, 6,930 yard, par 72 championship course with bent grass tees, greens, and fairways. The design is similar to a links-style course with extensive earth mounding, undulating fairways, and wide, generous landing areas from all tees. The fairways are guarded with 131 traps and numerous pot bunkers. Water comes into play on seven holes. The course sports several dog-legs and double dog-leg holes with many risk/reward opportunities for the avid golfer. The practice area consists of 1.5 acres of bent grass tees, chipping green, sand trap chipping area, and a practice fairway sand bunker.

  
**HIGHLAND PARK**  
GOLF COURSE

Highland Park, located on South Main Street, has numerous challenges on its 5,800 yard-long course including creek crossings, three lakes, well-placed sand traps, and tree-lined fairways. The Pro Shop has a full line of golf accessories. For reservations or information, call (309) 434-2200.

1613 S. Main St. Bloomington, IL 61701  
(309) 434-2200

[bloomingtongolf.org](http://bloomingtongolf.org)

3 Star Rating by Golf Digest in its  
2021 "Great Places to Play!"



### Launch Monitor Fittings

Take advantage of the latest in clubfitting technology and schedule a time to be fitted on our Foresight GC 2 Launch Monitor. Golf Digest calls getting fit with launch monitor "the quickest way to pick up 15 yards on your drives". To schedule a time to be fitted, call (309) 434-2217.



Online Tee Times  
[bloomingtongolf.org](http://bloomingtongolf.org)



Providing recreation opportunities to people with disabilities since 1973

SUMMER  
2023

Serving ages 4 through the lifespan

---

Special Olympics Sports • Crafts  
Fitness Classes  
Zoo Education • Special Events  
Cooking Programs  
Fine Art • Teen Programs & More!



REGISTRATION BEGINS THURSDAY, MAY 4TH

# MILLER PARK ZOO



## MILLER PARK ZOO

EST. 1891

1020 S. Morris Avenue, Bloomington - (309) 434-2250  
[millerparkzoo.org](http://millerparkzoo.org)

### Admission Rates

Youth (ages 3 - 12) - \$4.95  
Adult (ages 13 - 59) - \$6.95  
Senior Citizen (ages 60 & up) - \$5.95  
Military - \$5.95  
Children (2 & under) - FREE  
*Costs/Fees are subject to change.*

### Group Rates

Advanced registration required,  
restrictions apply, call (309) 434-2250.

### Hours

9:30 AM - 4:30 PM  
Open everyday except  
Thanksgiving and Christmas

## Daily Activities

Free with Zoo admission!

### River Otter Presentation

daily at 11:00 AM and 2:30 PM  
Zookeepers will chat with guests, answer  
questions, and feed the river otters.

### Snow Leopards Scheduled Feedings

daily at 4:00 PM  
Guests can watch the Zookeepers  
feed these animals.

### Contact the Zoo to learn about Tortoise feeding rates.

Feedings are at 11:30 AM & 3:00 PM  
and make for a great gift experience!



Check our website for daily activities throughout the year,  
including scheduled animal feedings, up close animal encounters and more!  
[millerparkzoo.org](http://millerparkzoo.org)

# ZOO SPECIAL EVENTS



## Pollinators Rock!

May 6th, 1:00 PM - 3:00 PM

What is a pollinator? Join us to learn what is a pollinator and why they are important. Learn what Miller Park Zoo is doing in the fight to preserve our local pollinators and plants



## Endangered Species Day

May 20th, 1:00 PM - 3:00 PM

Join us for a day of learning about what animals at the zoo are considered an endangered or threatened species. Listen to keeper talks and play a find and search game to win a prize.



## Twilight Mini Golf for Conservation

May 20th, 6:00 PM - 9:00 PM

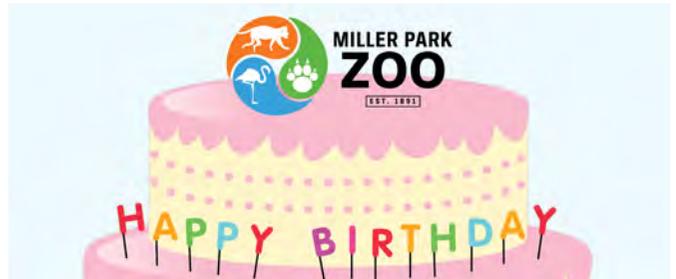
Back by popular demand our 2nd mini golf for conservation day with a twist! Miller Park Zoo's mini golf will be open for an evening of mini golf with a great cause for all! Space is very limited so purchase your tickets soon by calling Miller Park Zoo at 309.434.2250 Tickets are \$7 and must be purchased ahead of time. All proceeds are to benefit Miller Park Zoo's Conservation Fund.

## Zoovies- Family Night-Movie

*Lyle, Lyle Crocodile, 2022 (PG)*

June 2nd & 3rd, 8:00 PM - 10:00 PM

The doors will open for this event at 7:00 PM. Come early and visit with our animals before the show! Snacks & concessions will be available to purchase. The Zoo is partnering with Bloomington Public Library to promote their summer reading program. This is a free ticketed event and tickets can be picked up at the library while supplies last. Tickets can be purchased at the door for \$5 a ticket. This event is for all. Concessions will be available for purchase. Everyone under 18 must be accompanied by an adult. Tickets are \$5 each if pre-purchased at the Zoo or \$7 at the door. To pre-purchase tickets please call the Zoo at 309.434.2250.



## Miller Park Zoo's

## 132nd Birthday

June 10th, 1:00 PM - 3:00 PM

Come and celebrate with us as we celebrate our birthday! Miller Park Zoo will be hosting its 132nd Birthday with a day of fun games, vendors, and activities. There will also be a small piece of Birthday cake (while supplies last!) for all attendees. All activities minus the carousel are free with a paid admission. Hope to see you there!



## Flapjacks & Flamingos!

July 15th, 8:00 AM - 9:30 AM

Join us for this fun new summer event! Miller Park Zoo will be offering a chance to have breakfast with our Flamingos! You get to enjoy pink flamingo flapjacks (pancakes) while the Flamingos get their breakfast diet! Listen to the flamingo's keeper talk about our flamingos. Enjoy an early morning ride on the carousel and visit with the other animals too! This is a ticketed event. Tickets are \$15 per person and tickets can be purchased by calling Miller Park Zoo 309.434.2250 spots are limited so don't delay!

# ZOO SPECIAL EVENTS



## Ice Cream Social & School Supplies Drive for BHS

August 12th, 12:00 PM - 3:00 PM

(school supplies will be collected all day.)

Join us for our annual Ice Cream Social to bid summer au revoir. Ice cream cups are free (while supplies last) with a paid admission. There will be games, face painting and of course ice cream! There will also be an opportunity to donate school supplies to help Bloomington High School students in need. In exchange for school supplies we will provide a free kids admission to the Zoo (limit 2 kids per paying adult)

Needed items:

- 3" ring binders - Loose leaf paper - Pens (black)
- Markers - Colored pencils - Spiral notebooks
- 2 pocket folders - pencils



## ACTIVE SENIOR TOURS

For those 60 years & over

2nd Wednesday of the month  
8:30 AM-9:30 AM • \$5 per person

Take your morning stroll at the Zoo! We'll visit a different area of the Zoo each month & learn about the animals who live there. You'll be guided by a knowledgeable staff member who will give you amazing information...and maybe even a peek behind the scenes! No reservations are required. Your tour guide will meet you at the Zoo entrance. Tours will begin promptly at 8:30 AM

## Twilight Mini Golf

August 12th, 8:00 PM - 10:00 PM

Last chance to play Miller Park Zoo's mini golf at night for the year! Miller Park Zoo's mini golf will be open for an evening of mini golf fun with a great cause for all! Space is very limited so purchase your tickets soon by calling Miller Park Zoo at 309.434.2250 Tickets are \$7 per round and must be purchased ahead of time. All proceeds are to benefit Miller Park Zoo's Conservation Fund.



**Brews at the Zoo**  
June 24th @ Miller Park Zoo  
More info @ [mpzs.org/events](http://mpzs.org/events)



# ZOO EDUCATION PROGRAMS

## ANIMAL CRACKERS

For Ages 3-5 & an adult

Animal Crackers is a Miller Park Zoo classic! Join us once each month for a story, animal encounter, craft, & snack. Our topic is always a surprise, and we have a great time guessing which animal will visit! One adult accompanies each child to class but does not pay an additional registration fee. The registration fee includes admission to the Zoo for the participating child & one adult on the day of class.

\*Children must be at least three years old to participate.

\*Unregistered siblings of any age may not attend.

Classes are identical in each monthly session, so register for only one class each month.

DAY	TIME	JUNE	JULY	AUGUST
Tuesday	10:00 AM - 11:00 AM	June 6	July 11	August 8
Tuesday	6:00 PM - 7:00 PM	June 6	July 11	August 8
Wednesday	1:00 PM - 2:00 PM	June 7	July 12	August 9
Wednesday	6:00 PM - 7:00 PM	June 7	July 12	August 9
Thursday	9:00 AM - 10:00 AM	June 8	July 13	August 10
Thursday	10:30 AM - 11:30 AM	June 8	July 13	August 10

Registration fee:

\$8 per child per class for MPZS members

\$13 per child per class for non-members

Max #: 12 Min #:4



## ZOOKIDS – For Ages 6 - 7

ZooKids classes are 2-hour adventures that give kids a chance to start in-depth learning about animals. This class includes themed stories, crafts, animal encounters, & a snack.

Registration fee includes Zoo admission for class participants on the day of the class.

Classes are identical in each session, so register for only one class each month.

DAY	TIME	Leapin' Lizards	Rainforest Journey	Amazing Marsupials
Tuesday	1:00 PM - 3:00 PM	June 6	July 11	August 8
Wednesday	9:00 AM - 11:00 AM	June 7	July 12	August 9
Wednesday	3:00 PM - 5:00 PM	June 7	July 12	August 9
Thursday	1:00 PM - 3:00 PM	June 8	July 13	August 10

Registration fee:

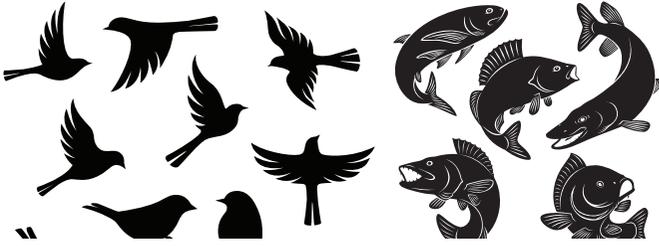
\$13 per child per class for MPZS members

\$17 per child per class for non-members

Max #: 15



# ZOO EDUCATION PROGRAMS



## ZOO SAFARI CAMP

For Ages 8 - 9

### *These Animals Have Class!*

We'll investigate animal classes, from birds to reptiles to fish. Animal encounters, crafts, games, and unique peeks behind the scenes will be highlights of this five-day camp. A snack is included each day. Campers will be given a t-shirt to wear through the week.

Activities are identical for each camp session.

#### Session Dates/Times:

June 12 - 16.....8:30 AM - 11:30 AM

June 19 - 23.....1:30 PM - 4:30 PM

July 17 - 21..... 8:30 AM - 11:30 AM

July 17 - 21.....1:30 PM - 4:30 PM

July 31 - Aug 4.... 8:30 AM -11:30 AM

#### Registration Fees:

\$79 per child per session for MPZS members

\$89 per child per session for non-members

Max #: 15



## ANIMAL ADVENTURE CAMP

For Ages 10 - 13

### *All in the Family*

Family classification will be the theme for a week filled with animal encounters, take-home projects, and activities that will show us the similarities and differences between animal species. A snack is provided each day. Campers will be given a t-shirt to wear through the week.

Activities are identical for each camp session.

#### Session Dates/Times:

June 12 - 16.....1:30 PM - 4:30 PM

June 19 - 23.....8:30 AM - 11:30 AM

July 31 - Aug 4...1:30 PM - 4:30 PM

#### Registration Fees:

\$79 per child per session for MPZS members

\$89 per child per session for non-members

Max #: 15



## **NEW!!** Mysteries at Miller Park Zoo mini-camp For Ages 8 - 17

Be an Animal Investigator as we search for clues on our 'hoot-done-it' adventure. As a Zoo Sleuth, you'll come up with a list of suspects and search the crime scene. Your Chief Detective will guide you along the course while you find clues & complete challenges that help solve the mystery!

#### Session Dates/Times:

Ages 8 - 11: July 26 & 27.....8:30 AM - 11:30 AM

Ages 12 - 17: July 26 & 27.....1:30 PM - 4:30 PM

#### Registration Fees:

\$39 per child per session for MPZS members

\$49 per child per session for non-members

Max #: 15



## THE ART OF ANIMALS

For Ages 9 - 17

Science meets art in this creative class taught by a local artist and naturalist who will guide you through the process of art journaling. You will visit several exhibits in the zoo and note observations about the animals. Then you'll bring your journal back to the classroom & use your notes to create realistic drawings to take home. All art materials will be provided. Classes will take place at Miller Park Zoo.

#### Session Date/Times:

June 5, 9:00 AM - 12:00 PM

July 10, 9:00 AM - 12:00 PM

August 7, 9:00 AM - 12:00 PM

#### Registration Fees:

\$19 per person for MPZS members

\$24 per person for non-members

Max #: 15

# ZOO EDUCATION PROGRAMS

## WILD ABOUT ENRICHMENT mini-camp For Ages 8-17

Enrichment is one of the most important things we do to keep the Zoo's animals content & healthy. This project-based program will take you through the basics of creating enrichment items, then you'll work with your team to construct toys & puzzle feeders for the animals to use!  
A snack will be provided. Please wear closed shoes & dress for getting dirty.

### Session Dates/Times:

Ages 8 - 10: July 24 & 25....8:30 AM - 11:30 AM  
Ages 11 - 17: July 24 & 25....1:30 PM - 4:30 PM

### Registration Fees:

\$39 per child per session for MPZS members  
\$49 per child per session for non-members  
Max #: 10

## JEEPERS KEEPERS mini-camp For Ages 7-17

These exciting classes will give an inside look at the job of our zookeepers! We'll spend time both in the classroom & out in the Zoo learning about various aspects of the keeper job, including animal feeding, exhibit cleaning, animal husbandry, veterinary care, & animal enrichment. A snack will be provided. Please wear closed shoes & dress for getting dirty outdoors.

### Session Dates/Times:

Ages 10 - 17: June 26, 27, & 28.....8:30 AM - 11:30 AM  
June 26, 27, & 28.....1:30 PM - 4:30 PM

Ages 7 - 9: June 29 & 30.....8:30 AM - 11:30 AM  
June 29 & 30.....1:30 PM - 4:30 PM

### Registration Fees:

\$42 per child per session for MPZS members  
\$52 per child per session for non-members  
Max #: 15

## Become a Zoo Member

Unlimited FREE admission  
to Miller Park Zoo

Discounts on:  
Education Programs,  
Concessions, Zootique, and  
Visits to AZA Zoos Nationwide

Join or renew today at  
[mpzs.org](http://mpzs.org)



MILLER PARK  
ZOOLOGICAL  
SOCIETY





# BLOOMINGTON ICE CENTER



201 S. Roosevelt Ave. • (309) 434-2875 • (309) 434-2880 Fax

## Open Skate Schedule

### Weekday Open Skate

Mondays – Fridays 11:30 AM – 1:30PM

(Except Week of 7/10 through 7/14 – Open Skate Hours 11:00 AM – 12:20PM).

Closed Tuesday 7/4.

### Friday Night Open Skate

Fridays - 6:30 PM – 8:00 PM

Saturdays - 1:30 PM – 3:30 PM

### Open Skate Fees

Admission - \$6.00 • Skate Rental - \$2.00 • Skate Aids - \$5.00

### Group Rates

(not available during special promotions or with discounted coupons)

Must pay all at once with one form of payment;  
does not include skate rental

10 - 24 people \$4.00 admission per person

25+ people \$3.00 admission per person

See our website for additional information on all of our open  
skates at: [bloomingtonicecenter.com](http://bloomingtonicecenter.com)



BLOOMINGTON ICE CENTER



## Private Ice Rentals

(Skating, Broomball or Hockey)

Field Trips, Youth Groups, Day Cares, Church Groups, Corporate Team Building, etc. Looking for a different activity for your group? Why not try something on the ice! Come have a private skating party where only your group is skating on the ice. Can't skate-no worries. We also offer broomball private rentals! We supply the equipment and ice. You supply the private group for fun!

Please call (309) 434-2875 for more information, including pricing and scheduling. You can also check out our website at [bloomingtonicecenter.com](http://bloomingtonicecenter.com)

## The Coolest and the Most Educational Field Trips!

How does the ice stay frozen? What does the Zamboni do? The Bloomington Ice Center is the perfect place for "Edutainment"! Tour the Zamboni room where you can learn

the history of the Zamboni and the science and physics of making ice. Then go out and skate, play broomball or curl.

For more information or to reserve your field trip call (309) 434-2875. We can accommodate a classroom or a whole school. Call for group rates. We serve food for groups!

## The Coolest Group Outings!

Whether you bring your friends, family, organization or club, the Bloomington Ice Center is perfect. Call us at (309) 434-2875 for additional information.

## The Coolest Birthday Parties in Town!

All the fun and none of the work! Choose from our Bronze and Gold Level Packages. All of the Bloomington Ice Center Birthday Party Packages include Open Skate and Skate Rental, 90 minute party room rental, your choice of three separate beverage options. A personalized interactive white board greeting from the Bloomington Ice Center Party Pro's in which all of the guests can add their birthday wishes, the guest of honor receives a FREE skating pass for future use. Add broomball, a private ice rental or a skating instructor for an even cooler experience. Call (309) 434-2875 today for more information regarding open dates and details about our birthday packages.

## Special Themed Open Skates

### Christmas in July

Sat. July 15th 1:00 PM – 3:00 PM

Bring your Christmas spirit and holiday attire by joining us for an afternoon of games, music and fun! Bring your mittens and hats to stay warm while playing in our snow mound and a special appearance from Santa Clause. \$1.00 off admission if you wear holiday attire!



### School Spirit Night

Fri. August 25th 6:30 PM – 8:00 PM

End the summer right by skating the night away to the summer's top musical hits. Where is your school spirit? Skaters who dress in their school's spirit wear or show their student ID will receive \$1.00 off admission.



# Learn to Play Hockey Youth & Adult

\*All classes are co-ed\*

## Tots 1 - Ages 3 - 5

No experience is necessary. Beginner skating skills will be taught through fun games.

## Hockey Tots

### Learn to Play – Ages 3 - 5

Pre-requisite: Tots 1. Players will be taught basic skating and hockey skills, including forward skating, passing, shooting, and SCORING!

### Blades 1 - Ages 6 -14

No experience necessary. Students will learn basic balance moves, forward skating, and stopping.

### Hockey - Learn to Play – Ages 6 - 14

Pre-requisite: Tots 1 or Blades 1. Players will be taught basic hockey skills, including forward and backward skating, stopping, passing, shooting, and SCORING!

## Teen/Adult

### Hockey Learn to Play - Ages 15 +

This class is ran as a practice using multiple coaches. Classes will focus on the skills needed to play hockey including skating, stick handling, passing, shooting, scoring, proper positional play, and rules of the game. Full ice hockey equipment required.

## Tots 1 and Blades 1

No equipment required; bicycle or hockey helmet, pair of winter or hockey gloves, loose fitting sweat or snow pants, and loose fitting sweatshirt are heavily recommended. Rental skates are available free of charge.

## Hockey Tots and Hockey

### Learn to Play

Helmet with face mask, skates (rental skates are available free of charge), hockey gloves, hockey stick, shin pads, and elbow pads are required.

## Teen/Adult - Hockey Learn to Play, and Adult Leagues:

Helmet (facemask is recommended but optional for 18 years and over), elbow pads, shin guards, gloves, stick, skates (rental skates are available free of charge), and hockey pants.



## Helpful Learn to Play Information and Required Equipment

The Hockey Staff recommends that gear be rented or purchased prior to first class. Players should practice getting dressed before the first day of class. Full equipment is highly recommended for all classes. The minimum gear recommended for the Youth Learn to Play Hockey Classes is listed below. Skate rental is included in the cost of the program.

RENTAL EQUIPMENT: Rental hockey equipment is available for \$25 plus deposit per session. The rental equipment fits 3 – 9 year olds. Please contact Brian Ludy at (309) 434-2878 or [bludy@cityblm.org](mailto:bludy@cityblm.org) for rental equipment arrangements.

## Open Hockey

We will offer two categories of Open Hockey

**Stick & Puck** is designed for skaters of all ages to practice individual skills, such as skating, shooting, and passing.

Scrimmages are not allowed during this event. Private hockey lessons are available during Stick & Puck sessions.

For more information regarding private lessons contact Brian Ludy at (309) 434-2878 or [bludy@cityblm.org](mailto:bludy@cityblm.org).

**Pick-Up Hockey** (aka rat hockey or pond hockey or shinny) is your designated scrimmage.

Players sign up and split into teams on their own. There is no checking allowed. Players officiate themselves.

Call Guest Services at (309) 434-2737, or check the website: [bloomingtonicecenter.com](http://bloomingtonicecenter.com) for prices, schedule, and times.

# Learn to Play Hockey Session Schedule

Class	Day	Session 1	Time	Fee
Hockey Tots 3 - 5y.o.	Wed	6/28 - 7/26	5:00 PM - 5:40 PM	\$65
Hockey Tots 3 - 5y.o.	Sat	7/8 - 7/29	10:10 PM - 10:50 AM	\$50
Hockey Learn to Play 6 - 14y.o.	Wed	6/28 - 7/26	5:00 PM - 5:40 PM	\$65
Hockey Learn to Play 6 - 14y.o.	Sat	7/8 - 7/29	10:10AM - 10:50 AM	\$50
Teen/Adult -Hockey Learn to Play ...	Wed	6/28 - 7/26	8:50 PM - 9:50 PM	\$75

Class	Day	Session 2	Time	Fee
Hockey Tots 3 - 5y.o.	Wed	8/2 - 8/30	5:00 PM - 5:40 PM	\$65
Hockey Tots 3 - 5y.o.	Sat	8/5 - 8/26	10:10 AM - 10:50 AM	\$50
Hockey Learn to Play 6 - 14y.o.	Wed	8/2 - 8/30	5:00 PM - 5:40 PM	\$65
Hockey Learn to Play 6 - 14y.o.	Sat	8/5 - 8/26	10:10 AM - 10:50 AM	\$50
Teen/Adult -Hockey Learn to Play ...	Wed	8/2 - 8/30	8:30 PM - 9:30 PM	\$75

## 2023 Summer Hockey Clinics for 6U and 8U

Note: For all Clinic/Camps listed, full hockey equipment is required. Equipment can be rented from the Bloomington Ice Center for a minimal fee.

### Skill Enhancement Clinic for 6U and 8U

Min. 8/Max. 36 – each session

For Mini-Mites(6U) and Mites(8U) that want to continue their progress from 6U and 8U House League, Learn to Play and Hockey Tots, this clinic, through station work will enhance their skating, stickhandling, passing, shooting, and scoring.

**Day.....Age Group .....Time**  
Saturdays..... 3 - 7 .....11:00 AM - 11:40 AM

Session One.....June 24 – July 22 .....(5 Sessions) ..... Fee \$50

Session Two .....July 29 – Aug 26.....(5 Sessions) ..... Fee \$50

### 3 on 3 Cross Ice Games for 6U and 8U

Min. 8/Max. 36 – each session

This program is in cross ice format with 40 minute games. Teams will be formed randomly each week. The program is designed so that the players touch the puck more often. Through this skill development for all players will be maximized.

Games will be played at the 8U level. Learn to Play and Hockey Tots as well as 6U and 8U players are encouraged to register. No experience is required to participate. Full ice hockey equipment is required. Goalies – please contact bludy@cityblm.org for reduced pricing.

**Day.....Age Group ..... Time**  
Saturdays..... 3-7 ..... 11:40 AM - 12:20 PM

Session One.....June 24 – July 22..... (5 Sessions) ..... Fee \$50

Session Two .....July 29 – Aug. 26 ..... (5 Sessions) ..... Fee \$50



# 2023 Summer Hockey Camps and Clinics

Note: For all the Clinics/Camps listed, full hockey equipment is required. The Clinics/Camps/and/or Youth Leagues will be run using the 2023-24 age groups to help the players better prepare for the upcoming fall season.

## Bloomington Elite Camp

Train like a pro. This camp is intended for the dedicated hockey player that wants to play at the highest level. The 3 class per week camp will run in 6-week sessions and will include the top instructors from central Illinois colleges and organizations. This program is intended for players looking to compete at travel or above from 8U – Junior levels. Multi week discounts available. **Email Brian Ludy at [bludy@cityblm.org](mailto:bludy@cityblm.org)** for 2-5 week registrations as well as goalie discounts.

Mondays will feature skating and individual skills development.

Wednesdays will use Small Area and Team Drills to work on positional awareness and teamwork.

Fridays will be controlled scrimmage to hone both skills and teamwork together.

**Session:** June 26 – Aug 11 (no 7/10, 7/12, 7/14)

**Fees:** \$199 for all 18 sessions (6 Weeks)

\$165 for 4 Weeks (Email [bludy@cityblm.org](mailto:bludy@cityblm.org) for weeks and registration)

\$55 per 1 week (Monday, Wednesday, Friday)

\$20 per one session

Mondays (Skating & Skills): 8U - 12U 9:00 AM – 10:05 AM; 14U-Junior 10:15 AM – 11:20 AM

Wednesday (Small Area & Team Drills): 8U-12U 9:00 AM – 10:05 AM; 14U - Junior 10:15 AM – 11:20 AM

Fridays (Scrimmage): 8U-12U 9:00 AM – 10:05 AM; 14U-Junior 10:15 AM – 11:20 AM

## Skating & Shooting Clinics

Want to improve your shot and score more goals? Want to improve edge control? These clinics will cover all aspects of shooting, skating, and scoring. Skating clinics will be taught by power skating coaches from our hockey and figure skating programs. Shooting clinics will be taught by our instructors from various college teams. **Goalies – email Brian Ludy at [bludy@cityblm.org](mailto:bludy@cityblm.org) for reduced fees.**

**Day.....Age Group.....Time**

Thursdays.....7 - 12 .....6:20 PM - 7:10 PM

Thursdays..... 13 - 18 .....6:20 PM - 7:10 PM

Session One - Skating ..... July 6 - Jul 27 .....(4 Sessions)..... Fee \$60

Session Two - Shooting..... Aug. 3 - Aug 24.....(4 Sessions)..... Fee \$60



## Skills, Skating, and Scrimmage Clinic

Want to stay ready for the season but still have the fun of games. This once a week clinic will be work on skills and skating for the first half of the ice time. The second half will split into teams to play scrimmage hockey, full ice or cross ice based on players ages and skills. **Goalies – email Brian Ludy at [bludy@cityblm.org](mailto:bludy@cityblm.org) for reduced fees.**

**Day.....Age Group.....Time**

Mondays..... 7 - 12.....6:10 PM - 7:00 PM

Mondays..... 13 - 18.....6:10 PM - 7:00 PM

Session One..... June 26 – Jul 24.....(4 Sessions)..... Fee \$50

Session Two ..... July 31 – Aug 21.....(4 Sessions)..... Fee \$50



# Youth and Adult Hockey Leagues

All players must be 2022-23 or 2023-24 members of the USA Hockey in order to participate in the Youth and Adult Leagues. To register as a USA Hockey player, go to: [www.usahockey.com](http://www.usahockey.com). This number will be required to register online. For registration, please register on-line at [bloomingtonicecenter.com](http://bloomingtonicecenter.com)

## Adult Summer League

**Registration Dates: 4/12/23 – 6/16/23**

Players: \$199 - Goaltenders: \$100

Register on-line to take advantage of a 2-payment option – pay \$100 when registering and \$100 on 7/15/23

Players (ages 18+) will register as an individual and the Bloomington Ice Center and Adult League Captains will form three divisions (low skill and intermediate and high skill) and teams as evenly as possible. The first week will be evaluations, with teams formed after that. Most games will be on Sundays. A once a month game on Thursday night will be necessary to play the 12 games. Teams will be a max of 15 players and minimum of 10 players. Players will play 12 total games. Fees include one jersey per year, officials, score keepers, and ice time. Eval times will be sent out on June 19th to emails used to register. Sundays, June 25 – Sept. 10 (Some Thursday Games) 2:10 PM – 10:30 PM (games between these times)

## Youth 3 v 3 Popsicle Summer League - **NEW!**

**Registration Dates: 4/12/23 – 6/21/23**

Players: \$150 - Goaltenders: \$100

Bloomington Ice Center offers an intense and fun 3 on 3 hockey league for youth all summer! This is the Popsicle League! Register your team for our 9-game regular season league with a 10th game being for the championship or consolation game. This setting is perfect for youth hockey development while enjoying their time spent playing the game. Popsicles available after each game.

We will put teams into Upper, Mid, and Beginner leagues based on registration.

Min. 24/Max. 108 – All Games on Wednesday nights between 5:45 PM - 8:45 PM

Fees \$150 per individual. Teams of 6, Teammates paired if requested.

Individual registration required. USA Hockey # required.

Wednesdays, June 28 – August 30 - 5:45 PM - 8:45 PM (games between these times)

Thank you to our sponsors who helped offset some of the costs of the House Youth Hockey League this past year:

*Liberty Dental Inc • Blooming Tree Wealth Management • The Door Doctor • Rob Dob's Iron Coyote – Challenge Park • Little Jewels Learning Center Bloomington Morning Hockey Club PhotoSations State Farm Good Neighbor Grants*

## Youth and Adult Floor Hockey League - **NEW!**

While the ice is out this summer, come enjoy some Floor Hockey. This is a chance for experienced hockey players work on their stick handling while also bringing their friends to the Bloomington Ice Center to play alongside them. No ice skating experience necessary. Games will be played in athletic shoes 3 v 3 with goalies in a cross-ice rink size.

Youth \$55/player - **Registration – 4/12/23 – 6/1/23**

Youth players will be split into like ages and skilled groups. Coaches will draft even teams after the first game.

Adult \$65/player - **Registration – 4/12/23 – 6/1/23**

Adults - Captains will organize and bring their own teams of 6 players.

Dates will be June 3 - June 18. Games will be twice a week. One Saturday or Sunday and one weeknight game. Each player under 18 years of age must wear a helmet with a cage or plexiglas full face guard, elbow pads, street or ice hockey gloves, shin guards, athletic shoes, and a hockey stick. Players over 18 must wear a helmet, elbow pads, street or ice hockey gloves, shin guards, athletic shoes, and a hockey stick.

# Learn to Skate Ages 2+

The Bloomington Ice Center presents a Learn to Skate hybrid program creating a fun environment for skaters to learn new and challenging skills! Our program is designed to develop skaters of all ages as they progress through each level to reach their goals!

## Pre-School

### Ice Explorers Ages 2 - 5

Join us for a fun introduction to the ice with helpful direction from our instructors. Skaters will participate in coloring activities, fieldtrips around rink and on-ice obstacle courses.

### Tots 1 – 3 Ages 3 - 5

The tot program is designed to introduce basic skating skills to young skaters through a safe and controlled atmosphere using on-ice games and activities. Skaters will learn 2-foot glides, dips, 2-foot hops and introduced to backwards skating! \*Skaters who have passed Tot 1 may move to the Learn to Play program!

### Blades 1 – 6 Ages 6 - 14

The Blades program is designed for skaters to learn the essential skills for ice skating. The six-level curriculum introduces the fundamental moves: forward skating, backward skating, stops, edges, crossovers, turns and jumps. Upon completion of the Blades program, skaters will have knowledge of the sport, enabling them to advance to more specialized areas of figure skating. \*Skaters who have passed Blades 1 may move to the Learn to Play program!

## Jump & Spin:

### Level 1 - 3:

#### Pre-requisite: Blades 6

(Participants must wear freestyle skates)  
Ages 6 + Skaters will learn basic freestyle elements, jumps, spins and spirals in a group lesson.

## Teen/Adults

Ages 14 + Designed for the beginner teen/adult skater to promote physical fitness, balance, and coordination. The class is divided into four levels, adult skaters will progress at an individual rate while being challenged and motivated.



# Learn to Skate Ages 2+

## LEARN TO SKATE SUMMER SESSION SCHEDULE

Class	Day	Session 1	Time	Fee
Ice Explorers	Thurs	6/29 - 8/3 (not 7/13)	10:00 AM - 10:40 AM	\$65
Tots 1 - 3	Tues	6/27 - 7/25 (not 7/4)	5:30 PM - 6:00 PM	\$50
Tots 1 - 3	Wed	6/28 - 7/26	5:00 PM - 5:40 PM	\$65
Tots 1 - 3	Thurs	6/29 - 7/27	5:00 PM - 5:30 PM	\$60
Tots 1 - 3	Sat	7/8 - 7/29	10:10 AM - 10:50 AM	\$55
Blades 1 - 6	Tues	6/27 - 7/25 (not 7/4)	6:00 PM - 6:30 PM	\$50
Blades 1 - 6	Wed	6/28 - 7/26	5:00 PM - 5:40 PM	\$65
Blades 1 - 6	Thurs	6/29 - 7/27	5:30 PM - 6:10 PM	\$65
Blades 1 - 6	Sat	7/8 - 7/29	9:20 AM - 10:00 AM	\$55
Teen/Adult – Advance	Tues	6/27 - 7/25 (not 7/4)	5:00 PM - 5:45 PM	\$52
Teen/Adult	Tues	6/27 - 7/25 (not 7/4)	5:45 PM - 6:30 PM	\$52
Jump & Spin	Tues	6/27 - 7/25 (not 7/4)	5:30 PM - 6:00 PM	\$50
Jump & Spin	Sat	7/8 - 7/26	9:20 AM - 10:00 AM	\$50
<b>Specialty Classes</b>				
Spin Class AM	Thurs	6/29 - 7/27	9:20 AM - 9:50 AM	\$55
Skate and Sweat	Thurs	6/29 - 7/27	5:00 PM - 5:30 PM	\$55
Create a Routine	Sat	7/8 - 7/29	8:40 AM - 9:10 AM	\$89

Class	Day	Session 2	Time	Fee
Tots 1 - 3	Tues	8/1 - 8/29	5:30 PM - 6:00 PM	\$60
Tots 1 - 3	Wed	8/2 - 8/30	5:00 PM - 5:40 PM	\$65
Tots 1 - 3	Thurs	8/3 - 8/31	5:00 PM - 5:30 PM	\$60
Tots 1 - 3	Sat	8/5 - 8/26	10:10 AM - 10:50 AM	\$55
Blades 1 - 6	Tues	8/1 - 8/29	6:00 PM - 6:30 PM	\$60
Blades 1 - 6	Wed	8/2 - 8/30	5:00 PM - 5:40 PM	\$65
Blades 1 - 6	Thurs	8/3 - 8/31	5:30 PM - 6:10 PM	\$65
Blades 1 - 6	Sat	8/5 - 8/26	9:20 AM - 10:00 AM	\$55
Teen/Adult – High	Tues	8/1 - 8/29	5:00 PM - 5:45 PM	\$65
Teen/Adult	Tues	8/1 - 8/28	5:45 PM - 6:30 PM	\$65
Jump & Spin	Tues	8/1 - 8/29	5:30 PM - 6:00 PM	\$60
Jump & Spin	Sat	8/5 - 8/26	9:20 AM - 10:00 AM	\$50
<b>Specialty Classes</b>				
Skate and Sweat	Thurs	8/3 - 8/31	5:00 PM - 5:30 PM	\$55



# Speciality Classes

## Spin Variation Class

(Pre-requisite: Pass Jump & Spin Level 3)

Skaters will take the basic spin positions (upright, sit, camel) they have mastered and enhance them into spin variations and combinations. These variations are vital to skaters wanting to compete in IJS and develop their spins!

## Create a Routine

(Pre-requisite: Blades 2/Tots 3)

For skaters wishing to take the skills they have learned in group class and develop them into solo programs! This program is geared towards skaters who do not have a private coach but are looking for the opportunity to learn routines and perform! Skaters must be enrolled in group LTS classes to take advantage of discount class fee.

## Off-Ice Jump Class

Who says you need ice to work on skating jumps? Come join us on the rink slab over shutdown for an off-ice jump class! Skaters will run through a circuit of stations to work on jump height, quickness, and rotation! Each week every skater will have the opportunity to use the harness! Please wear athletic clothing, sneakers and bring a bottle of water to class.

## Theatre on Ice Team – Bloomington Pops

(Pre-requisite: Blades 3)

Tues. 5:00 PM - 5:30 PM

Session: 6/27 - 8/29

Fee: \$90.00

Theatre on Ice uses all aspects of figure skating to incorporate a theme, emotion, and storyline, enhanced by music.

All participants must be a basic skills member of USFS, \$21.00 yearly fee in order to participate in performances. Skaters will learn and refine routines that will be performed at special events!

Additional fees will apply for costumes.

\*Payment plans available online!

## Figure Skating ‘Camp Sub-Zero’

### The Coolest Camp in Town

The Bloomington Ice Center will be hosting the 9th annual summer skating camp! This 5-day camp will focus on: on-ice jump, spin technique, edge quality, and off ice jumping! Your child will take part in a afternoon of on-ice and off ice instruction camp with Bloomington Ice Center’s professional coaching staff! Your skater will also receive a ½ hour of freestyle practice from 2:50-3:20pm, and camp T-shirt.

When: Mon - Fri 8/7 - 8/11

Time: 12:30 PM – 3:30 PM (Drop off and pick-up at Ice Center)

Fee: \$150.00

Level Requirements: Blades 3/4 and up

Enhance your skating progress and experience by signing up for our Olympic Medal Packages! The more you skate, the more you save and quickly develop your skating skills!

**Please contact Lindsay Danner [ldanner@cityblm.org](mailto:ldanner@cityblm.org)** to receive package discounts! Enrollment must be in the same session to obtain discount.

**Bronze - 10% Off -**  
When you enroll in 2nd group or specialty classes

**Silver - 15% Off -**  
When you enroll in 2nd & 3rd group or specialty classes

**Gold - 20% Off**  
When you enroll in 4 group or specialty classes

## Helpful Learn-to-Skate Information

Arrive at the rink 15-20 minutes early to collect your rental skates and prepare for your lesson. Bloomington Ice Center skate rental employees will assist you with proper sizing.

Please make sure young children use the restroom before class starts.

Wear long pants (no shorts), jacket or sweater, socks, and gloves or mittens. Dress in layers of clothing. Clothes should not restrict movement.

Helmets (bike, hockey, etc.) are strongly recommended for children under six, and should have a snug fit.

Classes will only be made up if the rink cancels a class. Bloomington Ice Center Learn-to-Skate staff reserves the right to cancel any class, combine classes, change instructors on any class and move students to a different class level based upon instructor evaluation.



# PARK SERVICES & FACILITIES

## Constitution Trail

Constitution Trail is a joint venture between the City of Bloomington and The Town of Normal. Much of the trail follows the old Illinois Central Gulf Railroad right of way through the community. The trail was dedicated and named as such in celebration of the 200th birthday of the United States Constitution in 1987 and the grand opening of Constitution Trail was May 6th, 1989. The City of Bloomington, Town of Normal, and McLean County have plans for future trail expansion.

Approximately 45 miles of trail exist within both communities. In 2000 the Constitution Trail was designated a Millennium Trail by The White House Millennium Council. Many groups sponsor the trail including [mcleancountywheelers.com](http://mcleancountywheelers.com), [gototrails.com](http://gototrails.com) and Friends of the Constitution Trail. To become a Friend of the Trail and learn more check out [constitutiontrail.org](http://constitutiontrail.org).

### When using the trail please:

- Be Courteous
- Keep Right
- Do not Block the Trail
- Use Signals
- Yield
- Clean Up Litter
- Leash all Pets
- Enjoy!



Scan the QR code to view a map of the trail and to learn more!

### Friends of the Constitution Trail

If you are interested in getting involved in the advocacy and awareness of the Trail, contact **Friends of the Constitution Trail, P.O. Box 525, Bloomington, IL 61702-0525**. Friends is a citizens group interested in promoting trail use and development.

**Trail maps are available now at The Hub at 115 E. Washington St., Suite 103, Bloomington, The Bloomington Parks & Recreation main office at 109 E. Olive St. in Bloomington and at the Normal Parks & Recreation, 100 E Phoenix Ave. in Normal.**

## Park Regulations

- Parks open at 6:00 AM and close at 10:00 PM.  
(Except Friendship Park closes at 9:00 PM.)
- Alcoholic beverages are prohibited.
- Motor vehicles restricted to roadways and parking areas.
- 20-mile-per-hour speed limit in all city parks.
- Pets are allowed in the parks on a leash.  
(Please clean up after your pet).

## Park Shelters

### Open-air shelters are located in:

Airport, Alton Depot, Atwood Wayside, Bittner, Brookridge, Clearwater, Eagle Crest, Eagle View, Ewing I, Ewing II, Fell, Forrest, Friendship, Gaelic, Holiday, Northpoint, O'Neil, Pepper Ridge, P.J. Irvin, Marie Litta, McGraw, Miller, Rollingbrook, Stevenson, Suburban East, Sunnyside, White Oak & Woodbury Park.

*Parks are available free-of-charge on a first-come, first-served basis.*

## Tree Services



### Tree Trimming

Trees are trimmed for pedestrian and traffic clearance as well as selective thinning of branches, removal of dead wood, or storm damage repair. Trees are not topped, unless deemed necessary by the City Forester or a member of the staff.

At the Parks and Recreation Department, we have established a goal to increase the quality of trees within our City parkways and parks. The Department is governed by guidelines set within our Forestry Ordinance, Chapter 19, Number 1984. This ordinance permits the Parks and Recreation Department to plant, trim, spray, preserve, and remove any tree on City property to insure public safety or to maintain the health of the tree.

The ordinance also requires that anyone wishing to plant or have work done to a tree on City property, by someone other than our Forestry staff, secure a permit from the Parks and Recreation Department first. Any questions please call (309) 434-2280.

### Tree City USA

The City of Bloomington is a designated Tree City USA - a program sponsored by the National Arbor Day Foundation in cooperation with the USDA Forest Service and the National Association of State Foresters. To become a Tree City USA, a community must meet four standards: a tree board or department, a city tree ordinance, a comprehensive community forestry program, and an Arbor Day observance. Bloomington's staff of certified arborists and trained professionals enhance the Tree City USA designation.



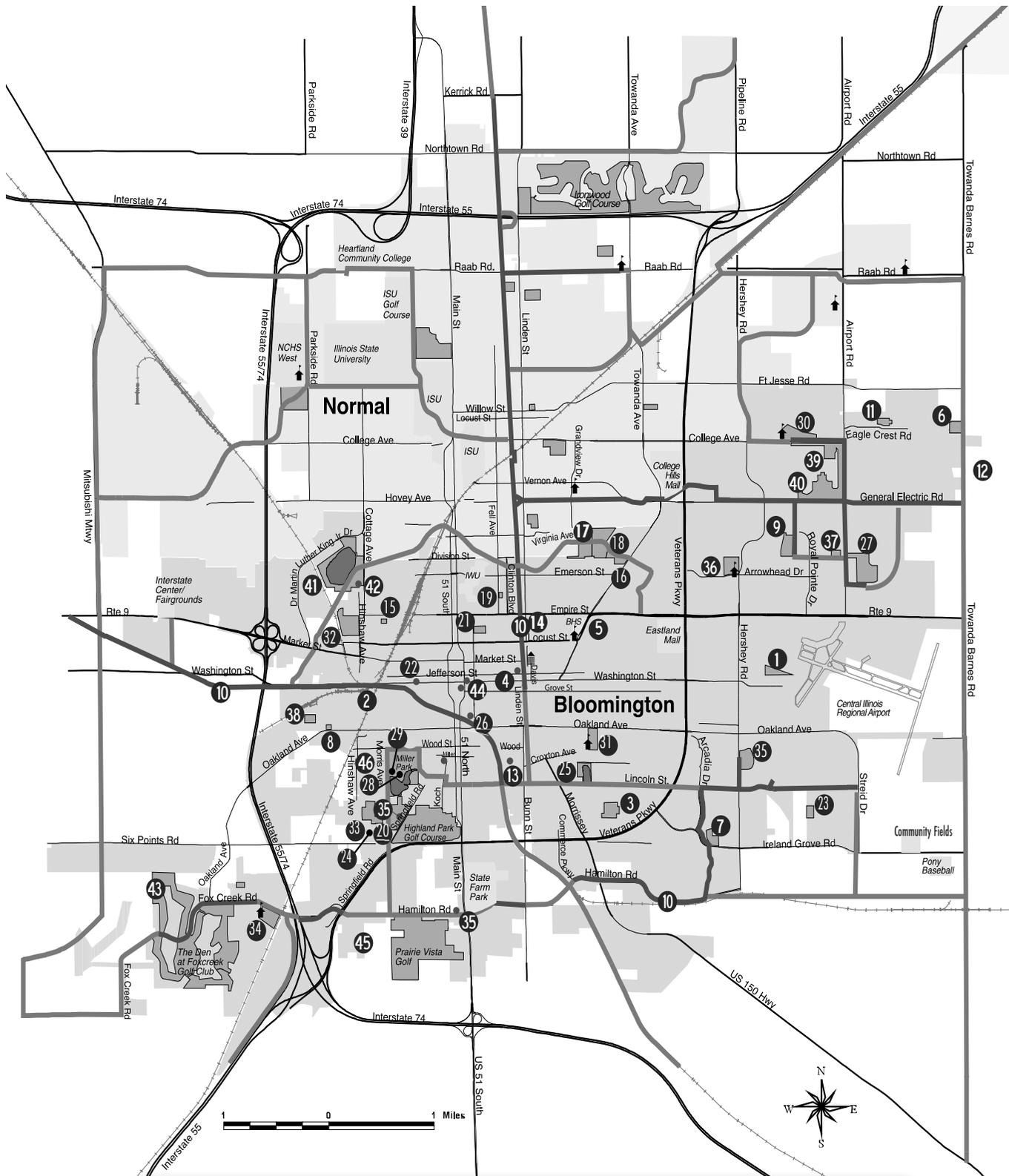
# Park Services & Facilities

\* Restroom or Porta Potty Available  
 \*\* Porta Potty available June & July  
 + Inclusive Harmony Playground

Basketball Court  
 Fishing Lake  
 Football Field  
 18-Hole Golf Course  
 Meeting Room  
 Multi-purpose Area  
 Nature Area  
 Picnic Shelter  
 Playground Equip  
 Sand Volleyball Ct  
 Soccer Field  
 Softball Diamond  
 Swimming Pool  
 Tennis Court(s)  
 Water Sprayground

L = Lighted

Park #	Park Name	Address	Basketball Court	Fishing Lake	Football Field	18-Hole Golf Course	Meeting Room	Multi-purpose Area	Nature Area	Picnic Shelter	Playground Equip	Sand Volleyball Ct	Soccer Field	Softball Diamond	Swimming Pool	Tennis Court(s)	Water Sprayground	Other	
1.	Airport Park	3010 Winchester Dr	•							•	•								
2.	Alton Depot Park	101 S Western Ave								•	•								
3.	Angler's Lake Nature Preserve Park	1017 S Mercer St		•					•										
4.	Atwood Wayside*	303 N Robinson St								•									Trail Head
5.	BHS Tennis Courts	606 Towanda Ave														8L			
6.	Bittner Park*	3807 Rave Rd	•							•	•			•					
7.	Brookridge Park	2904 Ireland Grove Rd	•				•		•	•		•							
8.	Buck-Mann Park	116 Weldon St	•							•									
9.	Clearwater Park*	2716 Clearwater Ave	•						•	•	2	•							
10.	Constitution Park																		24-Mile Linear Park
11.	Eagle Crest Park	2506 Chesapeake Ln	•						•	•									
12.	Eagle View	4001 Baywood	•						•	•	•	•	•						
13.	Emerson Park	717 Bell St								•									
14.	Empire Junction	713 1/2 Empire St					•	•											Multi Use Trail
15.	Evergreen Park	1205 Forrest St								•									
16.	Ewing I*	1420 Towanda Ave					•	•	•										Hedge Apple Woods
17.	Ewing II*	1001 Ethell Pkwy							•	•			2						
18.	Ewing III	901 Jersey Ave		•								•							
19.	Fell Avenue Park	1301 Fell Ave	•						•	•									
20.	Forrest Park*	1813 Springfield Rd							4	•									4 Fire Rings
21.	Franklin Park**	302 E Chestnut St								•									National Historic Site
22.	Friendship Park	719 W Jefferson St							•	•									
23.	Gaelic Park	3102 Cave Creek Rd	•	•	•				•	•	•	•	•						
24.	Hike Haven	1310 Hike Haven Court																	
25.	Holiday Park	800 S McGregor St	•						2	•				•					
26.	Marie Litta Park	317 S Gridley St							•	•									
27.	McGraw Park*	3202 Cornelius Dr							•	•	•	•			6L	•			Lighted Baseball Field
28.	Miller Park*	1122 S Morris Ave	•						•	•		•				•			
29.	Miller Park Zoo	1020 S Morris Ave																	
30.	Northpoint School/Park**	2602 College Ave	•	•					2	•	•	•							Butterfly Garden
31.	Oakland School/Park	1605 E Oakland Ave	•							•			2						
32.	O'Neil Park*	1515 W Chestnut St					•		•	•			2	•					Baseball field
33.	P.J. Irvin Park*	1601 McKay Dr						•	•	•									
34.	Pepper Ridge Park*	2502 Fox Creek Rd	•						•	•	•	•	2L						
35.	Rollingbrook Park*+	1002 S Hershey Rd	•				•		•	•	•	•			3				9 Pickleball Courts
36.	Stevenson School Park*	2106 Arrowhead Dr	•						•	•	•	•			3L				
37.	Suburban East Park**	3011 Lisa Ave	•						•	•	•	•							
38.	Sunnyside Park	407 E Erickson Ave	•							•		•							
39.	Tipton Park North*	2201 Stone Mountain Blvd	•						•	•	•	•	2				•		Born Learning Trail
40.	Tipton Park South*	2410 G.E. Rd		•					•	•	•								Life Trail System
41.	White Oak Park*	1514 Cottage Ave	•	•	•	•	•		•	•	•	•							1-Mile Walking Trail
42.	White Oak Comm. Room	1514 Cottage Ave				•													
43.	Westwood Park	2301 Ridge Creek Rd																	
44.	Withers Park	204 E Washington St																	Picnicking
45.	Wittenburg Park	509 Lutz Rd																	Walking Path
46.	Woodbury Park	1214 Woodbury Place							•	•									



### Park Regulations

- Parks open at 6:00 AM and close at 10:00 PM. (Except Friendship Park closes at 9:00 pm.)
- Alcoholic beverages are prohibited.
- Motor vehicles restricted to roadways and parking areas.
- 20-mile-per-hour speed limit in all city parks.
- Pets are allowed in the parks on a leash. (Please clean up after your pet).

# Registration Policies

Corporate City of Bloomington residents have the opportunity to register one week prior to non-residents.

**RESIDENT REGISTRATION begins at 5:00 AM April 12, 2023**  
**NON-RESIDENT REGISTRATION begins at 5:00 AM April 19, 2023.**

Online registration will be available at 5:00 AM on the first day of registration; mailed, faxed and drop-off registration will be processed beginning at 8:00 AM on the first day of registration. All registrations received prior to the first day will be processed at random. All registrations received thereafter will be processed randomly on a daily basis.

**Payment of Fees:** Fees may be paid by cash, check, VISA, Discover, MasterCard or American Express at the time of registration. All monies are immediately deposited. Checks payable to: City of Bloomington.

**Returned Checks:** A \$25 service charge is assessed on all checks returned due to insufficient funds. The original amount of the check plus the service fee must be paid by money order or cash.

**Program Enrollment Policy:** All programs have a minimum and maximum enrollment, and are filled on a first-come, first-served basis. Bloomington Parks & Recreation reserves the right to cancel, postpone, or combine classes if the minimum enrollment has not been reached. The Parks & Recreation Department reserves the right to request proof of age of persons enrolling in classes.

**Program Cancellation:** If a program is cancelled due to insufficient registration, a full refund will be given. Please allow three to four weeks for the processing of refunds when program payment was made by cash or check. Credit refunds will be returned to your card.

**Refund/Credit Policy:** To be eligible for a requested refund or credit to account, the request must be received no less than five (5) full business days prior to the start of the program.

In the case of illness, a credit to account may be issued if program is not yet 50% completed. Prorating of a program in the event of an injury would start from the date of notification of the injury. Written documentation from a physician must be provided. A \$5.00 service charge will be assessed per participant, per activity on any refund. No refunds for program costing \$5.00 or less.

Refunds or credit on account will not be given for contractual programs or trips for which the Department has incurred costs, except in the event of cancellation by the Department.

**Confirmation Email:** An email will be sent upon registration for a class or program, or if placed on a waitlist. This will serve as a receipt. If you do not have an email on file we will mail the confirmation receipt. With our new system we strongly encourage all participants to have an email on file.

**Insurance:** Bloomington Parks & Recreation does not carry medical insurance and assumes no liability for personal injuries or loss of personal property while attending Department activities. A participant's own policy must cover any medical costs incurred.

**Fee Assistance:** Bloomington Parks & Recreation provides a fee assistance policy to reduce certain fees and charges for those who are unable to pay. Application forms are available at the main office and at the Lincoln Leisure Center.

Applications taken at least two weeks prior to the start of a program will be given priority processing; however, fee assistance fund availability and program registration cannot be guaranteed. Proof of residency and income are required at time of application, and a 50% deposit. All requests will remain confidential.

All requests will be reviewed and applicants will be notified at least one week prior to program start dates. The decision of the Recreation Department will be final.

**Helpful Hints:** Friends In Same Class? If two or more persons from different families wish to be enrolled in the same class, registration forms and checks must be fastened together with a note indicating same. *(If only one space is available, no one will be enrolled.)*



Today's Date: \_\_\_\_\_

Summer 2023 Registration Form  
Please print clearly. Missing information  
will delay your registration.

**Save Time - Register online at [BloomingtonParks.org](http://BloomingtonParks.org)!**

## Adult Account Contact

FIRST & LAST NAME	GENDER	BIRTHDATE
ALLERGIES/MEDICATIONS:		

## Additional Family Members

FIRST & LAST NAME	GENDER	BIRTHDATE
ALLERGIES/MEDICATIONS:		
FIRST & LAST NAME	GENDER	BIRTHDATE
ALLERGIES/MEDICATIONS:		
FIRST & LAST NAME	GENDER	BIRTHDATE
ALLERGIES/MEDICATIONS:		
FIRST & LAST NAME	GENDER	BIRTHDATE
ALLERGIES/MEDICATIONS:		
FIRST & LAST NAME	GENDER	BIRTHDATE
ALLERGIES/MEDICATIONS:		
FIRST & LAST NAME	GENDER	BIRTHDATE
ALLERGIES/MEDICATIONS:		

Check here if you have registered in the last year and all information is correct. Otherwise please fill in information below.

## Household Information

Address, City, State, Zip \_\_\_\_\_

*(Please list Apt. #)*

Phone \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Emergency contact \_\_\_\_\_

(Please list someone other than family members above.)

Flip over to continue registration.





**WGLT.org**  
**89.1FM**

Bloomington-Normal's Public Media

**Local news by and for the community**

---

Morning News

Evening News



**Tune in or subscribe to the podcasts**





109 E. Olive • PO Box 3157  
Bloomington, IL 61702-3157

PRSRT STD  
U.S. Postage  
**PAID**  
Bloomington, IL  
PERMIT NO. 116

DATED MATERIAL  
DELIVER BEFORE  
APRIL 1

# HOW TO REGISTER

## FOUR SIMPLE WAYS TO REGISTER...

- **ONLINE:** Log onto [BloomingtonParks.org](http://BloomingtonParks.org) and follow the steps to set up your new household account.
- **FAX IN:** (309) 434-2483 Complete the registration form including your credit card number and expiration date.
- **MAIL IN:** Bloomington Parks & Recreation, PO Box 3157, Bloomington, IL. 61702-3157
- **DROP OFF:** The Hub - 115 E. Washington Street, Suite 103 open Monday - Friday 8:00 AM - 4:30 PM

*Please register early. Class status is determined one week prior to starting date. Registration is not accepted by instructors.*

**BLOOMINGTON RESIDENT  
REGISTRATION BEGINS AT 5:00 AM**

**WEDNESDAY, APRIL 12**

**NON - RESIDENT  
REGISTRATION BEGINS AT 5:00 AM**

**WEDNESDAY, APRIL 19**

For details on even more events and programs call the main office at (309) 434-2260 or visit us online at

**BLOOMINGTONPARKS.ORG**