

# SOAR

Special Opportunities  
Available in Recreation



# FALL 2025 PROGRAM GUIDE



# SOAR

## Special Opportunities Available in Recreation

Office Address: 109 E. Olive St., Bloomington, Illinois 61701 (309) 434-2260

### Table of Contents

Facility Directory .....	01
Registration and Transportation .....	02
Registration Form .....	03
Identifying Program Benefits .....	05
Special Olympics .....	06
Youth Special Olympics .....	07
Sports & Fitness .....	09
Zoo Education .....	11
Daytime Hangout.....	11
Cultural Arts .....	12
Cooking .....	13
Virtual Programs .....	13
Adult Night Out Programs.....	14
Holiday Performers.....	14
Youth Programs .....	15
Special Events.....	17
Calendars .....	20
Program Policies .....	25

### A Big Thank You to Our Team!

Our programs thrive because of the amazing staff and volunteers who work directly with our individuals. Your patience, kindness, and dedication to making every experience meaningful truly shine through. Whether it's helping with activities, offering support, or simply sharing a smile, you create a positive and inclusive environment that makes a real difference in the lives of those we serve. We couldn't do this without you, and we are incredibly grateful for all you do!

### What is SOAR?

SOAR is a community therapeutic recreation program serving individuals ages four through lifespan whose leisure needs are not met by traditional recreational programs. Leisure, social, and developmental skills are emphasized to help individuals achieve their highest potential through a wide variety of recreational programs. These programs include Cultural Arts, Special Olympics, Sports & Fitness, Special Interest, Special Events, and Youth.

SOAR is jointly supported by the City of Bloomington and Town of Normal Parks & Recreation Departments.



### Mission Statement

The SOAR program exists to maintain and enhance the quality of life for individuals with disabilities through comprehensive, specialized recreational programs, activities, and special events.

### Full-Time Staff



**Holly Polley, CTRS**  
**Program Manager**  
[hpolley@cityblm.org](mailto:hpolley@cityblm.org)

Special Olympics Sports,  
 Fitness/Sports Programs,  
 Fee Assistance



**Taylor Burlingame, CTRS**  
**Program Manager**  
[tburlingame@cityblm.org](mailto:tburlingame@cityblm.org)

Cultural Arts Programs,  
 Special Interest Programs,  
 Special Events Programs,  
 Youth Programs,  
 Transportation, Volunteers,  
 Inclusion

# FACILITY DIRECTORY

## **Bloomington Ice Center**

201 S. Roosevelt Ave.  
Bloomington, IL 61701

## **The Den at Fox Creek Golf Course**

3002 Fox Creek Rd.  
Bloomington, IL 61701

## **Eastland Mall**

1615 E. Empire St.  
Bloomington, IL 61701

## **Ewing Park III**

901 Jersey Ave.  
Bloomington, IL 61701

## **Government Center/ The Hub**

115 E. Washington St.  
Bloomington, IL 61701

## **Heartland Astroth Community Education Center**

1500 W. Raab Rd.  
Normal, IL 61761

## **Hike Haven**

1310 Hike Haven Ct.  
Bloomington, IL 61701

## **Illinois Wesleyan Shirk Center**

302 E. Emerson St.  
Bloomington, IL 61701

## **Lincoln Leisure Center**

1206 S. Lee St.  
Bloomington, IL 61701

## **Miller Park Pavilion**

1122 S. Morris Ave.  
Bloomington, IL 61701

## **Miller Park Zoo**

1020 S. Morris Ave.  
Bloomington, IL 61701

## **Normal Community Activity Center**

1110 Douglas St.  
Normal, IL 61761

## **O'Neil Park Softball Field**

1515 W. Chestnut St.  
Bloomington, IL 61701

## **Pheasant Lanes**

804 N. Hershey Rd.  
Bloomington, IL 61704

## **Power and Fitness**

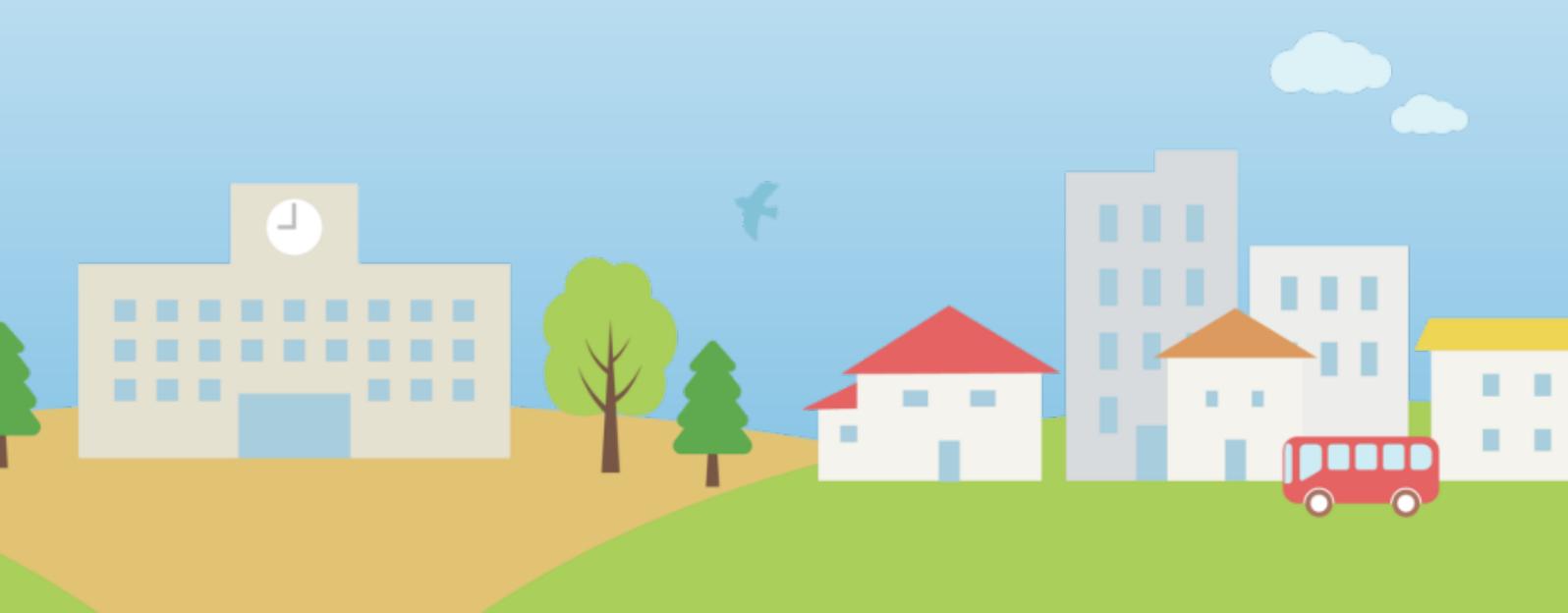
2902 Gill St.  
Bloomington, IL 61704

## **Weibring Golf Course**

800 Gregory St.  
Normal, IL 61761

## **White Oak Park**

1514 Cottage Ave.  
Bloomington, IL 61701



# REGISTRATION & TRANSPORTATION

## Registration Information

If you have any questions about registration, never hesitate to reach out! SOAR is always happy to help and ensure the process is as smooth as possible. We're here to support you every step of the way.

### Online:

Visit [BloomingtonParks.org](http://BloomingtonParks.org)

In the top right-hand corner, hover over "Register"

- A dropdown will appear
- Select Programs & Activities

### Mail/In Person:

The Hub

115 E. Washington St., Suite 103

Bloomington, IL 61701

Online registration begins at **7:00AM on August 7.**

In-person registration will take place at The Hub starting at **8:00AM on August 7.** The registration deadline for all programs is one week prior to the start date of the program if openings are available.

## Payment Plan

Full payment of program fees should be included with the registration form. However, payment plans may be arranged for those individuals who need to split their payment.

Payment in full must be received by SOAR before programs begin. Payments for special events must be paid in full at the time of registration.



## Transportation

Transportation is available for some SOAR programs on a first-come, first-served basis for Bloomington and Normal residents who have no other way to attend programs. Individuals needing to use door-to-door transportation services from SOAR must apply for this service separately for each program/event that it is available for. Applications for transportation services are available by contacting Taylor Burlingame at [tburlingame@cityblm.org](mailto:tburlingame@cityblm.org) or by calling the office at (309) 434-2260.

## Fee Assistance

Partial financial assistance is available for those who need it in order to pay the program registration fees. Those requesting assistance need to fill out a Fee Assistance Application (contact SOAR for a form) and submit it to a SOAR Program Manager, along with a completed registration form. Fee assistance will apply to new enrollment and cannot be applied to activities/programs already paid for. Fee assistance is not provided for bowling fees or special events with contractual or admission costs.

## Credit/Refund Procedures

A full credit or refund will be issued if a program is canceled by SOAR.

To be eligible for a requested refund, the request must be received no less than five (5) full business days prior to the start of the program.

A refund minus a \$5 service charge will be issued to participants withdrawing from a program.

A pro-rated refund may be given if a program is deemed inappropriate for an individual.

**Check out our Website!**

[BloomingtonParks.org/SOAR](http://BloomingtonParks.org/SOAR)

**Follow us on Facebook!**

[Facebook.com/cityblmSOAR](https://www.facebook.com/cityblmSOAR)



# Program Registration Form

Register online to save time  
at [BloomingtonParks.org](http://BloomingtonParks.org)

## PARTICIPANT INFORMATION

### Head of Household Contact:

Today's Date: \_\_\_\_\_

FirstName: \_\_\_\_\_ LastName: \_\_\_\_\_

StreetAddress: \_\_\_\_\_ City: \_\_\_\_\_

State/ZipCode: \_\_\_\_\_ HomePhone#: \_\_\_\_\_ CellPhone#: \_\_\_\_\_

EmailAddress: \_\_\_\_\_ Gender: \_\_\_\_\_ DateofBirth: \_\_\_\_\_

MedicalAlertInformation(Allergies, etc.): \_\_\_\_\_

EmergencyContactFirstName: \_\_\_\_\_ LastName: \_\_\_\_\_

Relation: \_\_\_\_\_ PhoneNumber: \_\_\_\_\_

Check here if you are a previous customer.

Check here if you would like us to create your account.

**The information in this section is REQUIRED to create an account for each family member at the same residence.**

*Default emergency contact will be the person listed above. Email above will be used for all additional members on the account.*

Name(First&Last): \_\_\_\_\_ Gender: \_\_\_\_\_ DateofBirth: \_\_\_\_\_

MedicalAlertInfo: \_\_\_\_\_

Name(First&Last): \_\_\_\_\_ Gender: \_\_\_\_\_ DateofBirth: \_\_\_\_\_

MedicalAlertInfo: \_\_\_\_\_

Name(First&Last): \_\_\_\_\_ Gender: \_\_\_\_\_ DateofBirth: \_\_\_\_\_

MedicalAlertInfo: \_\_\_\_\_

## WAIVER & RELEASE ACKNOWLEDGMENT

- I give my permission for pictures to be taken of the participant to be used by SOAR/Parks & Recreation for the purpose of promotion and education.
- I give my permission for the participant to receive transportation in vehicles owned or rented by SOAR/Parks & Recreation for use in programs and special events.
- I understand that Bloomington Parks & Recreation/SOAR does not carry medical insurance and assumes no liability for personal injuries or loss of personal property while attending department activities. A participant's own policy must cover any medical costs incurred.
- I understand that to be eligible for a refund or credit to the account, the request must be received no less than five (5) full business days prior to the start of the program. A \$5 service charge will be assessed per participant, per activity on any refund. No refunds for programs costing \$5 or less. Refer to the program guide for more information about illness/injury related requests.

**By signing, I acknowledge that I understand and agree to the information above:**

Signature of participant and/or legal guardian: \_\_\_\_\_ Date: \_\_\_\_\_  
*(participant needs to sign if own legal guardian)*

**Please turn page over to complete program registration information ----->**



# IDENTIFYING PROGRAM BENEFITS

## Active



Programs marked with this icon are considered to be active in nature. These programs are beneficial to a healthy lifestyle through physical activities. These programs are recommended for individuals who seek to improve their overall health by promoting an active lifestyle through exercise.

## Creativity



Programs marked with this icon allow individuals to express their creativity through a variety of outlets. These programs are recommended for individuals who are interested in learning about new creative opportunities in a space that will give them a chance to show off their creative talents.

## Education



Programs marked with this icon are designed to educate individuals on various topics. These programs are recommended for those looking to learn in a recreational setting.

## Independence



Programs marked with this icon are used to promote independence while still providing a structured and safe environment. These programs are recommended for individuals who are looking to increase their independence around the house, as well as out in the community.

## Motor Skills Development



Programs marked with this icon promote the development of motor skills. These programs are recommended for individuals who can benefit from continued development and strengthening of motor skills while participating in recreational activities.

## Sensory Exploration



Programs marked with this icon are specifically designed for engaging the senses. These programs are recommended for individuals seeking sensory exploration through ways of exploring, discovering, problem-solving, and creativity.

## Social Skills Development



Programs marked with this icon are used to promote social skills development through activities with their peers. These programs are recommended for individuals interested in growing social skills out in the community.

## Special Olympics



Programs marked with this icon are associated with Special Olympics. These programs are recommended for individuals who are interested in playing sports at a competitive level.



### Program Legend



Door-to-Door Transportation



Participant will need to bring money to the program

### Example Program



Ages 14+

Program description helps you understand the program's focus. This program's icons indicate that it promotes **Creativity** and **Sensory Exploration**.  
**Min 6; Max 12**

# SPECIAL OLYMPICS

## Special Olympics Snowshoeing



**Ages 12+**

Get ready to trek through the snow and have a blast with SOAR's Special Olympics Snowshoeing team! This is the perfect way to stay fit and have some outdoor fun during the chilly winter months. If you love walking or running and don't mind a little crisp air, you're going to LOVE learning the cool skills of snowshoeing! We'll show you how to use the gear like a pro, master awesome snowshoeing strides, and even how to gracefully recover if you take a little tumble (it happens!). We'll build up your skills with fun activities and get you ready to shine in competition.

Special Olympics is now going to an online system in tracking athletes and their medical needs. Athletes must have an online account with Center of Excellence (COE) as well as have the following two forms completed and up-to-date: Athlete Acknowledgment Form and Health History & Release Form. These need to be completed and up-to-date by October 31.

Athletes will compete in a Special Olympics Region Competition in Mendota this December (date to be announced). If you win a gold medal at the Region Competition, you will advance to the Special Olympics Illinois State Winter Games at Eagle Ridge Resort in Galena in February 2026! We'll have extra practice sessions for our State Winter Games athletes before the competition. Let's hit the snow!

**Min 4; Max 12**

**Location:** Ewing Park III  
**Day:** Saturdays  
**Dates:** 10/4-12/6 (NOT 11/29)  
**Time:** 9:30-10:30AM  
**Fee:** \$45



## Special Olympics Basketball



**Ages 12+**

Get ready to hit the court and have a blast with SOAR Basketball! If you've got the basics down and love playing as part of a team, this program is for YOU! We'll work on awesome skills, learn the ins and outs of the game, and most importantly, have a ton of fun while being great teammates.

Special Olympics is now going to an online system in tracking athletes and their medical needs. Athletes must have an online account with Center of Excellence (COE) as well as have the following two forms completed and up-to-date: Athlete Acknowledgment Form and Health History & Release Form. These need to be completed and up-to-date by November 30.

Those who complete the program will play in the Special Olympics Basketball Region G Tournament towards the end of January 2026 (date to be announced). We'll make sure each SOAR team gets at least three games in before the new year if your team wins a gold at the Region G Tournament, which will be early March 2026. We'll have extra practice sessions in February and March to get you ready for the big stage!

**MARK YOUR CALENDARS!** Don't miss our Player Assessment Night on Monday, August 25!

We can't wait to see you on the court!

**Min 10; Max 48**

**Location:** Lincoln Leisure Center

Practices will either be on Tuesday or Thursday nights depending on which team you will be placed on. Below are practice dates/times.

Levels	Day	Time	Date	Fee
Phoenix	T	5:30-7:00PM	11/11-1/20 (NOT 12/23 & 12/30)	\$45
Hawks	T	7:00-8:30PM	11/11-1/20 (NOT 12/23 & 12/30)	\$45
Falcons	TH	5:30-7:00PM	11/6-1/22 (NOT 11/27, 12/25 & 1/1)	\$45
Eagles	TH	7:00-8:30PM	11/6-1/22 (NOT 11/27, 12/25 & 1/1)	\$45

## Special Olympics Powerlifting



**Ages 14+**

Ready to get strong? You'll master the mighty squat, the awesome deadlift, and the powerful bench press! We're hitting Power and Fitness Gym to build serious strength and teamwork.

Special Olympics is now going to an online system in tracking athletes and their medical needs. Athletes must have an online account with Center of Excellence (COE) as well as have the following two forms completed and up-to-date: Athlete Acknowledgment Form and Health History & Release Form. These need to be completed and up-to-date by January 1, 2026.

Think you've got what it takes? Team members who crush the training will get to compete at the Region event right here in Bloomington in March 2026! And the ultimate prize? A gold medal at the Region event could send you soaring to the Special Olympics Illinois Summer Games at Illinois State University in June 2026!

Just a heads up, to be part of this incredible team, you need to be training with the awesome crew at Power and Fitness Gym. Let's get lifting!

**Min 4; Max 10**

**Individuals training in this sport will not have the option to compete in Athletics, Swimming, or Soccer.**

**Location:** Power and Fitness Gym

**Day/Dates:** Practice times to be scheduled with coaches at Power and Fitness Gym. Please contact Holly if you need help contacting Power and Fitness Gym.

**Fee:** Determined by coaches at Power and Fitness Gym

## SOAR Special Olympics Pizza and Karaoke Night



**Athletes, Unified Partners, Their Families, and Anyone Who Wants to Recognize our SOAR Athletes for their Achievements**

Celebrate the accomplishments of SOAR's Special Olympics athletes for the second half of this year (July-December). SOAR will provide pizza, water, and a dessert. After dinner, a brief program honoring the athletes who participated in the following sports: Bocce, Bowling, Softball, Unified Golf, Unified Tennis, and Volleyball. Each person wanting to attend must register individually.

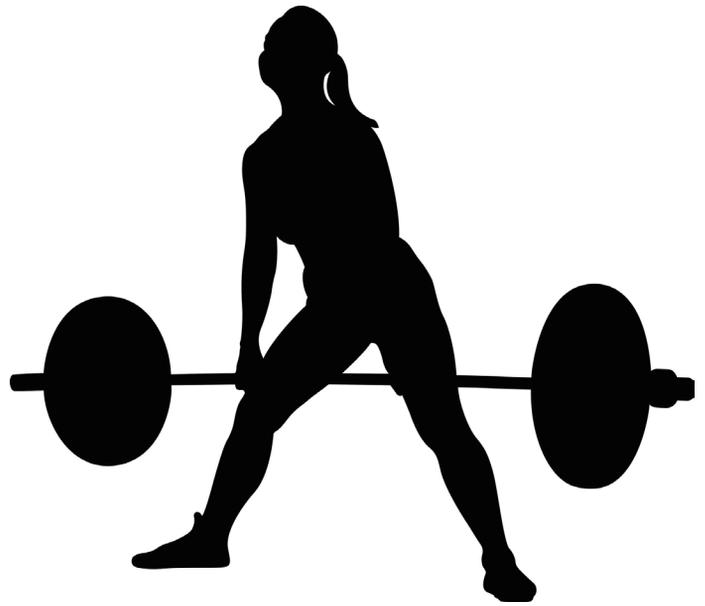
**No limit but MUST pre-register!**

**Location:** Miller Park Pavilion, Main Level

**Date:** Friday, December 12

**Time:** 6:00-8:00PM

**Fee:** \$7



# YOUTH SPECIAL OLYMPICS

## SOAR Youth Sports



### FUNDamentals

**Ages 5-15**

Join us for a youth sports program that is all about getting active and having a blast while learning the building blocks of being an athlete. This program is perfect for young athletes who want to learn and improve their basic movement skills, build confidence, and discover the joy of playing sports. It's not about being perfect, it's about trying your best, moving your body, and making new friends!

**Min 4; Max 8**

**Location:** Lincoln Leisure Center

**Day:** Saturdays

**Dates:** 9/6-9/27

**Time:** 9:00-10:00AM

**Fee:** \$20



## SOAR Youth Basketball



### FUNDamentals

**Ages 5-15**

Learn to dribble, pass, shoot, and play! Our fun youth basketball program teaches the key skills of basketball in a supportive way. Perfect for beginners and those wanting to improve. Let's hit the court and have a blast!

**Min 5; Max 10**

**Location:** Lincoln Leisure Center

**Day:** Saturdays

**Dates:** 11/1-11/22

**Time:** 9:00-10:00AM

**Fee:** \$20



# 2025 SPECIAL OLYMPICS COMPETITION DATES

## September 6-7

State Softball Tournament  
Springfield

## September 6-7

State Golf Tournament,  
Forsyth/Decatur

## September 21

Regional Volleyball Tournament,  
Effingham

## October 4

East Central Sectional Bowling,  
Peoria

## October 18-19

State Fall Games (Volleyball),  
Rockford

## December 6

State Bowling  
Peoria



# *Special Olympics*



## **Titans & SOAR Athlete-to-Athlete Sports Night**

### **All Ages**

Come hang out with the Illinois Wesleyan Titans for a fun-filled Titans & SOAR Athlete-to-Athlete Sports Night! This will consist of playing different sports like basketball, volleyball, bags, floor hockey, and more while hanging out with the Titans! No need to be an athlete in order to participate. **If you are interested, please reach out to Holly Polley at [hpolley@cityblm.org](mailto:hpolley@cityblm.org).**

**Location:** Illinois Wesleyan Shirk Center

**Dates:** Tuesday, September 23 and Wednesday, November 5

**Times:** 6:30-8:00 PM

**Fee:** FREE



# SPORTS & FITNESS

## Recreational Bowling



**Ages 8+**

Join us for a relaxed and enjoyable bowling experience where there's no pressure to compete or win. Just grab a ball, hit the lanes, and have a great time socializing with friends and fellow bowlers. Each participant will be assigned to a lane and can bowl two games during the scheduled program time. We do not use bumpers!

**Min 10; Max 40**

**Location:** Pheasant Lanes

Day	Time	Date	Fee
M	10:00-11:00AM	9/8-11/24	\$90 (Pheasant Lanes); \$15 (SOAR)
M	4:00-5:00PM	9/8-11/24	\$90 (Pheasant Lanes); \$15 (SOAR)



## Cardio Fitness



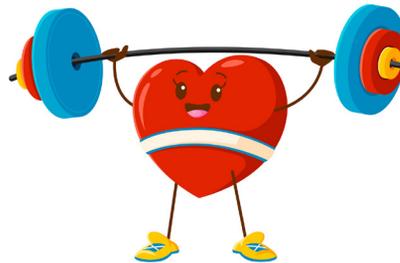
**Ages 12+**

Join our fun and energizing fitness program designed to help you improve your cardiovascular health and overall well-being. With a variety of exercises and educational activities, you'll have the opportunity to get your heart pumping, learn about healthy habits, and connect with others. This program is tailored to all fitness levels, so there's a place for everyone!

**Min 6; Max 12**

**Location:** Lincoln Leisure Center

Day	Time	Date	Fee
M	6:00-7:00PM	9/8-11/24	\$48
M	7:10-8:10PM	9/8-11/24	\$48



## Dance to SOAR



**Ages 12+**

Spend an hour dancing your way to fitness! Get your heart rate up and get your whole body working as you move to the tunes. This high-energy dance workout will leave you feeling energized and accomplished while having fun!

**Min 4; Max 12**

**Location:** Lincoln Leisure Center

Day	Time	Date	Fee
W	6:00-7:00PM	10/15-11/5	\$28
W	6:00-7:00PM	1/7-1/28	\$28



## SOAR Run Club



**Ages 14+**

Ready to improve your running? This program helps you build endurance and speed for any distance. Expect structured workouts, technique tips, and race prep. We hope that by the end of the program, you are ready to run a local 5K. Let's reach your running goals!

**Min 4; Max 10**

**Location:** Meet at Lincoln Leisure Center

**Day:** Mondays

**Dates:** 9/8-10/13

**Time:** 5:30-7:00PM (could vary depending on location)

**Fee:** \$30

## Martial Arts & Yoga



**Ages 15+**

In this class, we will study Bruce Lee's Jun Fan Kickboxing. We will also explore staff, single stick, and double-stick work from the Filipino Martial Arts, focusing on developing bilateral movement, rhythm, and coordination. During each class, we will explore Yoga movement and Soto Zen meditation for increased strength, balance, flexibility, and mindfulness.

**No previous martial arts or yoga experience is required for this class.**

**Min 5; Max 16**

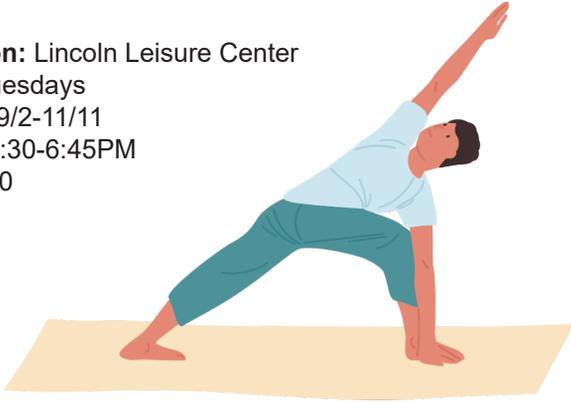
**Location:** Lincoln Leisure Center

**Day:** Tuesdays

**Dates:** 9/2-11/11

**Time:** 5:30-6:45PM

**Fee:** \$60



## Seat to SOAR



**Ages 12+**

Want to get moving and feel great? Join our leisure walking/running group! Walk and/or jog at your own pace while enjoying the fresh air with your friends! This program is great for anyone wanting low-impact and leisure exercise. Let's get moving together!

**Min 4; Max 12**

**Location:** White Oak Park

**Day:** Tuesdays

**Dates:** 9/9-10/14

**Time:** 5:00-6:00PM

**Fee:** \$20



## Walk the Zoo



**Ages 14+**

Get your steps in with a wild twist! We're taking a scenic walk through Miller Park Zoo, hitting all the best animal hangouts for some up-close views and photo ops. Think of it as a safari with built-in exercise! Don't forget your comfy shoes and a water bottle – adventure awaits!

**Min 4; Max 8**

**Location:** Front Entrance to Miller Park Zoo

**Day:** Thursdays

**Dates:** 9/18-10/23

**Time:** 9:00-10:00AM

**Fee:** \$22



## SOAR Mall Walkers



**Ages 14+**

Forget the shopping bags, we're hitting the mall for some serious strolling and social steps! It's the perfect way to stay active and chat with friends, especially when it's chilly outside. Lace up your comfiest walking shoes and get ready to see how many laps we can conquer in an hour of mall-walking fun! Let's get moving and grooving (without spending a dime)!

**Min 4; Max 10**

**Location:** Eastland Mall (North Entrance off of Empire Street)

**Day:** Thursdays

**Dates:** 1/8-2/26

**Time:** 10:30-11:30AM

**Fee:** \$26



## Foot Golf



**Ages 8+**

Get ready to kick it with Foot Golf at Weibring Golf Course! Think golf, but with a soccer ball and your awesome foot power! It's a blast, super social, and a fantastic way to enjoy those gorgeous fall days. We're setting up a 4-week fun-filled "league" so grab your friends (unified partners welcome!) and let's kick off some fun on the green!

**Min 4; Max 16**

**Location:** Weibring Golf Course at ISU

**Day:** Sundays

**Dates:** 9/14-10/5

**Time:** 3:30-5:00PM

**Fee:** \$20



## Sensory Skate



**Ages 8+**

We're back on the ice! This program will introduce you to basic skills in ice skating. No prior experience is necessary. This program is specially adapted for individuals with disabilities to learn introductory ice-skating techniques, learn balance, and feel comfortable on the ice. Skate rental is included in the program fee. **Be sure to wear long pants and layers.** This program incorporates the use of several volunteers so that each skater or pair of skaters has an assistant on the ice.

**Min 3; Max 8**

**Location:** Bloomington Ice Center

**Day:** Sundays

**Dates:** 9/14-10/26

**Time:** 2:00-2:30PM

**Fee:** \$48



# ZOO EDUCATION



## ZOOper Fridays



**Ages 22+**

Calling all animal lovers! Each month, we'll meet at the zoo to learn about different animals as well as get a chance to visit their habitat at the zoo. Wear your walking shoes and dress appropriately for the weather. This program includes five classroom dates and admission to the zoo.

**Min 4; Max 10**

**Location:** Front Entrance of the Miller Park Zoo

**Day:** Fridays

**Dates:** 9/19, 10/17, 11/21, 12/19, and 1/16

**Time:** 1:30-3:00PM

**Fee:** \$60



# DAYTIME HANGOUT

## SOAR Daytime Hangout



**Ages 22+**

Come kick back and have some fun with your SOAR crew! It's your call – pop in for a bit or hang out with us for the whole time! We'll have games galore, movie magic, crafty creations, and plenty of time to catch up with friends. If you're planning a full day of fun, just bring your lunch! We'll have snacks and water on deck. We're running two awesome sessions, so pick one or join us for both! Plus, spontaneous fun is welcome – drop in any day for just \$7! Let's make some memories!

**Min 4; Max 10**

**Heads Up!** Since this program is an open-house style, we will not have a 1:4 ratio of 1 staff per 4 participants.

**Location:** Miller Park Pavilion, Lower Level

Day	Time	Dates	Fee
M	10:00AM-2:00PM	10/6-10/27	\$28
M	10:00AM-2:00PM	12/1-12/15	\$21



# CULTURAL ARTS

## Pumpkin Patch Creations



**Ages 14+**

Get ready for a fun-filled fall adventure! This craft class is all about embracing the cozy, colorful spirit of autumn while creating festive pumpkin-themed crafts that will bring the harvest season to life.

**Min 6; Max 14**

**Location:** Lincoln Leisure Center

**Day:** Mondays

**Dates:** 9/8-10/13

**Time:** 6:00-7:00PM

**Fee:** \$30



## Mosaic Masterpieces



**Ages 14+**

Join us and discover the art of creating vibrant mosaic designs using colored paper, tiles, glass beads, and more. Let your imagination shine as you craft your unique masterpiece!

**Min 6; Max 14**

**Location:** Lincoln Leisure Center

**Day:** Mondays

**Dates:** 9/8-10/13

**Time:** 7:10-8:10PM

**Fee:** \$30



## Festive Creations



**Ages 14+**

Get into the holiday spirit with us! We will make a variety of crafts that will be sure to brighten up your home and spread holiday cheer to your loved ones.

**Min 6; Max 14**

**Location:** Lincoln Leisure Center

**Day:** Mondays

**Dates:** 10/20-11/24

**Time:** 6:00-7:00PM

**Fee:** \$30

## Ornament Making



**Ages 14+**

Get crafty and celebrate the season by making your own holiday ornaments. Take home a set of unique, handmade decorations to keep or share.

**Min 6; Max 14**

**Location:** Lincoln Leisure Center

**Day:** Mondays

**Dates:** 10/20-11/24

**Time:** 7:10-8:10PM

**Fee:** \$30

## Music Experience



**Ages 15+**

Make music with us! Participants will engage in a variety of musical games and activities as they explore instruments, movement, and song. LIVE and recorded music, combined with adapted movements and instruments that will meet each ability level and engage all participants to their fullest potential. This multi-sensory experience is developed and facilitated by the therapeutic and educational team at Developing Melodies.

**Min 6; Max 10**

**Location:** Lincoln Leisure Center

**Day:** Tuesdays

**Dates:** 9/9-10/14

**Time:** 6:00-7:00PM

**Fee:** \$60



# COOKING

## Lunch Bunch

**Ages 22+**

Come cook a yummy lunch with friends at the Adult Center. In this program, we will chop, dice, slice, and mix our way to a delicious lunch. Everyone will help prepare the meal and work together to clean up. Come hungry because a full meal will be prepared.

**Min 6; Max 14**

**Location:** Miller Park Pavilion, Lower Level

Day	Time	Dates	Fee
M	11:30AM-1:00PM	9/8-9/29	\$30
M	11:30AM-1:00PM	11/3-11/24	\$30
M	11:30AM-1:00PM	1/5-1/26	\$30



## Breakfast for Dinner

**Ages 14+**

Who says breakfast is only for the morning? Join us while we turn traditional breakfast dishes into dinner-time favorites! Everyone will help prepare the meal and work together to clean up. Come hungry and roll up your sleeves because a full meal will be prepared each week.

**Min 6; Max 14**

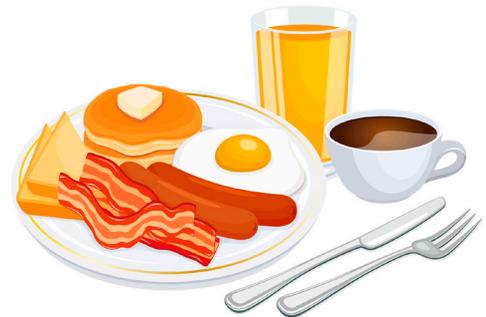
**Location:** Miller Park Pavilion, Lower Level

**Day:** Wednesdays

**Dates:** 9/3-9/24

**Time:** 6:00-7:30PM

**Fee:** \$30



# VIRTUAL PROGRAMS

## Virtual Social & Game Night

**Ages 15+**

Join us for a fun-filled evening of socializing and games, all from the comfort of your home! Each session will be divided into two parts: the first 30 minutes are dedicated to casual social time where you can chat, relax, and catch up with friends. The second 30 minutes will be filled with exciting games like bingo, ensuring a fun and relaxed atmosphere throughout the night.

**Min 6; Max 20**

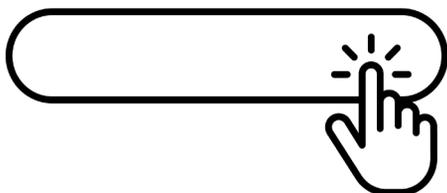
**Location:** Zoom

**Day:** Thursdays

**Dates:** 9/18, 10/16, 11/13 and 1/15

**Time:** 5:00-6:00PM

**Fee:** \$5



## Virtual Fantasy Football League

**Ages 15+**

Join us every week for a season full of fantasy football fun and fierce competition! Our Weekly Virtual Fantasy Football League lets you pick which NFL teams will win each week, with weekly matchups and check-ins to keep things exciting. Whether you're a football expert or just getting started, this league offers a space for everyone to enjoy the thrill of predicting NFL outcomes and competing with others.

**Min 6; Max 20**

**Location:** Zoom

**Day:** Tuesdays

**Dates:** 9/2-2/3

**Time:** 5:00-6:00PM

**Fee:** \$10



# Holiday Performers!

## Holiday Performers

**Ages 16+**

Here's your chance to shine! Have fun and gain confidence while developing your special talents on the stage. If your talent is dancing or acting, we're looking for you! Everyone will perform and have a great time focusing on presenting a holiday-themed show. The program will conclude with a dress rehearsal on Wednesday, December 3, and the actual performance on Thursday, December 4. Dress rehearsal and show will be held at Heartland Community College. Attendance is mandatory each week, including dress rehearsal. Please check your calendar for conflicts before registering, as participants will only be allowed to miss two rehearsals and **MUST** attend dress rehearsal.

**Min 10; Max 20**

**Location:** Lincoln Leisure Center

**Day:** Wednesdays

**Dates:** 10/15-11/19 \*Dress Rehearsal 12/3 and Show 12/4

**Time:** 6:00-7:15PM \*Dress Rehearsal and Show 6:15-8:15PM

**Fee:** \$40



## ADULT NIGHT OUT PROGRAMS

### Friday Night Out

**Ages 18-26**

Get together one Friday a month with your fellow SOAR friends for a night on the town. Outings include movies, bowling, going to a game, or any other fun ideas we come up with as a group. Each week, participants will need to pay for their own food and entertainment or admission expenses.

**Min 6; Max 12**

**Location:** Drop off/pick up at Lincoln Leisure Center unless otherwise noted

**Day:** Fridays

**Dates:** 9/5, 10/3, 11/7, 12/19 and 1/9

**Time:** 6:00-8:00PM (could vary depending on the activity)

**Fee:** \$30 plus any extra costs depending on the chosen activity



### Let's Get Out

**Ages 27+**

Get together one Friday a month with your fellow SOAR friends for a night on the town. Outings include movies, bowling, going to a game, or any other fun ideas we come up with as a group. Each week, participants will need to pay for their own food and entertainment or admission expenses.

**Min 6; Max 12**

**Location:** Drop off/pick up at Lincoln Leisure Center unless otherwise noted

**Day:** Fridays

**Dates:** 9/26, 10/17, 11/21, 12/19 and 1/30

**Time:** 6:00-8:00PM (could vary depending on the activity)

**Fee:** \$30 plus any extra costs depending on the chosen activity



# YOUTH PROGRAMS

## SOAR for Starters



**Ages 4-7**

This program is targeted to youth that are too young for most other SOAR programs. A variety of activities including games, music, dance, fitness, crafts, and social activities will be provided. Development of fundamental motor skills and hand-eye coordination will be emphasized. A 1:2 staff-to-participant ratio will be provided. Dress in clothing for activity and wear gym shoes. Since some activities involve things like paint, participants should dress in clothes that can get messy.

**Min 4; Max 8**

**Location:** Lincoln Leisure Center

**Day:** Saturdays

**Dates:** 9/13, 9/20, 10/4, 10/11, 11/8, 11/15, 12/6, 1/10 and 1/17

**Time:** 10:00-11:30AM

**Fee:** \$45



## Let's Take a Hike



**Ages 8-16**

Join us for a scenic hike through Funks Grove! We'll enjoy the beautiful views, explore nature, and take a relaxing walk through the trails. Along the way, we'll stop for a tasty snack to recharge and enjoy the outdoors!

**Min 6; Max 12**

**Location:** Funks Grove

**Date:** Saturday, September 13

**Time:** 1:00-2:30PM

**Fee:** \$8



## Cooking Without Heat



**Ages 8-16**

Get ready to mix, mash, and munch in this fun, hands-on cooking day - no oven or stove needed! We'll make tasty treats using simple ingredients and easy steps. It's a great way to learn basic cooking skills, be creative with food, and enjoy some yummy snacks with friends!

**Min 6; Max 12**

**Location:** Lincoln Leisure Center

**Date:** Saturday, September 20

**Time:** 1:00-2:30PM

**Fee:** \$8



## Game Day Social



**Ages 8-16**

Try out board games, card games, and giant floor games with friends! Choose your favorites or learn something new in a relaxed and social setting.

**Min 6; Max 12**

**Location:** Lincoln Leisure Center

**Date:** Saturday, October 4

**Time:** 1:00-2:30PM

**Fee:** \$8



## Pumpkin Paint & Play



**Ages 8-16**

Join us for a fun-filled Pumpkin Decorating Party! We'll provide pumpkins and all the no-carve decorating supplies—paint, stickers, markers, and more, so you can create your own spooky or silly designs without the mess of carving!

**Min 6; Max 12**

**Location:** Lincoln Leisure Center

**Date:** Saturday, October 11

**Time:** 1:00-2:30PM

**Fee:** \$8



## Indoor Recess

**Ages 8-16**

Rain or shine, it's time for fun! Indoor Recess brings classic recess games indoors—think relay races, balloon volleyball, team challenges, and more. Get ready to move, play, and make new friends!

**Min 6; Max 12**

**Location:** Lincoln Leisure Center

**Date:** Saturday, November 8

**Time:** 1:00-2:30PM

**Fee:** \$8



## Sensory Play Day

**Ages 8-16**

Dive into a world of textures and sensations at Sensory Play Day! Explore stations filled with water beads, kinetic sand, textured art, calming lights, and more—designed to engage all your senses in a relaxing, hands-on experience.

**Min 6; Max 12**

**Location:** Lincoln Leisure Center

**Date:** Saturday, November 15

**Time:** 1:00-2:30PM

**Fee:** \$8



## Holiday Hangout

**Ages 8-16**

Celebrate the holiday season at Holiday Hangout! Enjoy a festive afternoon filled with craft-making, delicious treats, and cheerful holiday music. It's the perfect way to spread some seasonal joy and creativity with friends!

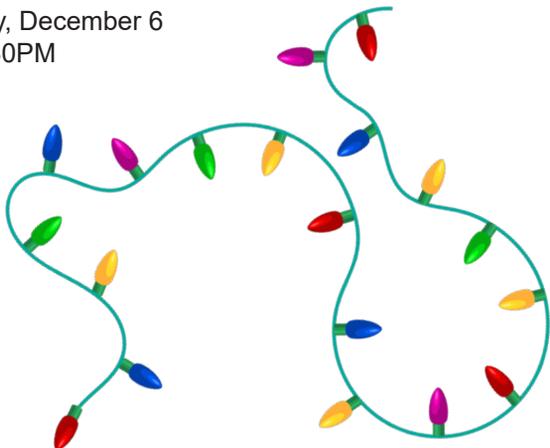
**Min 6; Max 12**

**Location:** Lincoln Leisure Center

**Date:** Saturday, December 6

**Time:** 1:00-2:30PM

**Fee:** \$8



## Cupcake Creations

**Ages 8-16**

Join us for a sweet afternoon of baking and decorating cupcakes! We will learn how to make cupcakes from scratch and get creative with fun toppings.

**Min 6; Max 12**

**Location:** Lincoln Leisure Center

**Date:** Saturday, January 10

**Time:** 1:00-2:30PM

**Fee:** \$8



## Pajama Party!

**Ages 8-16**

Come join us for a fun and chill pajama party! Wear your comfiest PJs and get ready for a relaxing day with friends. We'll watch a funny movie, snack on popcorn, and share plenty of laughs!

**Min 6; Max 12**

**Location:** Lincoln Leisure Center

**Date:** Saturday, January 17

**Time:** 1:00-3:00PM

**Fee:** \$8



**REGISTER EARLY!  
CLASSES FILL  
UP FAST!**

# SPECIAL EVENTS

## IWU Football Game



**Ages 14+**

Come out and support our IWU football friends as they take on Central! Be sure to wear green and white to support the Titans!

**Min 8; Max 20**

**Location:** Drop off/pick up at Lincoln Leisure Center

**Date:** Saturday, September 6

**Time:** 12:00-4:00PM

**Fee:** \$15



## TGIF



**Ages 22+**

Join us each Friday for exciting outings, in-town activities, and quality time with friends. Each session includes a fun activity that will require some walking. Participants will need to cover the cost of their lunch, but the registration fee covers the rest of the program. You are also welcome to bring spending money for souvenirs during the trips.

**Min 6; Max 12**

**Location:** Drop off/pick up at Lincoln Leisure Center

**Day:** Fridays

**Date:** 9/5-9/26

**Time:** 10:00AM-4:00PM

**Fee:** \$60

## Pumpkin Painting Party



**Ages 12+**

How about a painted pumpkin for your front porch? Painted pumpkins last longer than jack-o-lanterns, they require no sharp tools, and they don't stink after a few days! We'll gather to decorate pumpkins using paint and other embellishments, then have a hot dog roast by the fire for dinner.

**Min 6; Max 20**

**Location:** Hike Haven

**Date:** Thursday, October 23

**Time:** 6:00-7:30PM

**Fee:** \$8



## Halloween Dance



**Ages 12+**

Dust off those capes and crowns, it's time for a spooky-good time! Join SOAR for a Halloween bash where the DJ will be spinning monster beats to get your bones shaking on the dance floor! We'll also have some tasty treats to keep your energy up for all the ghoulish fun. Get ready for a frightfully fun celebration!

**Min 20; Max 100**

**Location:** Miller Park Pavilion, Main Level

**Date:** Friday, October 24

**Time:** 6:00-8:00PM

**Fee:** \$10



## Halloween Bingo



**Ages 12+**

Join us at our spook-tacular Halloween Bingo night! We will play a few rounds of bingo, enjoy a yummy treat, and win some cool prizes!

**Min 8; Max 30**

**Location:** Miller Park Pavilion, Main Level

**Date:** Thursday, October 30

**Time:** 6:00-7:30PM

**Fee:** \$15

## ISU Women's Volleyball Game



**Ages 14+**

Come out and support our ISU Volleyball friends as they take on Indiana State! Be sure to wear red and white to support the Redbirds!

**Min 8; Max 20**

**Location:** ISU CEFCU Arena

**Date:** Saturday, November 8

**Time:** 4:30-7:00PM

**Fee:** \$15



## Sip and Snack

**Ages 22+**

Join us for a deliciously creative evening where food meets fun! At Sip and Snack, you'll learn how to craft the perfect charcuterie board. From savory meats and cheeses to sweet bites and beautiful garnishes, you will learn how to pair it all together. We will also guide you through mixing up fresh, flavorful mocktails that go perfectly with your board! And of course, the best part, you will enjoy the board and drink with friends.

**Min 4; Max 8**

**Location:** Miller Park Pavilion, Lower Level

**Date:** Tuesday, November 4

**Time:** 6:00-7:30PM

**Fee:** \$15

## Art from the Heart

**Ages 14+**

In Art from the Heart, creativity meets kindness. This class is all about using the power of art to express who you are while giving back to those in need. Through hands-on crafting, participants will create meaningful projects that not only foster personal expression, but also bring joy to others in the community.

**Min 6; Max 12**

**Location:** Lincoln Leisure Center

**Date:** Saturday, November 22

**Time:** 1:00-2:30PM

**Fee:** \$10



## Holiday Baking

**Ages 16+**

The holidays are filled with yummy desserts and sweet treats! In this program, we'll make a variety of delicious desserts. You'll be in the kitchen mixing, chopping and baking, so roll up your sleeves and get ready to help. A full meal will not be served, just dessert.

**Min 6; Max 14**

**Location:** Miller Park Pavilion, Lower Level

**Day:** Mondays

**Dates:** 12/1-12/8

**Time:** 6:00-7:30PM

**Fee:** \$20



## Holiday Dance

**Ages 12+**

Get ready to jingle and mingle! Join us for a holiday dessert dance party with all your favorite friends! A DJ will be spinning festive tunes to get you grooving, and we'll have delicious desserts and drinks to sweeten the celebration. But wait, there's more! Santa is coming to town to spread some cheer and hand out gifts before you head home. It's going to be a holly, jolly good time!

**Min 20; Max 100**

**Location:** Miller Park Pavilion, Main Level

**Dates:** Friday, December 5

**Time:** 6:00-8:00PM

**Fee:** \$10



## Christmas Party

**Ages 12+**

Time to celebrate the holidays with friends. At our Christmas party, we will eat yummy treats, create a gift for a friend and play fun games. Be sure to dress festive and take lots of pictures with your friends.

**Min 10; Max 30**

**Location:** Miller Park Pavilion, Main Level

**Date:** Wednesday, December 10

**Time:** 6:30-8:30PM

**Fee:** \$8

## Monday Night Movies

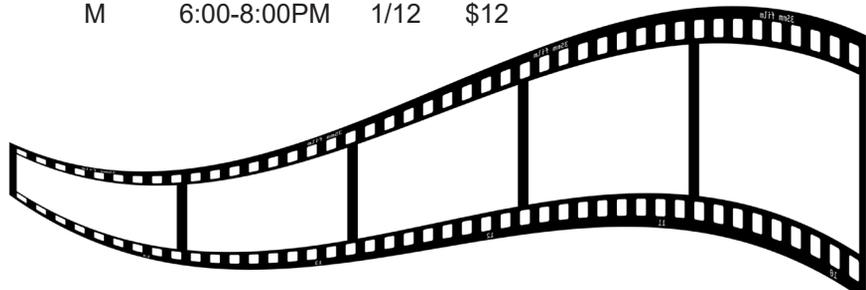
**Ages 14+**

While the weather outside is frightful, we'll stay in with a fun movie and popcorn with friends! Join us at Lincoln Leisure Center for a movie night. Registration is per date. Participants may register for one or both movie dates.

**Min 6; Max 12**

**Location:** Lincoln Leisure Center

Day	Time	Date	Fee
M	6:00-8:00PM	1/5	\$12
M	6:00-8:00PM	1/12	\$12



## Game Nights

**Ages 14+**

We are busting out the board games, card games and lots of fun! Join us for a different game each week with friends. Bring your game face!

**Min 6; Max 16**

**Location:** Lincoln Leisure Center

**Day:** Wednesdays

**Date:** 1/7-1/14

**Time:** 6:00-7:00PM

**Fee:** \$16



## Family Bowling

**SOAR Participants and Their Families**

Strike up some fun with your favorite people! Join us for a fantastic afternoon of bowling with family and friends! The snack bar will be open for all your munchie needs. Make sure to register everyone who's coming, as registration is required. Your registration fee covers two hours of bowling and shoe rentals. Need a bowling ramp? Just give SOAR a heads-up at least a week before, and we'll get you set up! Let's roll!

**Min 12; Max 40**

**Location:** Pheasant Lanes

**Date:** Sunday, January 25

**Time:** 3:00-5:00PM

**Fee:** \$12



## Wii Games

**Ages 14+**

Do you love Wii Sports and Just Dance? Let's get together for some games on the Wii. We'll enjoy some of the popular games and visit with friends. Due to the popularity of the program, it will be offered twice. **Please only register for one date.**

**Min 4; Max 8**

**Location:** Lincoln Leisure Center

Day	Time	Date	Fee
W	6:00-7:00PM	1/21	\$8
W	6:00-7:00PM	1/28	\$8

## Mystery Guest Bingo

**Ages 12+**

Get ready for a fun round of Mystery Guest Bingo, where we'll play classic Bingo games with prizes—and enjoy a special visit from a surprise guest who will join in on the fun!

**Min 8; Max 30**

**Location:** Miller Park Pavilion, Main Level

**Date:** Tuesday, January 27

**Time:** 6:00-7:30PM

**Fee:** \$15

# WiiSports



# SEPTEMBER 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labor Day <i>(Office Closed)</i>	SO Modified Volleyball Virtual Fantasy Football League Martial Arts & Yoga	SOAR Bocce Breakfast for Dinner	SO Unified Volleyball	TGIF Friday Night Out	SO State Golf Tournament SO State Softball Tournament Youth Sports FUNdamentals IWU Football Game
	1	2	3	4	5	6
SO State Golf Tournament SO State Softball Tournament	Bowling Lunch Bunch 1 Run Club Cardio Fitness Pumpkin Patch Creations Mosaic Masterpieces	SO Modified Volleyball Virtual Fantasy Football League Seat to SOAR Martial Arts & Yoga Music Experience	SOAR Bocce Breakfast for Dinner	SO Unified Volleyball	TGIF	Youth Sports FUNdamentals SOAR for Starters Let's Take a Hike
7	8	9	10	11	12	13
Foot Golf	Bowling Lunch Bunch 1 Run Club Cardio Fitness Pumpkin Patch Creations Mosaic Masterpieces	SO Modified Volleyball Virtual Fantasy Football League Seat to SOAR Martial Arts & Yoga Music Experience	SOAR Bocce Breakfast for Dinner	SO Unified Volleyball Walk the Zoo Virtual Social & Game Night	TGIF ZOOper Fridays	Youth Sports FUNdamentals SOAR for Starters Cooking without Heat
14	15	16	17	18	19	20
SO Region Volleyball Tournament Foot Golf	Bowling Lunch Bunch 1 Run Club Cardio Fitness Pumpkin Patch Creations Mosaic Masterpieces	Virtual Fantasy Football League Seat to SOAR Martial Arts & Yoga Music Experience IWU Sports Night	SOAR Bocce Breakfast for Dinner	Walk the Zoo	TGIF Let's Get Out	Youth Sports FUNdamentals
21	22	23	24	25	26	27
Foot Golf	Bowling Lunch Bunch 1 Run Club Cardio Fitness Pumpkin Patch Creations Mosaic Masterpieces	Virtual Fantasy Football League Seat to SOAR Martial Arts & Yoga Music Experience				
28	29	30				

# OCTOBER 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			SOAR Bocce 1	Walk the Zoo 2	Friday Night Out 3	Special Olympics Sectional Bowling SO Snowshoe SOAR for Starters Game Day Social 4
Foot Golf 5	Bowling Daytime Hangout Run Club Cardio Fitness Pumpkin Patch Creations Mosaic Masterpieces 6	Virtual Fantasy Football League Seat to SOAR Martial Arts & Yoga Music Experience 7	SOAR Bocce 8	Walk the Zoo 9		SOAR Bocce Tournament SO Snowshoe SOAR for Starters Pumpkin Paint & Play 11
	Bowling Daytime Hangout Run Club Cardio Fitness Pumpkin Patch Creations Mosaic Masterpieces 13	Virtual Fantasy Football League Seat to SOAR Martial Arts & Yoga Music Experience 14	Holiday Performers Dance to SOAR 15	Walk the Zoo Virtual Social & Game Night 16	ZOOper Fridays Let's Get Out! 17	SO Fall Games (Volleyball) SO Snowshoe 18
SO Fall Games (Volleyball) 19	Bowling Daytime Hangout Cardio Fitness Festive Creations Ornament Making 20	Virtual Fantasy Football League Martial Arts & Yoga 21	Holiday Performers Dance to SOAR 22	Walk the Zoo Pumpkin Painting Party 23	Halloween Dance 24	SO Snowshoe 25
	Bowling Daytime Hangout Cardio Fitness Festive Creations Ornament Making 27	Virtual Fantasy Football League Martial Arts & Yoga 28	Holiday Performers Dance to SOAR 29	Halloween Bingo 30		

# NOVEMBER 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Youth Basketball FUNdamentals SO Snowshoe ISU Volleyball Game  1
2	Bowling Lunch Bunch 2 Cardio Fitness Festive Creations Ornament Making  3	Virtual Fantasy Football League Sip & Snack Martial Arts & Yoga  4	Holiday Performers Dance to SOAR IWU Sports Night  5	SO Basketball  6	Friday Night Out  7	Youth Basketball FUNdamentals SO Snowshoe SOAR for Starters Indoor Recess  8
9	Bowling Lunch Bunch 2 Cardio Fitness Festive Creations Ornament Making  10	Virtual Fantasy Football League Martial Arts & Yoga SO Basketball  11	Holiday Performers  12	Virtual Social & Game Night SO Basketball  13	14	Youth Basketball FUNdamentals SO Snowshoe SOAR for Starters Sensory Play Day  15
16	Bowling Lunch Bunch 2 Cardio Fitness Festive Creations Ornament Making  17	Virtual Fantasy Football League SO Basketball  18	Holiday Performers  19	SO Basketball  20	ZOOper Fridays Let's Get Out  21	Youth Basketball FUNdamentals SO Snowshoe Art from the Heart  22
23	Bowling Lunch Bunch 2 Cardio Fitness Festive Creations Ornament Making  24	Virtual Fantasy Football League SO Basketball  25	26	Thanksgiving (Office Closed)  27	Office Closed  28	29

# DECEMBER 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Daytime Hangout Holiday Baking  1	Virtual Fantasy Football League SO Basketball  2	Holiday Performers Dress Rehearsal  3	Holiday Performers Show SO Basketball  4	Holiday Dance  5	SO State Bowling Tournament SO Snowshoe SOAR for Starters Holiday Hangout  6
7	Daytime Hangout Holiday Baking  8	Virtual Fantasy Football League SO Basketball  9	Christmas Party  10	SO Basketball  11	SO Pizza and Karaoke Night  12	13
14	Daytime Hangout  15	Virtual Fantasy Football League SO Basketball  16	17	SO Basketball  18	Friday Night Out Let's Get Out  19	20
21	22	23	Christmas Eve <i>(Office Closed)</i>  24	Christmas Day <i>(Office Closed)</i>  25	26	27
28	29	30	New Year's Holiday <i>(Office Closed at Noon)</i>  31			

# JANUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				New Year's Day (Office Closed)		
				1	2	3
	Lunch Bunch 3 Monday Night Movies	Virtual Fantasy Football League SO Basketball	Game Night Dance to SOAR	Mall Walkers SO Basketball	Friday Night Out	SOAR for Starters Cupcake Creations
4	5	6	7	8	9	10
	Lunch Bunch 3 Monday Night Movies	Virtual Fantasy Football League SO Basketball	Game Night Dance to SOAR	Mall Walkers Virtual Social & Game Night SO Basketball	ZOOper Fridays	SOAR for Starters Pajama Party!
11	12	13	14	15	16	17
	Lunch Bunch 3	Virtual Fantasy Football League SO Basketball	Wii Games Dance to SOAR	Mall Walkers SO Basketball		
18	19	20	21	22	23	24
Family Bowling	Lunch Bunch 3	Virtual Fantasy Football League Mystery Guest Bingo	Wii Games Dance to SOAR	Mall Walkers	Let's Get Out	
25	26	27	28	29	30	31

# PROGRAM POLICIES

## Americans with Disabilities Act

Special Opportunities Available in Recreation (SOAR) will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination in the provision of services, programs, or facilities to individuals with disabilities. SOAR will make reasonable accommodations in recreation programs to enable participation by an individual with a disability who meets essential eligibility requirements for that program. The ADA requires that recreation programs offered by SOAR be available in the most integrated setting appropriate for each individual. Call (309) 434-2260 if you have any questions about the SOAR policy regarding the ADA or believe you have been unfairly discriminated against by SOAR.

## Code of Conduct

Participants, staff, volunteers, and parents are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make SOAR programs safe and enjoyable for everyone. Additional rules may be developed for particular programs and events as deemed necessary by the staff.

- Show respect to all participants, staff, and public.
- Show respect to equipment, supplies, and facilities.
- Listen to and comply with staff direction and program rules.
- Refrain from using foul language.
- Refrain from causing bodily harm or aggressive physical contact.
- Arrive to programs displaying proper hygiene and body odor.
- Wear appropriate attire for program participation.

## Equal Access

No participant shall on the basis of race, gender, creed, national origin, or disability be denied equal access to programs, activities, services, or benefits or be limited in the exercise of any right, privilege, advantage or opportunity.

## Discipline

SOAR applies a caring, positive approach to discipline. When Code of Conduct expectations are not met, staff will attempt reasonable accommodations to minimize future risks and help the participant to meet behavior expectations. However, when accommodations are attempted and are unsuccessful, or when unsafe or otherwise inappropriate behavior occurs, SOAR reserves the right to dismiss a participant whose behavior continues to be unsafe or otherwise inappropriate or whose behavior endangers the safety of themselves or others.

## Toileting

Participants are expected to handle their toileting needs independently and without assistance from SOAR staff.

## Insurance

Individual accident and medical insurance for program participants is not provided by SOAR, Bloomington or Normal Parks and Recreation Departments.

## Staff Ratio

SOAR currently staffs most programs with one staff to every four participants. If a participant needs more assistance or is unable to participate with this structure, please let staff know at registration so appropriate staffing may be secured (if possible).

## Photo/Video Policy

SOAR staff takes photos and video of participants enrolled in our programs, classes, or at events. These photos or videos may be used in our brochures, social media, advertising, or other publications. If you do not wish to have your photo taken or be in a video, please contact a SOAR Program Manager.

## Medication Dispensing

SOAR staff may dispense medication to participants during extended programs and trips. In order for SOAR staff to do this, a parent/guardian will need to complete a medication dispensing form and complete a dispensing procedure each time medication is needed. SOAR staff may not perform an injection or any other medical or physically invasive procedure. Please call the SOAR office at (309) 434-2260 if you have any questions.

## Parent/Caretaker Observation

We greatly value parents and guardians, and with your loved ones' best interests in mind, we kindly ask that you refrain from staying during the programs. Our staff is always happy to discuss your loved ones' progress with you at any time outside of program hours. Thank you for your understanding and cooperation.

## Participation

Participants should be willing to participate in the scheduled activities voluntarily. SOAR staff encourage and aid, but do not force participation.

## Participant Supervision

If a participant has not been picked up at the scheduled program end time, the parent/guardian/group home staff will be contacted. After a fifteen-minute wait period, emergency contacts will be called. Please be mindful of end times, many times SOAR staff have additional work and responsibilities after the program and sometimes have another program to lead.

## Program Cancellations

A program may be canceled if the program minimum enrollment is not met. Programs may be canceled due to inclement weather or other emergencies. SOAR will either reschedule the program or issue a prorated credit to the participant's account. If a participant cannot attend a program, they cannot send a substitute in their place. **SOAR Hotline: (309) 434-2386.**



PRSRT STD  
U.S. Postage  
**PAID**  
Bloomington, IL  
PERMIT NO. 116

109 E. Olive • PO Box 3157  
Bloomington, IL 61702-3157

Current Resident or

DATED MATERIAL  
DELIVER BEFORE  
JULY 24, 2025



# **SAVE THE DATE!**

**REGISTRATION FOR  
FALL 2025 OPENS ON  
AUGUST 7!**

**Come See**

***Holiday Performers!***

**Heartland Community College  
Thursday, December 4  
7:00 PM**